

FIRST PARISH IS COLLECTING PERSONAL CARE KITS FOR THOSE EXPERIENCING HOMELESSNESS IN PORTLAND!

Kits may include any of the following items:

- \$5 Dunkin Donuts gift card
- Toothbrush
- Toothpaste
- Deodorant
- Socks
- Body wipes
- Tissues
- Nail clippers
- Nail file
- Travel size bug/tick spray
- Shampoo
- Non-perishable snacks (granola bars, protein bars, Goldfish, fruit snacks, crackers, etc.)
- Pads/tampons
- Hand sanitizer
- Band-aids
- Soap
- Q-tips
- Plastic utensils
- Anything else that you think someone may appreciate!

Most of these items can be found at the dollar store – it does not need to be fancy to be appreciated! Please package these items in a Ziploc bag and drop them off at First Parish to be distributed. For any questions, and to schedule a time to drop off kit(s), please email Hannah at office@firstparishportland.org.

Thank you!

First Parish Staff

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