

# Ongoing at First Parish ~ Join Us!

*Please contact group leaders to confirm meeting times.*

## Newcomer Coffee

**First Sundays | 11:30-12:30pm | Youth Room** (upstairs in the Parish Hall)

A great opportunity to meet our Minister, and learn more about what makes this church unique. Grab coffee in the Parish Hall after service, and join us upstairs! FMI: Dee Pecoraro at [membership@firstparishportland.org](mailto:membership@firstparishportland.org)

## Community Dinners

**First Sundays | Community Room** (downstairs in Parish Hall)

Prep volunteers: 2-4:30pm | Serving and clean-up volunteers: 4:30-7pm

FMI: Noel De Young at [mailto:noeledey@yahoo.com](mailto:mailto:noeledey@yahoo.com) or phone 939-3118.

## Second Sunday Lunch

**11:30am | Public Market House | 28 Monument Sq.**

Join us for casual conversation over lunch on the second floor of the Portland Public Market House. Bring your own lunch or buy lunch there. FMI: Jennifer [jbell6083@gmail.com](mailto:jbell6083@gmail.com) or Emily [emswah@gmail.com](mailto:emswah@gmail.com).

## Peaceful Harbor Buddhist Sangha

**Sundays | 6:30-8pm | Meeting House**

Join us for meditation every week. All are welcome!

FMI: David Hughes at [hughes-david@maine.rr.com](mailto:hughes-david@maine.rr.com).

## First Parish Book Group

**Fourth Mondays | 7pm | Parish Hall**

Check the bulletin and e-newsletter for this month's book. Join us!

**Racial Justice Team | Second Tuesdays | 7pm | K-1 Classroom** (upstairs in the Parish House)

Please join us as we plan a series of congregational workshop in racial justice.

FMI: Kris Minister at [krisminister@me.com](mailto:krisminister@me.com).

## Preble Street Soup Kitchen

**Fourth Tuesdays | 3:30 to 6:30 pm | 252 Oxford Street, Portland**

Join volunteers from First Parish and A2U2 in serving dinner to homeless and low income residents.

FMI: [irvwilliams@gmail.com](mailto:irvwilliams@gmail.com). Or sign up online at: [preblestreet.org](http://preblestreet.org).

## Breathing and Meditation Class

**Wednesdays | 5:30-6:30pm | K-1 Classroom**

Come and explore breathing techniques to nurture your mind, body and spirit. All welcome. Taught by Rev. Christina. Free to First Parish Members; \$10.00 non-members.

## Friends of Safe Harbor Committee

**Third Wednesdays | 5:30-7pm | Youth Room**

Supporting the needs of new immigrants in Portland.

FMI: Jenn McAdoo at [mcadoo.jenn@gmail.com](mailto:mcadoo.jenn@gmail.com)

## Join the First Parish Choir

**Weekly on Thursdays | 7-9pm | Parish Hall**

Come sing with us! FMI: Scott Wheatley at [musicdirector@firstparishportland.org](mailto:musicdirector@firstparishportland.org)

**Junior Choir** meets most Sundays after service. FMI: email Scott Wheatley (above).

## **Concerts for a Cause**

### **First Fridays | 7:30pm | Meeting House**

Come enjoy & support Maine musicians, with a portion of proceeds benefitting local charities.

Tickets: \$15; \$10 seniors & students. FMI: [musicdirector@firstparishportland.org](mailto:musicdirector@firstparishportland.org)

## **Chalice Groups:**

### **Various groups meet once a month**

Becoming part of a Chalice group helps you connect with others from First Parish, while exploring diverse perspectives on a particular theme each month. FMI: [chalice@firstparishportland.org](mailto:chalice@firstparishportland.org).

## **UU Go | Revolving Activities**

No meetings, just get-togethers with like-minded folks who have a shared spiritual home here at First Parish.

FMI: email Patty Renaud at [prenaud301@gmail.com](mailto:prenaud301@gmail.com).