## Strengthening the Pineal Through Higher Solar Imagery Syllabus

## **Sponsoring Masters:**

Cyclopea, Virginia, God and Goddess Meru, Hilarion, Lady Francesca, Mother Mary and Archangel Gabriel, Clare de Lis and Lanello

## **Purpose of the Course:**

Strengthen the Pineal Gland, consciously connecting to its spiritual counterpart—the 3<sup>rd</sup> eye chakra, and balancing all the chakras in the process. The goal is to improve our spiritual visioning skills with the intent to more consistently hold the highest vision for ourselves and the world around us.

## Content:

- We will commune with the heart of Cyclopea and Virginia and the Meru University sponsoring masters, the God and Goddess Meru.
- A brief presentation on the pineal gland from contemporary sources and the ascended masters.
- Fun interactive exercises designed to give students the opportunity to experience and interact with their inner Self.
- Carefully crafted imagery will allow participants to work on all their chakras
  and strengthen the pineal by alternately watching short videos and then
  going within to work with their own inner teacher to recreate those visuals.
- Music and meditation will be utilized to balance out the class and students will have the opportunity to share, if they desire.