

Lice Facts – Learn about head lice (or Louse):

- Head Lice do not fly or jump.
- They crawl and they can walk across a room!
- Lice are spread easily from person to person by direct contact.
- Only humans get lice. They need human blood to survive.
- Food source – human blood just like mosquitoes, lice only like certain people.
- Has nothing to do with cleanliness
- **A clean head can get head lice.** Hair full of lice does not mean a dirty hair.
- Anyone can get lice regardless how clean they are, or how many times they wash their hair.
- Not every one that has lice itches.
- Some people do not get lice. Just like some people do not get bitten by mosquitoes.



- Animals cannot transmit them.
- Spread by person to person or object to person contact.
- Their color ranges from opaque to black
- Nits (lice eggs) are laid right next to the scalp.
- They will remain attached to the hair until it is removed or the hair falls out.
- Average time of infestation before diagnosis 4 to 6 weeks.
- Life span for a louse is 30 days.
- A mature louse can lay 7 to 10 nits a day.
- Nits hatch in 5 to 7 days.
- Newly hatched louse matures in 3 days and begin laying eggs after those 3 days.
- According to the US Centers for Disease Control and Prevention, as many as 6 million to 12 million people worldwide get head lice every year. That is a lot of people!



- Sizes of lice range from a newly hatched louse the size of a grain of sand to a full grown louse the size of a piece of rice.
- Chemical based shampoos have been scientifically proven to be only 50% effective. Not to mention the potential for neurological damage (from the toxins).
- Very common for only some of your family members to get lice and others to not. The reason for this, is how your blood tastes to them. Just like mosquitoes, lice only like certain people.
- Very common to itch up to a full week afterwards due to the bites on your scalp.
- A nit contains a baby louse. Once it hatches the nit is now an empty shell that grows out with your hair. It will remain attached to your hair forever and always unless you remove it or that strand of hair fall out.
- Local resources to help with the removal of lice:

No Nit Noggins 602-441-0231 www.nonitnoggins.com

Lice Support 480-744-8654 www.licesupportsystem.com

AZ Lice Pro 602-753-7172 www.azlicepro.com

The Hair Angels 480-422-4487 www.thehairangels.com

Lice Doctors 602-753-0289 www.licedoctors.com

Lice Clinics of America 480-431-1373 www.liceclinicsphoenix.com

Kim Pickens 623-226-8797 www.liceclinicsarrowhead.com

TLC (Total Lice Control) 602-558-4646 www.totallicecontrol.com

