

January Newsletter

English

WHITE ROSE SENIOR CENTER



27 South Broad Street,
York PA 17403
717.843.9704

Monday through Friday
Hours: 9:00 AM - 2:00 PM



As we step into a new year together, we want to take a moment to reflect on the many meaningful experiences we shared in 2025. Whether it was joining a class, learning a new skill, lending a listening ear, or simply enjoying the company of friends, each of you helped make our center a warm and welcoming place.

January reminds us that it's never too late to try something new or rediscover activities that bring us joy. We look forward to offering programs that support your well-being—mind, body, and spirit—and provide opportunities to stay active, connected, and engaged.

Thank you for being such an important part of our community. Here's to a healthy, hopeful, and fulfilling 2026, filled with laughter, learning, and moments that matter.

Wishing you all the best in the year ahead!

*Lisa, Jenna, Brenda,
Elba, & Raquel*

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Exercise Classes

Chair Yoga w/ Stephanie
Tuesdays & Fridays @ 12:00



Zumba Gold w/ Cindy
Wednesdays @ 10:30



Spanish Bible Study
Spanish 101 Class
Alternating Mondays

English 101 Class
Every Tuesday

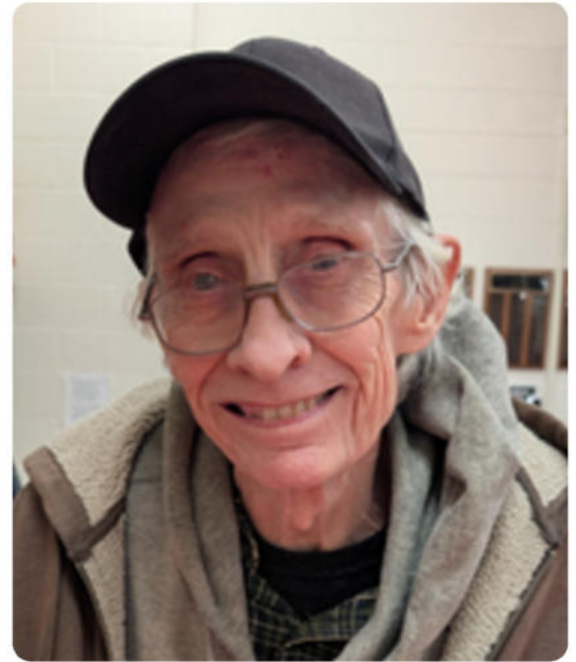
English



Yarn Crafters:
Wednesdays &
Thursdays 9-1



Senior Spotlight: Senior of the Month Frank Carroll



Nickname: Jasper

Birthday: November 7th

Favorite Hobby: Reading

Member at WRSC for 8 years.

Favorite thing about the Center:
coffee!

Favorite Quote: Is! Is! Is!

Inclement Weather Policy

In case of inclement weather, the Center may be closed. If we are closed, we will have it aired on WGAL8 TV (Channel 3 for most people) or ABC27 snow Watch (Channel 6 for most people) by 7:00 am. We will also post it to our Facebook Page. If we are open, please use your own discretion as to whether you want to come to the center or not. we appreciate when you are here; however, your safety is our number one concern.

For those wishing to donate, our most needed items right now are paper towels, napkins, and toilet bowl cleaner.

S.T.A.R.S. Senior Time Activities for Residents of Springettsbury

Registration Open!

Class: Ponce de Leon Inlet Lighthouse in Florida Watercolor Painting

Bonita Bollinger loves to alternate Florida or tropical scenes with snowy winter themes. They sometimes make us feel better! Bonita will show you how to paint this gorgeous sky and lighthouse. It is a watercolor class for beginners or intermediate folks. The watercolor painting will be done on an 8"x 10" canvas. Bonita has many tips and techniques to be successful and happy with your project!

Supplies: All items supplied by the instructor.

Instructor: Bonita Bollinger

Date: January 6, 2026

Day: Tuesday

Time: 2:00-4:00 PM

Cost: R-\$10 NR-\$15 Payable to Springettsbury Township Prior To Class

Maximum for the Class: 10 Participants



Class: Needlefelted Gnome Picture

Have fun making this cute needlefelted gnome picture with Mary Jane Miller. Using special barbed needles, we will "felt" our way to this sweet gnome amidst the sunflowers and mushrooms. You can then put it into a shadowbox frame or mount it onto a wooden plaque. No needlefelting experience needed.

