



FREE - Online IBHC Training Modules

The overarching IBHC Project goal, over the four years of the grant, is to enhance workforce capacity among social workers for practice within integrated behavioral health, particularly within medically underserved areas and populations across Central and Western Massachusetts. Each year, the IBHC Project works with a range of healthcare providers to create eight one-hour virtual training modules on topics pertinent to integrated behavioral healthcare. Each module is publicly accessible, close-captioned, and translated into Spanish. Complimentary continuing education units are available for social workers and registered nurses.

[Read More about the Grant Here](#)

Introduction to Integrated Healthcare & Interprofessional Education

Stranger in a Strange Land: Medical Culture for Integrated Behavioral Health Clinicians

Authors:

Alexa Connell, PhD, UMass Memorial Health Care

Bill Behan, RN, BS, CCM, Harrington Health Systems

Description: This module provides learners with an overview of the culture of medicine, including how medical teams function, the different team roles and patterns of communication in medical settings. It also suggests concrete strategies for behavioral health providers to fit into a team based medical setting.

- [Watch Now](https://www.youtube.com/watch?v=u1vIYWuiXg) (<https://www.youtube.com/watch?v=u1vIYWuiXg>)
- [Español PDF](#) ([/images/uploads/socialwork/2019 WSU module BH in Medical culture-espñol.pdf](#)), [Guíón](#) ([/images/uploads/socialwork/Script BH in Medical Culture-espñol.pdf](#))

To earn 1 Social Work or Nursing CEU credit complete:

Post-test: Stranger in a Strange Land: Medical Culture for Integrated Behavioral Health Clinicians
(<https://www.surveymonkey.com/r/KXXT6B9>)

Introduction to Integrated, Team-Based Care in Health

Authors: Julie Berrett-Abebe, Ph.D., LICSW, Westfield State University &
Jessica Holden, DNP, MSN, RN-BC, Westfield State University

Participants are provided with a foundational overview to the concepts underpinning the IBHC Project: providing high quality care for patients/families through interprofessional teams working together in integrated care settings.

- Watch Now 1/3 (<https://www.youtube.com/watch?v=k-ujj7NhMz0&feature=youtu.be&hd=1>)
- Watch Now 2/3 (<https://www.youtube.com/watch?v=3jO4a4ob8tQ&feature=youtu.be&hd=1>)
- Watch Now 3/3 (<https://www.youtube.com/watch?v=vUXSRjOckyw&feature=youtu.be&hd=1>)
- Español PDF ([/images/uploads/socialwork/Intro_Integrated_Team_Spanish.pdf](#))

To earn 1 Social Work or Nursing CEU credit complete:

Post-Test: Introduction to Integrated, Team-Based Care in Health (<https://www.surveymonkey.com/r/RWTMLRN>)

The Intersection of Nursing and Social Work the Role of Interprofessional Education

Authors: Nora Padykula, Ph.D., LICSW, Westfield State University &
Joyce Thielen, Ph.D., RN, College of Our Our Lady of the Elms

This module reviews what is meant by Interprofessional Education (IPE) and Interprofessional Practice and applies these concepts to working with nursing and social work students. An IPE lesson plan, using Council on Social Work Education competencies, Nursing Essentials and Interprofessional Educational Collaborative competencies, is provided. Participants also receive specific suggestions for incorporating IPE into curricula, both in classroom and clinical settings.

- Watch Now 1/4 (<https://www.youtube.com/watch?v=No7eBa5chg8&feature=youtu.be>)
- Watch Now 2/4 (<https://www.youtube.com/watch?v=zKCoEGT3AQ8&feature=youtu.be>)
- Watch Now 3/4 (<https://www.youtube.com/watch?v=u1jpdYWYHYY&feature=youtu.be>)
- Watch Now 4/4 (<https://www.youtube.com/watch?v=AOT7TB1cVds&feature=youtu.be>)
- Español (<https://www.youtube.com/watch?v=7EPV2b0yf-Q&feature=youtu.be>)

To earn 1 Social Work or Nursing CEU credit complete:

Post-Test: The Intersection of Nursing and Social Work & the Role of Interprofessional Education
(<https://www.surveymonkey.com/r/RSXGJN6>)

Parallel Processes in Interprofessional Education: From Campus to Community

This module will provide an example of an innovative interprofessional education program bringing together students from different disciplines as well as a clinical team from an academic medical center.

