



As a Premium or Ultimate member of the Canadian Golf Superintendents Association, you have access to HumanaCare's Member Assistance Program providing free, confidential support and counselling for individuals and their families experiencing work-life challenges.

Helpline:

In response to the tragic event that occurred in Uvalde, Texas, we wanted to take the time to remind you that HumanaCare is here to help you and your employees through these challenging times.

Our phones are answered 24/7 and in the moment support is available for anyone needing immediate assistance.

You can reach out for support by clicking below or by calling 1-800-661-8193.

At HumanaCare, we can help.

[Click here to open a file online.](#)

2022 Newsletters

- For a copy of the Q2-2022 Manager Newsletter: (Detecting Mental Health Struggles in the Workplace, please click [here](#)
- For a copy of the Q1-2022 Manager Newsletter, please click [here](#)
- For a copy of the 2022 Newsletter, please click [here](#)

2022 Webinar Topic Preview

For a copy of the 2022 Webinar Topic Preview, please click [here](#)

Upcoming Webinars:

- **Blind Spots that Can Diminish Your Brand**
HumanaCare's EFAP Webinar Series: Webinar #6
June 8, 2022 @ 1:30 PM EST

To register, please click [here](#):

Helpful Tips

Now more than ever, every action counts

Canadians are continuing to feel the impact of the pandemic on their mental health. Now more than ever, mental health matters and every action counts. If you or a family member are struggling, help is available.

[Click here for some helpful tips:](#)