

CONTACT

Community Services
Advocate. Counsel. Teach.

QPR - Gatekeeper Training

QPR stands for Question, Persuade, and Refer — the 3 simple steps anyone can learn to help save a life from suicide.

A QPR Gatekeeper can be anyone – parents, friends, neighbors, teachers, first responders, doctors, clergy and many others who are positioned to recognize and refer someone at risk of suicide.

Learn how to recognize the warning signs of a suicide crisis, how to offer hope, how to get help and most importantly - how to save a life.



QPR Gatekeeper training is designed to take place in as little as one hour and is currently being facilitated virtually by request only.

There is no cost associated with this workshop.

Please visit
ContactSyracuse.org/QPR
or email Cassandra Flagler at
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for more information.