Authors: Kelli Fox, MSW, LCSW, CCS, LADC, University of New England

- Watch Now* (<https://www.youtube.com/watch?v=DDIzBpLQU1M>)

To earn 1 Social Work or Nursing CEU credit complete:

Post-Test: Module Post-Test: Interprofessional Education (<https://www.surveymonkey.com/r/352RFF6>)

*PARA SUBTÍTULOS EN ESPAÑOL: SELECCIONE EL ÍCONO DE CONFIGURACIÓN - DESPUÉS SELECCIONE SUBTÍTULOS CC - Y ESCOJA ESPAÑOL (ESTADOS UNIDOS).

Addictions

The Neurobiology & Genetics of Addiction: An Unfolding Case Study of Teen Vaping

Authors:

Robin White, PhD, Westfield State University
Jamie Rivera, PhD, Westfield State University

Description: This module focuses on the parts of the brain involved in addictive behaviors and information about how genetics influences addiction. An integrated case study of teen vaping is used as an example of the neurobiology & genetics of addiction.

- Watch Now (<https://www.youtube.com/watch?v=hHil3fbIrldI&feature=youtu.be>)
- Español PDF (/images/uploads/socialwork/Neurobiology_vaping_spanish.pdf), Guión (/images/uploads/socialwork/Script_neuro_vaping_Spanish.pdf)

To earn 1 Social Work or Nursing CEU credit complete:

Post-test: The Neurobiology & Genetics of Addiction: An Unfolding Case Study of Teen Vaping
(<https://www.surveymonkey.com/r/KX9MSN3>)

Healthcare Competencies for Working with Substance Use Disorder: What Social Workers & Physician Assistants in MA Need to Know

Authors:

Nora Padykula, PhD, LICSW, Westfield State University
Stephen E. Lee, DBH, PA-C, Westfield State University

Description: In a groundbreaking partnership, the Baker-Polito Administration in the state of Massachusetts collaborated with various healthcare professional programs to develop competencies to address the opioid epidemic. This training module reviews the core competencies expected of Social Workers and Physician Assistants when working with clients living with a substance use disorder. The content of the training module is applied to a case example and concludes with a demonstration of how to provide the naloxone (Narcan) rescue.

- Watch Now (<https://www.youtube.com/watch?v=uIrcSTwT32A&feature=youtu.be>)

- Español PDF (</images/uploads/socialwork/Healthcare Competencies Spanish.pdf>), Guía (</images/uploads/socialwork/Script for 2019 SW PA PPT Final Spanish.pdf>)

To earn 1 Social Work or Nursing CEU credit complete:

Post-test: Healthcare Competencies for Working with Substance Use Disorder: What Social Workers & Physician Assistants in MA Need to Know (<https://www.surveymonkey.com/r/KX77DX9>)

An Introduction to Best Practices in Providing Medication Assisted Treatment (MAT) for Opioid Use Disorders

Authors: Participants are provided with an introduction to opioid use disorders and the latest and best research on medication-assisted treatments (MATs). The materials in this module are intended for a wide range of professionals who care for clients in a variety of settings. The module will touch on how to integrate the use of these medications with other behavioral health services.

Authors: Maureen Clark, MSW, LICSW, Westfield State University &

Patrick LaFond, PA-C, MPAS, The Healthy Living Program_ (<https://www.youtube.com/watch?v=RPFnCUELcPU&feature=youtu.be>)

- Watch Now (<https://www.youtube.com/watch?v=RPFnCUELcPU&feature=youtu.be>)
- Español (<https://www.youtube.com/watch?v=pcWrbwpjhGQ&feature=youtu.be>)

To earn 1 Social Work or Nursing CEU credit complete:

Post-Test: An Introduction to Best Practices in Providing Medication Assisted Treatment (MAT) for Opioid Use Disorders (<https://www.surveymonkey.com/r/RSLYTRB>)

Other Specialized Populations & Interventions

Evidence-based Screening in Integrated Behavioral Health Care

Author:

Julie Berrett-Abebe, PhD, LICSW, Westfield State University

Featuring a recorded training on SBIRT by Alex Heinz, LICSW, MPH, MA SBIRT TTA

Description: Evidence-based screening is an important part of integrated care. This training module provides information about screening tools that can be used for different behavioral health concerns. Additional information is provided about SBIRT, a highly researched model of care.

