

# RE-inspire Your Week

Sunday May 31	Monday June 1	Tuesday June 2	Wednesday June 3	Thursday June 4	Friday June 5	Saturday June 6
<p>It's the last day of May. Come up with a ritual for ending one month and starting a new one. Maybe you can write May a thank you note? Maybe you can right June a welcome note? Or maybe you can do both!</p>  <p>© Can Stock Photo</p>	 <p>It's Global Parents' Day. This day was proclaimed by the United Nations in 2012 and provides an opportunity to appreciate all parents in all parts of the world for their selfless commitment. Celebrate a parent today!</p>	<p>Every day is a good day to show others kindness. Spend some time this morning thinking of others and ways that you can show kindness throughout your day. Spend your day doing those acts of kindness.</p> 	 <p>Our 4th UU Principle tells us that finding out what is true for us and what means the most to us is a big part of our faith. Make two lists today. One list will be things that are important to you. The other list will be some things you believe in.</p>	<p>As Unitarian Universalists, we believe that we must be "stewards of the Earth". This means we must find ways to help the Earth. One easy things you can do is to make sure to turn off and unplug electronics like tablets when you go to bed.</p> 	 <p>Today is the start of Wear Orange Weekend. We wear orange to raise awareness about gun violence and to show others that we stand for peace and believe that the world can be a safe place for all people. To learn more visit : <a href="http://wearorange.org">wearorange.org</a></p>	<p>Spend some time outside today. While you are outside, draw or take a picture of Nature. This could be trees, flowers, birds, or anything you find inspiring. When you are done send your picture to Toben!</p> 