

eXit SPACE
SCHOOL OF DANCE

GOING TO...

Dance Class

A SOCIAL STORY FOR KIDS



**I am learning how to take dance
class at eXit SPACE School of
Dance!**



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**When it's time to leave for dance
class, I pack my bag and get
dressed.**

**Sometimes my grownups will help
me and sometimes I do it myself!**



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**When we get to the dance studio, I
go potty and wash my hands.**



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Then I put my outside shoes in a cubby. They're not allowed on the dance floor.



**I put my dance shoes on my feet. I
know I can always ask for help.
Sometimes I say, "Can you please
help me?" I can also dance
barefoot if my shoes don't feel
good on my feet.**



**It's time to say hello to my friends
and my teacher. Sometimes I'm
nervous for dance class, but that's
okay! I'm very brave.**



I can say hello by...

Using my voice



Waving my hand



Giving a hug



Giving a high-five



**Next I say goodbye to my
grownup! I know they'll be back
very soon.**



**If I have extra dance shoes, I put them
on a spot in the studio.**



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**Then I put my toes in the middle,
sitting down between two friends
for our welcome circle.**



Now I'm ready for dance class!



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**During dance class I use my eyes,
ears, and brain to watch and listen to
my teacher.**



Sometimes my teacher asks if they can touch my arm or leg to show me how to dance. I can always say "No thank you" if I don't want to be touched.



**If I have a question or something to
say, I raise my hand.**



If the music gets too loud, I ask "Can you turn down the music, please?" Or I wear my headphones.



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**I have so much fun dancing with all
of my friends!**



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**At the end of class I say goodbye to
my teacher and friends, put my
outside shoes on, and remember to
take all of my belongings home.**



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**I love dance class at eXit SPACE
School of Dance!**



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DID YOU KNOW?

Social Stories™, developed by Carol Gray, help children understand the events and expectations in their lives.