- [Watch Now 1/2 \(<https://www.youtube.com/watch?v=4cGLV7kwKBU>\)](https://www.youtube.com/watch?v=4cGLV7kwKBU)
- [Watch Now 2/2 \(<https://www.youtube.com/watch?v=zv9bfYASo3c&feature=youtu.be>\)](https://www.youtube.com/watch?v=zv9bfYASo3c&feature=youtu.be)
- [Español PDF \(\[/images/uploads/socialwork/2019_evidence_based_screening_Spanish.pdf\]\(/images/uploads/socialwork/2019_evidence_based_screening_Spanish.pdf\)\)](/images/uploads/socialwork/2019_evidence_based_screening_Spanish.pdf), [Guion \(\[/images/uploads/socialwork/Evidence-based_Screening_Script_Spanish.pdf\]\(/images/uploads/socialwork/Evidence-based_Screening_Script_Spanish.pdf\)\)](/images/uploads/socialwork/Evidence-based_Screening_Script_Spanish.pdf)

To earn 1 Social Work or Nursing CEU credit complete:

[Post-test: Evidence-based Screening in Integrated Behavioral Health Care](https://www.surveymonkey.com/r/KXRHP6R)
(<https://www.surveymonkey.com/r/KXRHP6R>)

Integrated Treatment Services: Trauma Responsive Sheltering in Homelessness Work

Authors:

Christy O'Brien, MSW, LICSW, Clinical & Support Options/ Friends of the Homeless

Bill Miller, BA, Clinical & Support Options/ Friends of the Homeless

Description: Homelessness work is significantly impacted by the intersection of trauma, mental health, substance abuse, medical issues, and housing resources. This module will explore this intersection as well as the model implemented by one community organization to provide integrated care in sheltering.

- [Watch Now 1/2 \(<https://www.youtube.com/watch?v=UoAZZ9DKXfc&feature=youtu.be>\)](https://www.youtube.com/watch?v=UoAZZ9DKXfc&feature=youtu.be)
- [Watch Now 2/2 \(<https://www.youtube.com/watch?v=q8trsP2N9ol&feature=youtu.be>\)](https://www.youtube.com/watch?v=q8trsP2N9ol&feature=youtu.be)
- [Español PDF \(\[/images/uploads/socialwork/Homelessness_PPT_Spanish.pdf\]\(/images/uploads/socialwork/Homelessness_PPT_Spanish.pdf\)\)](/images/uploads/socialwork/Homelessness_PPT_Spanish.pdf), [Guion \(\[/images/uploads/socialwork/Homelessness_Script_Spanish.pdf\]\(/images/uploads/socialwork/Homelessness_Script_Spanish.pdf\)\)](/images/uploads/socialwork/Homelessness_Script_Spanish.pdf)

To earn 1 Social Work or Nursing CEU credit complete:

Post-test: Integrated Treatment Services: Trauma Responsive Sheltering in Homelessness Work
(<https://www.surveymonkey.com/r/KXFCV2R>)

Psychopharmacology for Social Workers: Bipolar Disorder & Psychosis

Authors:

Corey Laskey, PharmD, BCPP, Western New England University

Jamie Walsh, MSW, LICSW, Westfield State University

Description: Pharmacology of medications used to treat bipolar disorder and psychotic disorders are presented. A case to illustrate the important of integrated team knowledge about medication is also part of the training module.

- Watch Now 1/2 (<https://www.youtube.com/watch?v=IIAMdgu59Z0&feature=youtu.be>)
 - Please view this video (from the perspective of an individual living with schizophrenia) in order to complete the training module.
- Watch Now 2/2 (https://www.youtube.com/watch?v=C7JI9_59tfY)
- Español PDF ([/images/uploads/socialwork/2019_Psychopharm_spanish.pdf](#)), Guión ([/images/uploads/socialwork/Script_psychopharm_2019_Spanish.pdf](#))

To earn 1 Social Work or Nursing CEU credit complete:

Post-test: Psychopharmacology for Social Workers: Bipolar Disorder & Psychosis
(<https://www.surveymonkey.com/r/KXWG3ZQ>)

Psychopharmacology for Social Workers: Depression and Anxiety

Through a case analysis, participants will receive a basic overview of common medications used in the treatment of anxiety and depression, their side effects, and expectations for use.

