

Senior Retreat/Great Escape I 2026-2027

Guidelines and Information

Last Updated: July 28, 2026

The below-listed expectations will enhance the experience of each student while also ensuring their safety, our Christian witness, and their parents' peace of mind.

Expectations during the event are as follows: ***Do what is right. Treat others as you want to be treated. Treat property as if it were your own. Do your best.***

During free time, students should generally travel and be in groups of at least three. Make sure a GCS chaperone knows where you are.

Students will be able to swim at the lake at designated times when at least one GCS chaperone and a camp lifeguard are present.

- Students must follow all communicated guidelines.
- GCS policy is that each student who swims must do so at her/his own risk.

Public displays of affection are not permitted.

Students are encouraged to bring a personal cell phone; however,

- There may be times when the chaperones will collect these from all students, or when necessary, from individual students.
- Even when permitted to use these, students should mostly focus on enjoying the company of one another rather than their screens.
- Keeping track of your device's battery life is imperative as we will not alter the itinerary to provide you time/opportunity to recharge.

Students' attire for this event should be appropriate.

- All GCS "Casual Day Attire" dress code guidelines are applicable.
- Swimwear
 - Females may wear one-piece suits or tankinis; however, the tankinis must have a length that covers the entire torso including when moving.
 - Males may go shirtless only at the lake, NO Speedos!!

Students must attend all scheduled events and cooperate with the agenda throughout the event.

Students should let a chaperone know if they are sick or injured in any way during the retreat.

Students must give all prescription medications to the head chaperone before departing from the school, along with a written note about dosages and frequency. These will be returned upon arriving back at the school.

Suggested Packing List

One (1) purse or very small bag
Swimsuit (see above)
Beach Towel
Sunglasses

Sunscreen
Bug Repellant
Cellphone
Breakfast Money (Seniors)

Water Bottle/Container
Snacks

Contact Information

Rod Bowers 5404142262

Phone numbers of additional chaperones may be provided to students towards the beginning of the trip.

Parents should always attempt to first contact Mr. Bowers before reaching out to other chaperones.

Camp Eagle

411 Camp Eagle Rd, Fincastle, VA 24090

(540) 366-2433 | campinfo@sbcfamily.org

Costs

Expenses for all three *Great Escape* events are covered by a \$125 "HS Retreats Fee" which is billed to family FACTS accounts in October.

GREAT ESCAPE and Senior Retreat AGREEMENT sent to Email Accounts