



ECMHS QUARTERLY MEETING

Dr. Kiti will join us to introduce her NAS Care Resource Toolkit, a comprehensive support guide designed to help providers better serve infants and families affected by neonatal abstinence syndrome. This presentation will equip San Bernardino County early childhood mental health professionals with practical tools and insights to strengthen care coordination, family engagement and community response.

Neonatal Abstinence Syndrome (NAS) and Neonatal Neurotoxic Effects (NNE) refer to withdrawal-like symptoms experienced by infants exposed to opioids or other substances in utero, such as tremors, irritability, and difficulty soothing. These signs can affect early development and make caregiving challenging, but with supportive, regulation-focused care, we can ease infants' discomfort now and help reduce long-term developmental and behavioral impacts.

THE SPEAKER



DR. KITI FREIER RANDALL
PEDIATRIC
NEURODEVELOPMENTAL
PSYCHOLOGIST



**TUESDAY
JAN. 13**



VIA ZOOM

MEETING ID: 813 1262 7356
PASSCODE: 509409



1 P.M. - 2 P.M.



CLICK BELOW TO ACCESS
THE NAS CARE RESOURCE
TOOLKIT NOW

NAS TOOLKIT

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cn.sbcounty.gov

