

Ongoing Groups & Meetings at First Parish ~ Join Us!

Please contact group leaders to confirm meeting times.

Newcomer Coffee

First Sundays | 11:30-12:30pm | Youth Room (upstairs in the Parish Hall)

A great opportunity to meet our Minister, and learn more about what makes this church unique. Grab coffee in the Parish Hall after service, and join us upstairs! FMI: Dee Pecoraro at membership@firstparishportland.org

Community Dinners

First Sundays | Community Room (downstairs in Parish Hall)

Prep volunteers: 2-4:30pm | Serving and clean-up volunteers: 4:30-7pm

FMI: Noel De Young at <mailto:noeledey@yahoo.com> or phone 939-3118.

Second Sunday Lunch

11:30am | Public Market House | 28 Monument Sq.

Join us for casual conversation over lunch on the second floor of the Portland Public Market House. Bring your own lunch or buy lunch there. FMI: Jennifer jbelle6083@gmail.com or Emily emswah@gmail.com.

Peaceful Harbor Buddhist Sangha

Sundays | 6:30-8pm | Meeting House

Join us for meditation every week. All are welcome!

FMI: at Susannah Ristine at ristine@maine.rr.com

Racial Justice Team

Second Tuesdays | 7pm | K-1 Classroom (upstairs in the Parish House)

Please join us as we plan a series of congregational workshop in racial justice.

FMI: Kris Minister at krisminister@me.com.

Preble Street Soup Kitchen

Fourth Tuesdays | 3:30 to 6:30 pm | 252 Oxford Street, Portland

Join volunteers from First Parish and A2U2 in serving dinner to homeless and low income residents.

FMI: irvilliams@gmail.com. Or sign up online at: preblestreet.org.

Breathing and Meditation Class

Wednesdays | 5:30-6:30pm | K-1 Classroom

Come and explore breathing techniques to nurture your mind, body and spirit. All welcome. Taught by Rev. Christina. Free to First Parish Members; \$10.00 non-members.

Friends of Safe Harbor Cooking Class

First Wednesdays | 5-7 pm | Community Room

Make meaningful connections with new immigrants through cooking & nutrition classes, as well as English practice. FMI: Jenn McAdoo at mcadoo.jenn@gmail.com

Friends of Safe Harbor Committee

Third Wednesdays | 5:30-7pm | Youth Room

Supporting the needs of new immigrants in Portland.

FMI: Jenn McAdoo at mcadoo.jenn@gmail.com

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Join the First Parish Choir

Weekly on Thursdays | 7-9pm | Parish Hall

Come sing with us! FMI: Scott Wheatley at musicdirector@firstparishportland.org

Junior Choir meets most Sundays after service. FMI: email Scott Wheatley (above).

Concerts for a Cause

First Fridays | 7:30pm | Meeting House

Come enjoy & support Maine musicians, with a portion of proceeds benefitting local charities.

Tickets: \$15; \$10 seniors & students. FMI: musicdirector@firstparishportland.org

Chalice Groups:

Various groups meet once a month

Becoming part of a Chalice group helps you connect with others from First Parish, while exploring diverse perspectives on a particular theme each month. FMI: chalice@firstparishportland.org.

UU Go | Revolving Activities

No meetings, just get-togethers with like-minded folks who have a shared spiritual home here at First Parish.

FMI: email Patty Renaud at prenaud301@gmail.com.