

# THE *SEED PLANTING TEAM* NEWSLETTER

*Keeping SEED PLANTERS updated*

BOBB AND CHERYL BIEHL

## BUSINESS



Kristin Roark received a copy of the DECADE by DECADE book from her friend, Tara Metzger. Kristin read the book and then shared with Tara the personal value she gained from the book. She shared that the book not only was of great value to her personally, but also a great tool for her business. Kristin and her husband, Dan, have a business called Peace and Light Productions. The purpose of the business is to create videos from the lives of individuals who have left stories for their families. She recently filmed and interviewed a friend who was dying of ALS. After his passing, she created a LEGACY VIDEO of her friend for his family to have forever. Kristin said that the book, DECADE BY DECADE, will help her as she prepares to interview and film clients. It provides her with insight and perspective of the clients before she conducts the interviews and helps her to form her questions for the interview.

You can view Kristin's work at [Peaceandlightproductions.com](http://Peaceandlightproductions.com)