

Living our Mission to Nurture the Spirit,
Grow in Community and Help Heal the World

Hymn #1055 *How Sweet the Darkness*

We invite you to light a candle of Joy or Sorrow
on either side of the Meeting House at any time during the service.

**First Parish Joins with the Member Congregations
of the Unitarian Universalist Association
to Affirm and Promote These Seven Principles:**

- The inherent worth and dignity of every person;
- Justice, equity and compassion in human relations;
- Acceptance of one another and encouragement to spiritual growth in our congregations;
- A free and responsible search for truth and meaning;
- The right of conscience and the use of the democratic process within our congregations and in society at large;
- The goal of world community with peace, liberty, and justice for all;
- Respect for the interdependent web of all existence of which we are a part.

Our Seven Principles have their origin in Six Sources, which range from the “direct experience of that transcending mystery and wonder, affirmed in all cultures,” to “wisdom from the world's religions,” and “humanist teachings which counsel us to heed the guidance of reason and the results of science.”

For more information on the Unitarian Universalist faith tradition, visit our website at firstparishportland.org.

If you're interested in becoming a member of First Parish, please email Membership Coordinator Laurie Hasty at Membership@firstparishportland.org.

Upcoming Events

To see all the upcoming events at First Parish, visit this link:
firstparishportland.org/events/calendar/

Thanksgiving Dinner | November 19th | 11:30am | Parish Hall
Peaceful Harbor Sangha | November 19th | 6:30pm | Meeting House
Breathing & Meditation Class | November 22nd | 8am | Zoom
Pastoral Care Team Meeting | November 22nd | 11am | Classroom



The First Parish in Portland, Maine
Unitarian Universalist Church
November 19, 2023

The Words We Use: “Faith”
Rev. Norman Allen

Music Director - Benjamin Holbrook
Worship Weaver - Marianne Hill
Tech Director - Devon Medeiros, IATSE Local 114
Pastoral Care Presence - Carl Dillard
Flowers by Laurie Hasty & Benson Gray
Special Thanks to the Snell Family &
Snell Family Farm for the donation of today's cider.