Authors: Corey Laskey, PharmD, BCPP, Western New England University &

Maureen Clark, MSW, LICSW, Ph.D. candidate, Westfield State University

- [Watch Now](https://www.youtube.com/watch?v=j2-CJuw01js) (<https://www.youtube.com/watch?v=j2-CJuw01js>)
- [Español](https://www.youtube.com/watch?v=mNO4kS1-2DI) (<https://www.youtube.com/watch?v=mNO4kS1-2DI>)

To earn 1 Social Work or Nursing CEU credit complete:

[Post-Test: Psychopharmacology for Social Workers: Depression and Anxiety](https://www.surveymonkey.com/r/95Z2DWG)
(<https://www.surveymonkey.com/r/95Z2DWG>)

Use of Interpreters in Mental Health Encounters

Authors:

Maria del Mar Farina, PhD, LICSW, Westfield State University
Silvana M. Kirby, CMI Spanish, Berkshire AHEC

Description: This training module explains how to access interpreting services and the various modalities available, while clarifying expectations in the interpreter encounter to obtain the best possible communication among patient/provider and within the triadic encounter.

- [Watch Now](https://www.youtube.com/watch?v=EKYnA5RZ5n4&feature=youtu.be) (<https://www.youtube.com/watch?v=EKYnA5RZ5n4&feature=youtu.be>)
- [Español PDF](#) ([/images/uploads/socialwork/Interpreting_Training_Spanish.pdf](#)), [Guion](#)
[\(/images/uploads/socialwork/SPANISH_Interpreting_Narration_combined.pdf\)](#)

To earn 1 Social Work or Nursing CEU credit complete:

[Post-test: Use of Interpreters in Mental Health Encounters](https://www.surveymonkey.com/r/KXTSGHL) (<https://www.surveymonkey.com/r/KXTSGHL>)

An Introduction to Illness Narratives & Storytelling as a Therapeutic Intervention

Through didactic presentation, professional interviews and case examples, this presentation will explore illness narratives and storytelling as an effective social work intervention for individuals and groups coping with illness, injury, and chronic and advanced disease. This presentation will also explore use of storytelling in clinical supervision.

Authors: Julie Berrett-Abebe, Ph.D., LICSW, Westfield State University,
Mary Susan Convery, MSW, LICSW, Massachusetts General Hospital &
Sarah Reed, Ph.D., MPH, MSW, University of California - Davis

- Watch Now 1/2 (<https://www.youtube.com/watch?v=3fLTQrdlbRc&feature=youtu.be>)
- Watch Now 2/2 (<https://www.youtube.com/watch?v=PYyAxZJutWU&feature=youtu.be>)
- Español PDF ([/images/uploads/socialwork/Narrative_and_Storytelling_Spanish2.pdf](#))

To earn 1 Social Work or Nursing CEU credit complete:

Post-Test: An Introduction to Illness Narratives & Storytelling as a Therapeutic Intervention
(<https://www.surveymonkey.com/r/RQ69GYS>)

Culturally Sensitive Care for the LGBTQIA+ Population

Developed to educate health care professionals of all disciplines in culturally competent care of patients who identify as LGBTQIA+. The module will cover topics such as vocabulary, demographics, cultural needs and concerns, pronoun verbiage, and culturally appropriate interactions.

Authors: Kristin Visciotti, BSN, RN, Westfield State University,
Jamie Walsh, MSW, LICSW, Westfield State University &
Jessica Holden, DNP, MSN, RN-BC, Westfield State University

- Watch Now (<https://www.youtube.com/watch?v=V0coC8qZmi4>)
- Español (<https://www.youtube.com/watch?v=QdEulu29x2Q>)

To earn 1 Social Work or Nursing CEU credit complete:

Post-Test: Culturally Sensitive Care for the LGBTQIA+ Population (<https://www.surveymonkey.com/r/V3H87JZ>)

Module VIII - Caring for Transgender Populations in Health Settings: Policy Implications and Resources for Practice

Designed to educate health care professionals about policies, this module provides best practices and additional resources to care for LGBTQIA+ populations.

