

Program Ideas

- Jewish midot (values):
How can we apply them to this activity; how does a value help us to succeed in the activity, how can the activity help us to develop our connection to this value?
 - learning responsibility
 - teamwork
 - learning trust
 - leadership
 - tikkun olam
 - respect for others, our environment, and our community
 - zionism
 - tzedaka
 - sense of justice
 - humility
 - ...and more in "Making Mensches: A Periodic Table"
- Hebrew Language
 - names of equipment
 - names of plants and animals around camp
 - numbers (to count goals, number of campers, etc.)
 - words in songs
 - replacing words in games with Hebrew equivalents
- Historical Event (Israel)
 - Aliyot to Israel
 - Hagana
 - Israeli Declaration of Independence
 - Oslo Accords
- Biblical events
 - Noah and the flood
 - Jacob and the angel
 - Pharaoh's dreams
 - The burning bush
 - The plagues
 - The ten commandments
 - David and Goliath
- Jewish Figures from Tanach
 - Moses
 - Abraham
 - Sarah
 - Joshua
 - Noah
 - Cain and Abel
- Esther
- Miriam
- Jewish Folklore/Stories
 - Chelm
 - Golem
- Israeli Figure (History/Present)
 - Moshe Dayan
 - Theodore Herzl
 - David Ben Gurion
 - Golda Meir
 - Omri Casspi
 - Gila Almagor
 - Gal Gadot
- Israeli Cultural Aspect
 - food (falafel)
 - windsurfing
 - army
 - birthright
 - holiday observances
 - kibbutzim
- Jewish Cultural Aspect
 - food (challah)
 - shabbat
 - holidays
 - synagogue
 - kashrut
- Poems/Prayers from the Siddur
 - Shema
 - Aleinu
 - Ma Tovu
 - Ashrei
 - Or Chadash
 - Yishtabach
 - Amidah
- Our Personal Jewish Backgrounds
 - our different traditions and experiences from home
- Holiday Stories
 - Passover
 - Sukkot
 - Purim
 - Hanukkah
- Jewish Historical Sites
 - Kotel
 - Masada
 - Be'er Sheva
 - Jerusalem
- Israeli Geography
 - Tel Aviv
 - Eilat
 - Seas and Deserts



JEWISH
CAMP

Making Menschen: A Periodic Table

Inspired by Tiffany Shlain's *Periodic Table of Character Strengths*. Watch *The Science of Character* & learn more at Leitlikippie.org. Adapted by Rabbi Avi Orlow. For additional resources, contact avi@jewishcamp.org.

"The Maharal of Prague [Rabbi Yehudah Loeb, d.1609] created a golem, and this was a great wonder. But how much more wonderful is it to transform a corporeal human being into a mensch!"
— Rabbi Israel Salanter,
Founder of the Modern Mussar Movement

1 Wisdom חכמה Hachma WI	2 Courage צדקנות Omeiz Lev CO	3 Wonder מלכות Malchut TI	4 Understanding הבנה Bina WI	5 Zest & Zeal תפורה Zerzut CO*	6 Decency & Social Intelligence יפה תואר Derech Eretz HO*	7 Reverence & Awe תקוה Yira TI	8 Sensibility דאט Daat WI	9 Confidence ביטחון Bitachon CO	10 Compassion רחמים Rachamin HO	11 Justice דין Din JU	12 Calm & Composure שקט Menuchah HaNefesh MO	13 Contentment תשועה Hishtaplut MO	14 Love אהבה Ahava TI	15 Curiosity הסתהרות Hiskarhut WI*	16 Will Power התבוננות Gevurah CO*	17 Kindness חן Chesed HO	18 Community מחילה Mildness Aviyut JU	19 Organization & Order סדר Seder MO	20 Humility התבוננות Anavah MO	21 Gratitude התבוננות Hakarat HaToiv TI*	22 Creativity התבוננות Yetzrah WI	23 Conviction התבוננות Emunah CO	24 Loyalty התבוננות Ne'emanut HO	25 Social Responsibility התבוננות Achiyut JU	26 Patience התבוננות Sivlanut MO	27 Modesty התבוננות Tzniut MO	28 Joy התבוננות Simcha TI	29 Appreciation of Opposition התבוננות Machloket WI	30 Perseverance & Grit התבוננות Netzach CO*	31 Pursuit of Peace התבוננות Rodef Shalom HO	32 Compassionate Criticism התבוננות Tochecha JU	33 Forgiveness התבוננות Machilah MO	34 Piety התבוננות Chassidut MO	35 Whole & At Peace התבוננות Shelamut TI*	36 Foresight התבוננות Roeh et HaMolad WI	37 Integrity התבוננות Yosher CO	38 Leadership התבוננות Machigut HO	39 Righteous התבוננות Tzedek JU	40 Acquiescence התבוננות Hod MO	41 Balance & Inner Beauty התבוננות Tiferet MO	42 Grounded התבוננות Yesod TI	43 Majesty התבוננות Keter WI
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KEY

Wisdom

Courage

Honor

Justice

Moderation

Transcendence

* These 7 *Middot*, or character traits, are keys to success, according to Paul Tough in his book, *How Children Succeed*.

Jewish ethics are based on the idea that we are created in the Divine image. The Kabalah imagined that Hashem is revealed in a number of attributes, or *sfirot*, which correspond to our highest aspirations for human character.

∞ The highest *sfirot*, attribute, not understood in a human context.