

## LOCAL RELIEF AGENCIES & RESOURCES

\*Tarrant Area Food Bank\*\* – Fort Worth metro area



(817) 857-7100 |



[Tarrant Area Food Bank - Working To Eliminate](#)

[Hunger](#)

North Texas Food Bank (NTFB)\*\* – Food and pantry support



(214) 269-0906 |



[\[ntfb.org\]\(https://ntfb.org/food-assistance\)](#)



Call 211 and a specialist will listen to your needs and refer you to assistance.

\*United Way of Tarrant County



[Findhelp.org](#) to find resources for food pantries, housing, financial assistance, health care and more



(817) 531-5645 |



[\[tarrantcountytexas.gov\]](#)

\*Tarrant County Veteran Services\*\* – Support for veterans & dependents



(888) 529-5277 |



[\[legalaidtx.org\]](#)

\*Legal Aid of Northwest Texas\*\* – Free legal assistance for income-qualified residents

## IMPORTANT NOTICE

As of November 1, 2025, Tarrant County has transitioned rent and utility assistance to a community partner, the Center for Transforming Lives.

If you need rent or utility assistance, please visit <https://transforminglives.org/get-help> or call 817-607-8137



(817) 333-3400 |



[fwhs.org)

\*Fort Worth Housing Solutions (FWHS)\*\* – Affordable housing information



(214) 951-8300 |



[dhantx.com](https://www.dhantx.com)

\*Community Action Agencies\*\* – Utility and energy crisis help via \*\*TX CEAP Program\*\*

#### NATIONAL SUPPORT & AGENCIES\*\*

\*Federal Employee Education & Assistance Fund (FEEA)\*\* – Emergency loans & grants



[feea.org/shutdown](https://feea.org/shutdown)

\*U.S. Department of Veterans Affairs (VA)\*\* – Most services active; check local VA offices



[va.gov](https://www.va.gov)

\*Consumer Financial Protection Bureau (CFPB)\*\* – Guidance on mortgage/loan forbearance



[consumerfinance.gov](https://www.consumerfinance.gov)

\*Feeding America\*\* – National food-bank locator for displaced workers



[feedingamerica.org/find-your-local-foodbank](https://www.feedingamerica.org/find-your-local-foodbank)

\*American Red Cross\*\* – Emergency disaster and financial assistance



[redcross.org](https://www.redcross.org)

\*HUD (Housing and Urban Development)\*\* – Resources for mortgage relief & foreclosure prevention



[hud.gov](https://www.hud.gov)

\*National Alliance on Mental Illness (NAMI) Helpline\*\* – 24/7 emotional support



1-800-950-NAMI (6264) |



[[nami.org](https://www.nami.org)](<https://www.nami.org>)

\*Operation Homefront\*\* – Direct support for military and veteran families



[[operationhomefront.org](https://operationhomefront.org)](<https://operationhomefront.org>)

\*Small Business Administration (SBA)\*\* – Guidance for contractors & small firms impacted by delays



[[sba.gov](https://www.sba.gov)](<https://www.sba.gov>)

\*FEMA Individual Assistance\*\* – In emergencies or declared disasters overlapping with shutdown disruptions



[[fema.gov](https://www.fema.gov)](<https://www.fema.gov>)