Supplies: Bring a car wash sponge to work on. Mary Jane will have all other supplies needed. Instructor: Mary Jane Miller

Date: January 13, 2026

Day: Tuesday

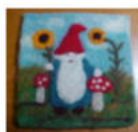
Time: 2:00-4:00 PM

Location: White Rose Senior Center.

27 S. Broad St., York, PA 17403

Cost: R-\$10 NR-\$15 Payable to Springettsbury Township Prior To Class

Maximum for Class: 8 Participants



Class: Homemade Journal Have you ever made a journal that reflects your style and personality? Join Becky Hickey to learn how to create your own personalized handmade journals using pieces of foam core, cardboard cereal box, computer paper, sketch book paper, fabric, wallpaper, buttons and other embellishments. These handmade journals are easy to make and turn out beautifully. All supplies will be provided. Supplies: Will be supplied by the instructor.

Instructor: Becky Hickey

Date: January 20, 2026

Day: Tuesday

Time: 2:00 PM to 4:00 PM

Location: White Rose Senior Center, 27 S. Broad St., York, PA 17403

Cost: R-\$10 NR-\$15 Payable to Springettsbury Township Prior To Class

Maximum for the Class: 10 Participants



For additional questions, contact Lisa Krout at White Rose Senior Center (717-843-9704), Richard Diaz, Kyle Moore, or Brandy Shope at Springettsbury Township (717-757-3521).

Class: Hot Cocoa Fun

It's cold out there but warm inside at this fun STARS Class with Janeen Hershey. This is a step-by-step instruction class. The painting is pre-drawn marshmallow figure in a cup of hot cocoa on a 16" round wooden. He is adorable and would love to be displayed at your house!

Supplies: All supplies provided by instructor.

Instructor: Janeen Hershey

Date: January 27, 2026

Day: Tuesday Time: 2:00-4:00 PM

Location: White Rose Senior Center, 27 S. Broad St., York, PA 17403

Cost: R-\$10 NR-\$15 Payable to Springettsbury Township Prior To Class

Maximum for Class: 10 participants



Class: Beautiful Bunnies

Joanne Kluk will show you how to adorn wooden bunny cutouts to make a perfect adornment for your home. Many techniques will be used including paint, designer papers, decoupage, and several choices for embellishments.

Supplies: All supplies will be provided by the instructor.

Instructor: Joanne Kluk

Date: February 10, 2026

Day: Tuesday

Time: 2:00-4:00 PM

Location: White Rose Senior Center, 27 S. Broad St., York, PA 17403

Cost: R-\$10 NR-\$15 Payable to Springettsbury Township Prior To Class

Maximum for Class: 10 Participants



Class: Bingo and Lunch at Hoss's Steak & Sea House

White Rose Senior Center and Springettsbury Township will offer "Bingo" at Hoss's Steak & Sea House. Prizes will be given to all the winners. Lunch will be served prior to Bingo. Come and join in the fun!

Date: February 24, 2026

Day: Tuesday

Time: 11:00 AM – 1:30 PM

Location: Hoss's Steak & Sea House

– 3604 E. Market St, York, PA 17402



How to Registration For the STARS Programs?

1. Go online to www.springettsbury.com and find the STARS programs.
2. Go to the Springettsbury Township Building and pay in person with this form or one you find online that you printed off, or that is in the Springettsbury Township Bulletin.
3. Or, mail the form below into Springettsbury Township.

To register for the classes, complete and detach the Registration Form below. Make your check payable to "Springettsbury Township Recreation". There is a \$10.00 registration fee for each class (except Bingo which is \$5.00) and if you are not a resident of Springettsbury Township there is an additional \$5.00 towards the class with the exception being for Bingo. The money is due prior to the class or program! Please mark the class or classes you are signing up for in the memo section of your check.

Food Programs

Fresh Express

January 8th & 22nd

- Begins at 10:00 a.m.
- Please bring your own cart, bags, or boxes. Store them on the sunporch until it's your turn.
- You will be called by table to go through the line. Please stay seated until your table is announced.
- If you missed your table's first call, don't worry—it will be called again.
- Tables are called in random order.
- We are serving approximately 180 individuals, while supplies last.



Lunch

Please pre-register for your meals at least two business days in advance so we can order enough food. Lunch is served Monday–Friday around 11:30 AM (time may vary based on deliveries). Meals are provided in takeout containers; you may eat inside or take them to go.

