



## WORKS OF MERCY AND CHRISTIAN SERVICE DECEMBER 2018

**HOLIDAY HELP AT THE HELM:** The S.O.C (Services for Older Citizens) The Helm hosts many regular programs and special events throughout the year for the elderly living in our local communities. Some activities include assembling holiday baskets, shoveling snow, playing games or crafts with seniors or helping with an event...there are always new opportunities at the Helm. Most programs and events present numerous opportunities for volunteers with different skills and interests to give back to their community. *If you would like to volunteer, please contact Heidi Uhlig Johnstone at (313) 649-2107 or email her at [huhlig@helmlife.org](mailto:huhlig@helmlife.org).*

**CHRISTMAS CARD MAKING FOR THE ST. PAUL BEREAVEMENT GROUP AND HOMEBOUND:** Spread some Christmas cheer to a member of our own parish family that has recently lost a loved one or is not able to leave their home during the holiday season. Volunteers will share a message of love and kindness by decorating Christmas cards for these parish groups. Materials, mailing envelopes and address labels will be provided, and postage will be added prior to mailing at the Parish Office. Many hands make for lighter work with this project. Consider making this a family, group or scouting project. *Please contact Tricia Kesteloot at (313) 574-9619 for additional information.*

**SUNRISE ASSISTED LIVING CENTER:** This neighborhood senior assisted living center is looking for volunteers, young and old, to visit residents: play cards or board games, organize an activity or just enjoy conversation. This facility is looking for small groups to play bingo with residents on Saturday afternoons between 1:00-3:00 p.m. Families are welcome to come and help out as well. *Please contact Mrs. Gretchen Verbecke, the Sunrise Activity and Volunteer Coordinator at (313) 343-0600.*

**ST. MARY'S NURSING HOME:** This community truly enjoys when the students come for a visit. Organized groups are needed to visit residents: play cards or board games, organize an activity or just enjoy conversation. Several groups in the past hosted a tea social for the residents. They served tea and cookies, and visited with the elderly. This facility is located on 9 Mile Road in St. Clair Shores. *Please contact Tina Hein, the Activities Coordinator to sign-up and volunteer (586) 772-4300.*

**LOOKING AHEAD TO 2019 AT FOCUS HOPE FOOD BANK:** We will offer two wonderful opportunities for students and parents to volunteer at Focus Hope on Saturday, January 12, 2019 and Saturday, February 9, 2019 (both from 10:00 a.m.-12:00 p.m.) at the Central Warehouse location. Volunteers that participate will be "cutting stock" which includes opening boxes and putting food on pallets for pre-packed pantry boxes for low-income families. *Please contact Tricia Kesteloot for additional information or to sign-up in advance (313) 574-9619. SLOTS ARE LIMITED.*