

September

York County

Monday	Tuesday	Wednesday	Thursday	Friday
Happy Labor Day! 1 	Happy Labor Day! 2 Hot Dog 1/2c Coleslaw 1/2c Pasta Salad Hot Dog Bun Fresh Fruit 1/2c Marshmallow Fluff	3 4oz Sloppy Joe 1/2c Roasted Sweet Potatoes 1/2c Peas 1 Hamburger Bun Oatmeal Cream Pie	4 Baked Crab Cake 1c Tomato Basil Soup 1/2c California Blend Vegetables 1 Wheat Bread 1/2c Gelatin	5 Vegetable Lasagna 1c Tossed Salad w/ Egg 1/2c Green Beans 1 Dinner Roll 1 Cookie
8 3oz Salisbury Steak w/ 2oz Gravy Baked Potato w/ Margarine 1/2c Lima Beans 1 Wheat Bread 1 Cookie	9 3oz Kielbasa w/ 1oz Sauerkraut 1/2c Homemade Haluski 1/2c Carrots 1/2c Applesauce 	10 Cheeseburger 1/2c BBQ Baked Beans 1 Hamburger Bun 1c Tossed Salad w/ Tomato 1/2c Mandarin Oranges	11 Picnic Lunch Chicken Salad with Lettuce & Tomato on Wheat Bread Macaroni Salad Pickled Beets Fresh Fruit Cookie Milk	12 3oz Open Faced Turkey Sandwich w/ 2oz Gravy 1/2c Whipped Potatoes w/ Chives 1/2c Sweet Corn 1 White Bread 1 Cookie
15 3oz Sausage Gravy 1 Biscuit 1 Egg Bite 1/2c Diced Potatoes 4oz Orange Juice	16 Swedish Meatballs (4) 1/2c Buttered Noodles 1/2c Peas 1 Dinner Roll Fresh Fruit 	17 3oz Sweet & Sour Pork 1/2c Brown Rice 1/2c Mixed Veggie 1 Wheat Bread Fresh Fruit	18 Turkey Chef Salad (2oz Turkey, Cheddar, over 1c Mixed Greens w/ Tomato) 1c Vegetable Soup 1 Dinner Roll 1/2c Gelatin	19 1c Chili 1/2oz Cheddar Cheese 1c Tossed Salad w/ Tomato Dinner Roll 1/2c Warm Applesauce
22 Potato Crusted Fish 1/2c Macaroni & Cheese 1/2c Stewed Tomatoes 1 Wheat Bread Seasonal Fresh Fruit	23 Pasta & Meatballs (4) 1/2c Pasta w/ Marinara 1/2c Italian Green Beans 1 Italian Bread 1/2c Mixed Fruit Salad	24 3oz Pork Loin w/ 2oz Creamy Mushroom Sauce 1/2c Brown Rice 1/2c Spinach Dinner Roll 1/2c Blushed Fruit	25 Picnic Lunch Tuna Salad on a Wheat Roll Fruit Juice Cucumber Salad Cookie Milk	26 Chicken Cutlet w/ 2oz Gravy 1/2c Whipped Potatoes 1/2c Carrots 1 White Bread 1/2c Pudding
29 BBQ Pork Ribette 1/2c Roasted Potatoes 1/2c Green Beans 1 Sandwich Roll 1/2c Pineapple Delight	30 3oz Roast Beef w/ 2oz Gravy 1/2c Mashed Potatoes 1/2c Coin Carrots 1 Italian Bread 1/2c Peach Crisp			