



August 2, 2019

## CGSA and HumanaCare Partner to Offer A New Member Benefit to the Premium and Ultimate Benefit Packages

The Canadian Golf Superintendents Association (CGSA) and HumanaCare are pleased to announce a new partnership in which HumanaCare will be the primary provider of the Member Assistance Program providing free, confidential support and counselling for individuals and their families experiencing work-life challenges. Staying true to our objective to include additional offers in the upgraded benefit packages; this exceptional service now available in the **Premium and Ultimate benefit packages** complements that goal. The traditional cost for counselors can be up to \$220/hr making this addition to our benefit packages well worth the investment!

### What is HumanaCare?

HumanaCare is an integrated mental and physical wellness service provider of Member Assistance Programs, Disability Support Services, Medical Second Opinion Services, Eldercare and Chronic Disease Management.

### HumanaCare can assist in the following areas:

Marital and Relationship Support	Anger Management	Stress, Anxiety and Depression
Healthcare Navigation and Support	Work-Related Stress	Diet and Nutrition
Grief and Bereavement	Substance Abuse	Self Esteem
Family and Parenting Challenges	Legal and Financial Support	Harassment

“An important part of CGSA’s mission is to support the Canadian golf course management profession. We have heard clearly from our members that mental health support is needed and have responded with precise action by partnering with HumanaCare. Through the CGSA and HumanaCare, you will receive the benefit of confidential, personal help for you and the members of your family. We all face personal problems and pressures in our daily lives. HumanaCare’s support and counselling is now available to assist in finding ways to deal with these life challenges. Personally, I’m extremely proud of today’s announcement. Supporting the personal and professional well-being of our members is accomplishing our mission,” said CGSA President, Greg Austin.

This benefit has added additional value to the current menu of benefit options. To view the full list, please click [here](#). For more information on this program or to upgrade your member benefits to either the Premium or Ultimate package, please contact Lori Micucci at 1-800-387-1056/416-626-8873 ext. 27 or by e-mail at [lmicucci@golfsupers.com](mailto:lmicucci@golfsupers.com).

Current members who already upgraded their member benefits to either the Premium or Ultimate benefit option are currently enrolled in the Program. For a copy of the Member & Family Assistance Program brochure, please click [here](#).

### About CGSA

The CGSA represents golf course superintendents, assistant superintendents, equipment technicians, and others involved in golf course management across Canada. CGSA was founded in 1966 and has over 1,000 members. Its mission is to promote excellence in golf course management and environmental responsibility through the continuing professional development of its members.

### About HumanaCare

HumanaCare is a Canadian leader in employee/member health programs. They are passionate about employee/member health including Mental Health, Physical Health, Disability, Chronic Disease, and Wellness. They have provided regional, national, and international employee/member health services since 1979.