Authors: Jessica Holden, DNP, MSN, RN-BC, Westfield State University,
Rose Sullivan, Ph.D., MSW, Westfield State University, &
Kristin Visciotti, BSN, RN, Westfield State University

- Watch Now 1/2* (<https://www.youtube.com/watch?v=UXI9w0PbBXy>)
- Watch Now 2/2 (<https://www.youtube.com/watch?v=AKB5DbQKNUo>)
- Español (Parte 2) (<https://www.youtube.com/watch?v=pyl0ZiHvYxM>)

To earn 1 Social Work or Nursing CEU credit complete:

Post-Test: Caring for Transgender Populations in Health Settings: Policy Implications and Resources for Practice
(<https://www.surveymonkey.com/r/VGXTGMC>)

*PARA SUBTÍTULOS EN ESPAÑOL: SELECCIONE EL ÍCONO DE CONFIGURACIÓN - DESPUÉS SELECCIONE SUBTÍTULOS CC - Y ESCOJA
ESPAÑOL (ESTADOS UNIDOS).

Treating Chronic Pain Without Medication

Chronic pain is one of the most common and challenging presenting concerns in medical offices, particularly in primary care. Helping patients manage chronic pain is complicated by a limited understanding of the underlying causes of various pain conditions, limited available treatment options for pain and the challenges of addressing the adverse effects of opiate pain medications. Living with chronic pain negatively impacts a patient's physical, social and emotional functioning and therefore a multidisciplinary approach to the treatment of chronic pain is the new standard of care for these complex patients.

Authors: Alexa Connell, Ph.D., University of Massachusetts Medical School &
Paula Gardiner, MD, University of Massachusetts Medical School

- Watch Now 1/1 (<https://www.youtube.com/watch?v=IPjnhbTVCL0>)
- Español PDF (/images/uploads/socialwork/WSU_pain_module_Spanish.pdf), Guión
(/images/uploads/socialwork/Script_WSU_pain_module-traducido.pdf)

Contact Us

Julie Berrett-Abebe Ph.D., IBHC Training Coordinator jberrettabebe@westfield.ma.edu
[\(mailto:jberrettabebe@westfield.ma.edu\)](mailto:jberrettabebe@westfield.ma.edu) (413-572-8675)

Terri Haven, MSW, LICSW, IBHC Field Education Director thaven@westfield.ma.edu
[\(mailto:thaven@westfield.ma.edu\)](mailto:thaven@westfield.ma.edu) (413-572-8405)

Nora Padykula, Ph.D., IBHC Project Director npadykula@westfield.ma.edu
[\(mailto:npadykula@westfield.ma.edu\)](mailto:npadykula@westfield.ma.edu) (413-572-8239)

Ryan Zenevitch, B.A., IBHC Project Graduate Assistant rzenevitch0549@westfield.ma.edu
[\(mailto:rzenevitch0549@westfield.ma.edu\)](mailto:rzenevitch0549@westfield.ma.edu)

EXCELLENCE IS WAITING [Apply Today >](#)

WESTFIELD STATE UNIVERSITY

[\(/about/directions\)](#)

577 Western Avenue
Westfield, MA 01086
(413) 572-5300

• [Contact Westfield State](#) »

• [Directory](#) »

• [Site Map](#) »

Select Language | ▼

© 2020 Westfield State University. All rights reserved.

POLICIES & INFORMATION

• [Accessibility & Inclusion](#) »

• [Annual Security Report \(Clery Act\)](#) »

• [DACA Resources](#) »

• [Emergency Preparedness](#) »

• [Privacy Notice & Disclaimers](#) »

• [Public Record Requests](#) »

• [SDS Locator and Chemical Library](#) »

• [Sexual Violence and Sexual Misconduct](#) »

• [Sign up for Emergency Notifications](#) »

• [Student Consumer Information](#) »

• [University Policies](#) »

EMPLOYMENT

• [Careers at Westfield State](#) »

FOLLOW US



[News & Events](#) »