# February

***York County***

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|---|---|
| **3**<br>Creamy Parmesan Pork Chop<br>(3oz Pork, 2oz Sauce)<br>1/2c Cubed Potatoes<br>1/2c Spinach<br>1 Wheat Bread<br>Cookie | **4**<br>Chicken Bruschetta<br>(3oz Chix, 2oz Tomato, .5oz Cheese<br>1/2c Pesto Pasta<br>1/2c Capri Blend Vegetables<br>1 Dinner Roll<br>Fresh Fruit | **5**<br>1 Baked Crab Cake<br>1c Tomato Basil Bisque<br>1/2c California Blend Vegetables<br>White Bread<br>1/2c Cinnamon Apple Slices | **6**<br>1 Lasagna w/ 2oz Meat Sauce<br>1c Tossed Salad w/ Tomato<br>1/2c Green Beans<br>1 Garlic Breadstick<br>Fresh Fruit | **7**<br>1 Pizza Burger<br>(1oz Sauce, ..5oz Mozzarella)<br>1/2c Buttered Noodles<br>1/2c Carrots<br>Hamburger Bun<br>1/2c Fruit Crisp |
| **10**<br>1c Chicken & Dumplings<br>1/2c Peas & Carrots<br>Whole Grain Buttermilk Biscuit<br>Fresh Orange | **11**<br>1 Stadium Hot Dog<br>1/2c Cheesy Potatoes<br>1 Hot Dog Roll<br>1/2c Pineapple & Mandarin Oranges | **12**<br>Pasta & Meatballs (4)<br>3/4c Pasta w/ Marinara<br>1c Tossed Salad w/ Tomato<br>1 Garlic Breadstick<br>Seasonal Fresh Fruit | **13**<br>**Picnic Lunch**<br>Chicken Salad with Lettuce & Tomato on Wheat Bread<br>Macaroni Salad<br>Pickled Beets<br>Fresh Fruit<br>Cookie<br>Milk | **Happy Valentine's Day!** **14**<br>3oz Chicken Rosa<br>Baked Potato w/Sour Cream<br>1/2c Peas & Onions<br>Dinner Roll<br>Apple Pie |
| **Presidents Day!** **17**<br>**Center Closed** | **18**<br>Swedish Meatballs (4) w/ Gravy<br>1/2c Buttered Noodles<br>1/2c Peas<br>1 Dinner Roll<br>1/2c Blushed Pears | **19**<br>1c Chili<br>1/2oz Cheddar Cheese<br>1c Tossed Salad w/ Tomato<br>Cornbread<br>1/2c Applesauce | **20**<br>1 Baked Cod<br>1/2c Macaroni & Cheese<br>1/2c Stewed Tomatoes<br>1 Wheat Bread<br>Seasonal Fresh Fruit | **21**<br>Taco Salad<br>(3oz Taco Meat, .5oz Cheddar,<br>Lettuce, Tomato, Salsa)<br>Tortilla Chips<br>1c Tortilla Soup<br>1/2c Pineapple |
| **24**<br>4oz Sloppy Joe<br>1/2c Roasted Sweet Potatoes<br>1/2c Green Beans<br>1 Hamburger Bun<br>Fresh Fruit | **25**<br>3oz Chicken Breast w/ 2oz Gravy<br>1/2c Whipped Potatoes<br>1/2c Corn<br>1 Biscuit<br>1/2c Peaches | **26**<br>Turkey Chef Salad<br>(2oz Turkey, Egg, Cheddar, over<br>1c Mixed Greens w/ Tomato)<br>1c Vegetable Soup<br>1 Dinner Roll<br>1/2c Gelatin | **27**<br>**Picnic Lunch**<br>Italian Sandwich<br>Lettuce & Tomato<br>Coleslaw<br>Pasta Salad<br>Fresh Fruit<br>Milk | **27**<br>3oz Chicken Alfredo (2oz Sauce)<br>1/2c Noodles<br>1/2c Mixed Vegetables<br>1 Garlic Breadstick<br>1/2c. Warm Apple Cranberry Crisp<br>NEW ITEM |
| | | | **menu subject to change based on availability* | The Nutrition Group |