If you're pre-registered, please arrive on time. Lunch is served promptly after Mealtime prayer, and we will call you by table if you're eating inside.

Menu is subject to change based on Nutrition Group.

If you're taking your meal to go, you must arrive at 11:30 to ensure you receive it. After 11:45, remaining meals are given out on a first-come, first-served basis. Meals cannot be held for the next day due to limited refrigeration.



*Shop at a Mobile Produce Market stop near you and save!
We accept SNAP/EBT, cash, credit/debit, Food Bucks, FMNP checks (senior and WIC)
York Fresh Food Farms operates a nonprofit Mobile Produce Market to sell the produce harvested from York Fresh Food Farms' 4+ acre York City urban farm. The prices at the Mobile Produce Market are kept low so that everyone can afford to eat well.*

The Mobile Produce Market runs year-round, with 14 stops from June to November and a reduced schedule during the Fall and Winter.

We are open year-round! Visit us at one of the locations below.

**EVERY THURSDAY: White Rose Senior Center 27 S Broad St
10:30am–Noon**

Senior Food Boxes

Hunger Free York

York County Food Bank

SENIOR FOOD BOX PROGRAM

Every month, the Senior Food Box Program provides over 2,000 seniors with a free box of food to help stretch their incomes and improve their nutritional health. Boxes typically include milk, juice, canned meat, poultry, or fish, oats, ready-to-eat cereal, rice, pasta, dry beans, peanut butter, and canned fruits and vegetables.

Do You Qualify?

Must be 60 or older and living in York County

Monthly Income Requirements

– Household of 1: \$1,957

– Household of 2: \$2,644

**Must have valid ID*

Feed your soul with a daily Bible plan

Day 1: Matthew 4:4

Day 2: Psalm 119:130

Day 3: James 1:22

Day 4: Isaiah 40:8

Day 5: Proverbs 2:6

Day 6: Job 23:12

Day 7: Psalm 1:1-2

Day 8: John 1:14

Day 9: 2 Samuel 22:31

Day 10: Colossians 3:16

Day 11: Psalm 130:5

Day 12: Hebrews 4:12

Day 13: Deuteronomy 8:3

Day 14: John 15:7

Day 15: Romans 10:17

Day 16: Psalm 119:105

Day 17: 1 Thessalonians 2:13

Day 18: Jeremiah 15:16

Day 19: 1 Peter 1:24-25

Day 20: John 1:1-5

Day 21: Romans 15:4

Day 22: Psalm 119:11

Day 23: James 1:21

Day 24: Acts 17:11

Day 25: Psalm 33:4

Day 26: John 7:16

Day 27: Isaiah 55:11

Day 28: 2 Timothy 3:16

Day 29: Deuteronomy 8:3

Day 30: John 5:39

Day 31: Psalm 16:11

Secret Pal

Join us on Thursday, January 15th at 10:00 AM as we unwrap the excitement and reveal our Secret Pals/Pick New Pal.

To add to the celebration, please bring a small \$5 gift to exchange. Let's make this a warm and cheerful start to January—full of surprises, smiles, and winter sparkle!

Highlights

Yarn Crafters Bazaar Raised:
\$901.00!

Giving Tuesday Raised:
\$3996.75

*Michael Kohrs Aarons
Furniture Raised:*
\$356.00

Heartfelt thanks to all who supported these goals and made the fundraising possible.

Staff Directory

Executive Director - Lisa Krout
Director of Program Development - Jenna Wray
Brendaliz Gonzalez - Bilingual Program Coordinator
Raquel Rivera - Program Assistant
Elba Zambrano - Food Service & Cleaning Specialist
Cheri Bowersox - Bookkeeper

Thank you for reading!

MISC. NEWS

Closures

Thursday January 1st
(New Years Day)

Monday January 19th
(Martin Luther King)

Upcoming Events

Commodity Boxes

Monday 1/5

Fresh Express

Thursday 1/11 & 1/25

New Members

Charles E. Brown	Connie J. Fake
Sue M. Neyer	Carol E. Robinson
Donna E. Gavin	Irene De Los Santos
Madeline Bradley	Michael Showers
Francia E. De Luna	Brenda Turner
Miguel Reyes	Luis Baez

SENIOR BINGO (ages 55+)

West Manchester Bingo

Hey Seniors - this is a friendly and casual gathering where you can enjoy great conversation, light refreshments, and a few lively rounds of bingo—just for fun! It's a wonderful chance to meet new people, catch up with friends, and simply enjoy yourself in a relaxed, welcoming environment. Feel free to bring a snack to share. So, grab a friend, mark your calendar, and join us- no registration required! If you're feeling festive - dress up to the theme!

