

RE-inspire Your Week

Sunday May 24	Monday May 25	Tuesday May 26	Wednesday May 27	Thursday May 28	Friday May 29	Saturday May 30
<p>May's Theme is "Thresholds". When you are walking through a door, you're crossing a threshold. This means you're at the beginning of one thing (one room) and at the end of another thing (the next room). Can you think of examples of thresholds you've crossed?</p> 	 <p>The very first Memorial Day was started by newly freed slaves in Charleston, South Carolina, who gathered May 5, 1865 to honor those who fought for their freedom during the Civil War. How can you honor those who paved the way to freedom?</p>	<p>Today is <i>Sally Ride Day</i>. Sally Ride Day honors the first American woman astronaut to go into space. Celebrate <i>Sally Ride Day</i> by learning more about the U.S. space program and NASA.</p> 	 <p>Playing together is a good way to have fun and connect as a family. Spend some time today playing a game or two together. Charades, Twenty-Questions, and Pictionary are some fun and easy games that don't require you to own an actual board game.</p>	<p>As UUs, we believe that all people are very important and that we are all connected. Spend some time gathering love in your heart and picturing that love spreading out to everyone and everything. This is called practicing Loving-kindness.</p> 	<p>Today is <i>Learn About Composting Day</i>. Our 7th UU Principle asks us to help take care of the environment and composting is one way that we can do that. Spend some time today learning about composting.</p> 	 <p>Today is <i>Water a Flower Day</i>. Another way that we can help take care of the environment is by taking care of the plants in our yards or neighborhoods. Water a flower today!</p>