# GCS Middle School Basics for rising 7th Graders

#### **Classes**

The 7<sup>th</sup> and 8<sup>th</sup> graders will have six - 45 minute classes everyday with several different teachers. There will be a short break mid-morning for recess and time to eat a snack. Middle school students will eat lunch at 12:45 p.m., followed by a brief recess. Physical Education classes will be held twice a week for an hour. There is a 30 minute study hall daily with additional study hall periods dependent on afternoon classes. Students' first quarter schedule will be available at the Open House Day.

### **Cumulative Tests**

In preparation for exams, students in 7<sup>th</sup> grade will have cumulative tests at the end of the 2<sup>nd</sup> nine weeks of school, and will add tests each 9 weeks thereafter. At the end of the 2nd quarter, they will have vocabulary and science cum tests. At the end of the 3rd quarter, they will have vocabulary, science and history cum tests. At the end of the 4th quarter, they will have vocabulary, science, history and literature cum tests. Math and grammar are cumulative in nature. Teachers will review with the students in advance of these tests.

# **Nature Collection**

Each year the 7<sup>th</sup> graders are required to do a collection of insects and leaves for their Life Science class. The guidelines for this project are attached. We would encourage you to start on this project during the summer months when there is more time and the insects are plentiful. This information will be posted on the GCS website, see Resources tab, Summer Resources tab.

# **Summer Reading & Honors Reading**

<u>Summer Reading</u>: All students in grade 6 through 12 are required to read several books during the summer to enhance their learning. There are a variety of books from which to choose. This information will be posted on the GCS website, see Resources tab, Summer Resources tab.

<u>Honors Reading</u>: This program is also available for our middle school students. The requirements for this are also listed on the website. Awards for Honors Reading are given in our awards assembly at the end of the school year. Books read for summer reading will count towards the Honors Reading program. This information will be posted on the GCS website, see Resources tab, Summer Resources tab.

#### **Physical Education**

Students are required to have a uniform for physical education.

#### **Afternoon Classes**

Middle school students will take special afternoon classes throughout the year. Students in the 7th grade are required to participate in a music, art, PE and computer class, as well as keyboarding until a time/accuracy test is passed. Students may sign up for additional classes based on their interests. You and your student will choose their preferences for these afternoon classes online through your Family Portal Account (FACTS)

#### **Dress Code**

Students are expected to dress with a sense of appropriateness for the over-all school environment with special emphasis on modesty, neatness, and cleanliness. The specific dress code guidelines for the middle school will be posted on the school website by mid-June, along with other school information (on the website, see Resources tab, Summer Resources tab). PE uniforms may not be worn to school. Each Friday is a casual day for the students.

## **Locker Assignments**

Each student will be assigned a locker in the MS hallway. Locker assignments will be posted on the Open House Day, which is scheduled for Wednesday, August 19th.

#### **Socials**

MS socials will be held during the year. These activities will provide supervised time for the students to have fun and enjoy peer friendships.

#### Communication

You will be receiving a communication newsletter via email (Warrior Weekly) to help keep you informed of upcoming events for the school.

#### **Teams**

The seventh and eighth graders will be divided into teams. Members of the 8<sup>th</sup> grade class will serve as team leaders. They will work together periodically throughout the year.

# **Sports**

The following sports are available for 7<sup>th</sup> and 8<sup>th</sup> graders:

Fall: MS Cross Country - girls and boys (5<sup>th</sup> – 8<sup>th</sup>), MS and JV Volleyball – girls (6<sup>th</sup>-8<sup>th</sup>),

MS Soccer – boys  $(6^{th} - 8^{th})$ 

Winter: MS and JV Basketball – girls and boys (6<sup>th</sup>-8<sup>th</sup>), MS Wrestling – boys (6<sup>th</sup>-8<sup>th</sup>)

Spring: MS Golf – girls and boys (6<sup>th</sup>-8<sup>th</sup>), MS Soccer - girls (6<sup>th</sup>-8<sup>th</sup>)

Practice for fall sports typically begins in August. All athletes who play at the Junior Varsity or Varsity level must have a VHSL physical form completed by a doctor and returned to the school before the first day of practice. This form is available on our GCS website on our Athletics page, under Athletic Forms and Handbooks. If you are playing on a middle school team, parents may choose to sign a waiver in lieu of a physical. This waiver is also available on our GCS website.

If you have not already signed up to participate in fall soccer, volleyball or cross country, please email Frank Kahrs at fkahrs@gcswarriors.org. Students who have signed up will receive detailed information about the upcoming season this summer.