Dates/Themes: Tuesdays, 2nd of the month

January 13 (New Year), February 10 (Valentine's Day), and March 10 (St. Patty's Day)

Time: 10:30 AM - 12:00 PM

Location: Shiloh Fire Co - 2190 Carlisle Rd

Cost: FREE

Volunteers Needed



Are you passionate about giving back to the community? We are seeking dedicated volunteers to deliver Home-Delivered Meals to homebound individuals aged 60+.

Details: Mondays, Wednesdays, & Fridays

Time: 10:30-1:30 PM (Approximately)

Route Area: East of George Street in York

Deliveries: 6-28 people per route.

Training Available!

Prevent Frozen Pipes

- ✓ Open cabinet doors to circulate warmer air around plumbing.
- ✓ Let cold water drip from the faucet at a trickle.
- ✓ Don't set your temperature below 55° F.



Check on older family, friends & neighbors before, during & after winter storms.



LIHEAP helps with home heating bills, because a warm home is a safe and healthy home.



dhs.pa.gov/LIHEAP

Forms @ Center.



LIHEAP

**Friday January 9th
Entertainment by
DJ Chris Wagman**



This is a Fraud Alert issued by the York County Elder Abuse Task Force.

Periodically, members of the Task Force, along with the York County District Attorney's office who prosecute these devastating financial crimes will offer warnings about the latest financial scams targeting seniors here in York County.

Educating seniors about financial fraud is a top priority of the York County Elder Abuse Task Force. With that in mind, we want every senior in York County to remember the **3 Rs**:
Recognize a potential scam;
Refuse to make any hasty decisions; and

Report suspicious activity to police.

Stay safe and feel free to contact Area Agency on Aging at 717 771 9610 or the District Attorney Timothy Barker at the District Attorney's Office (717-771-9600) with any questions.

York County Elder Abuse Task Force



Romance Scams

While romance scams aren't new, they remain a popular scam and are a prime example of how scammers can use generative AI to trick victims.

Scammers often steal someone's identity or create fake profiles on dating and social media apps to meet victims. There's no surefire method to detect a fake. Some will use AI to deepfake video calls, and some crime organizations even force people or hire models to conduct romance scams.

After gaining your trust, the scammer might ask you to buy them something, ask for money or give you an investment "tip" that's part of the scam. Or the person may "mistakenly" send you money and ask you to send it back or forward it to someone else. If your bank later determines that their payment was fraudulent, the sum of the payment will be subtracted from your account.

You can reduce your chances of becoming a victim of a romance scam by following these proven tactics:

Reduce how much you share online. When posting on social media, dating sites or other online profiles, be cautious about how much personal information you reveal. Withhold personally identifiable information such as your hometown, home address, work specifics, phone numbers, educational background and information about your children. Scammers often use these personal details to try to appear like your perfect match.

2025-2026 Code Blue Season

York County, Pennsylvania

November 1st - March 31st

Overnight Shelters - York City:

LifePath Christian Ministries MARKET STREET CAMPUS ONLY

367 W. Market Street

ENTRY TIME: 5:30 p.m. - 6:30 p.m.

Men and Woman must register **BEFORE 5 P.M.** for a bed. Call or stop by the shelter.

Overflow Shelter

Location: 370 West Clark Avenue

Code Blue Hotline: 717-472-8911

Availability: Once LifePath's main shelter spaces are full Overflow will open as-needed
7 p.m. - 8 p.m.

Overflow Code Blue Shelter in York City will be operated by LifePath this season as a separate space; rotating churches will not be used.

Please note that overflow shelter will be operated as a separate shelter space, so those who believe they cannot shelter at LifePath can still use Overflow.

Overnight Shelters - Hanover:

Changing Lives Shelter

Location: 136 Carlisle Street

Contact: 717-633-6353

Clients must sign-up for a bed **no later than 5 p.m.** before the first night of stay.

Entry Time: 7:00 p.m. - 8:00 p.m.

Availability: 11/1 - 3/31 Open every night