

December

HIGHLIGHTS

Tuesday December 2: **Giving Tuesday**

Thursday December 4: **York County Food Bank
Commodity Supplemental Food Boxes** (Senior
Boxes)

Thursday December 4 & Friday December 5:
Yarn Crafters Bazaar

Thursday December 11: **Fresh Express Distribution**

Thursday December 18: **Special Holiday Meal from
Nutrition Group & Dessert Bar** (following Lunch)
sponsored by AmeriHealth & Community Health
Choices

Thursday December 18: 1:00-3:00 Holiday Bingo @
West Manchester Township (See Newsletter)

Thursday December 25 & Friday December 26:
Christmas. Center is Closed both Thursday & Friday.

Looking ahead: Center is closed on **New Years**,
January 1st.

Zumba will be returning on January 21st!

December



THE ROSE

White Rose Senior Center

27 South Broad Street
York PA 17403

Monday through Friday
Office Hours: 8:00 AM - 4:00 PM
In Person: 9:00 AM - 2:00 PM

717-843-9704

www.whiteroseseniorcenter.org





30 Days of
Christmas
**Bible
Readings**

Day 1 - Isaiah 9:2	Day 16 - Luke 1:5-17
Day 2 - Isaiah 9:6-7	Day 17 - Luke 1:18-25
Day 3 - Genesis 3:15	Day 18 - Luke 1:26-38
Day 4 - Isaiah 7:14	Day 19 - Luke 1:39-45
Day 5 - Isaiah 11:1-4	Day 20 - Luke 1:47-56
Day 6 - Isaiah 40:9-11	Day 21 - Luke 1: 57-66
Day 7 - Isaiah 42:1-4	Day 22 - Luke 1:67-80
Day 8 - Isaiah 61:1-3	Day 23 - Matthew 1:18-24
Day 9 - Jeremiah 23:5-6	Day 24 - Luke 2:1-7
Day 10 - Micah 5:2-4	Day 25 - Luke 2:8-20
Day 11 - Zechariah 9:9-10	Day 26 - Matthew 2:1-6
Day 12 - Isaiah 52:7-10	Day 27 - Matthew 2:7-12
Day 13 - Isaiah 40:1-5	Day 28 - Matthew 2:13-15
Day 14 - Isaiah 53:1-5	Day 29 - Matthew 2:16-18
Day 15 - John 1:1-5	Day 30 - Matthew 2:19-23

Tuesday December 16th

10:00 **Pictures with Santa** (Spirit Day: Wear your Nice Holiday Attire)

Tuesday December 23rd

10:00 **Holly Jolly Potluck**

Please bring an item (prepackaged, sealed, and within date to share. Please see sign up sheet)



Please join us for some Christmas
fun!



All are invited to bring your holiday shopping list on Thursday

December 4th &

Friday December 5th

9:00-1:00

The Yarn Crafters will have a variety of hand crocheted, and hand knit items for sale.



Monday 12/1

Christmas Sweater Day

Tuesday 12/2

Pajama Day (Appropriate)

Wednesday 12/3

Christmas Hats/Headbands

Thursday 12/4

Christmas Jewelry

Friday 12/4

Snowman (Wear White)

Monday 12/8

Christmas Sweater Day

Tuesday 12/9

Christmas Leggings

Wednesday 12/10

Reindeer Attire

Thursday 12/11

Ugly Sweater Day

Friday 12/12

Santa (Wear Red)

Monday 12/15

Christmas Sweater Day

Tuesday 12/16

Wear your nice Holiday Attire

Wednesday 12/17

Christmas Socks

Thursday 12/18

Silver & Gold

Friday 12/19

Grinch (Wear Green)



Monday 12/22

Christmas Sweater Day

Tuesday 12/23

Spirit Wear: Plaid

Wednesday 12/24

Christmas Hats/Headbands

Wednesday 12/31

Wear your Flashy New Years Attire!





Please remember to pre-register for your meal, so we can order enough meals.

Lunch will be served inside by takeout containers. You are welcome to eat inside the building, or take your meal to go. Lunch will be served Monday through Friday, at approximately 11:30 (please know that this is subject to change based on delivery times from Nutrition Group- our food provider). It is your responsibility to Pre-Register for your own meals (We will train you on Co-Pilot and ask that you pre-register *at least* two business days in advance).

Lunches *cannot* be held for the following day due to limited refrigerator space.

Lunch will be served at 11:30 promptly following our Mealttime prayer. If you are pre-registered for your lunch, please be here on time. We will call you to retrieve your lunch by the table you are seated at (if you choose to eat inside).

For those who are grabbing their meals and leaving, it is important that you are here at 11:30 to ensure you receive your meal. After 11:45 we start distributing meals on a first come, first served basis. *** Menu is always subject to change based on Nutrition Group***

Thank you for your cooperation!

Please avoid disturbing kitchen staff between 10:45 AM and 11:30 AM.

During this time, ensuring that meals are served on time is our top priority. Thank you for your understanding and cooperation.

Welcome

Diana Negron
MaryJones
Elisabeth “Beth” E. Mills
Maria Beltran
Mary T. Biggs
Susan Zisfain
Brian Thomas
Catherine “Cathy”
Schuchart
Barry Copenheaver

Kenneth Strayer
Linda McAdams
Kristi Olsen
Elston Kinsey
Norman Morgan
Linda Capps
Debasish Mukherjee
Marie Mosley
Susan Doyle

White Rose Senior Center Staff

Lisa Krout Executive Director

Jenna Wray Director of Program Development

Brendaliz Gonzalez Bilingual Program Coordinator

Raquel Rivera Program Assistant

Noemi Zambrano Food Service & Cleaning Specialist

In Loving Memory of Chotz Grove Customer Service

Cheri Bowersox Bookkeeper



Senior of the Month: Kay Cobb

was our November Senior of the Month!

Individuals who eat their lunch inside will be selected at random to be Senior of the Month. This grants the person selected **FIRST** for everything, starting at the beginning of the month and run through the end. You will also be highlighted in our newsletter for the following month. A new person will be selected monthly.



FRESH EXPRESS

Fresh Express Distribution will begin at 10:00 a.m. Please bring your cart, bags, or boxes inside to go through the line and receive your products. All carts and bags should be stored on the sunporch until it's your turn.

You will be called by table to come forward and collect your items.

Do not come up until your table is announced. If you arrive at a table that has already been called, don't worry—it will be called again. Please remain seated until your table's turn.

Tables will be called in a **Random Order**. We are serving approximately 180 individuals, while supplies last. Please remember, we do not provide bags or boxes.

Thursday December 11th

Please note, there will only be **ONE** distribution this month due to the Holiday!



In striving to provide nutritious food to our neighbors in need, the Central Pennsylvania Food Bank operates an extensive Fresh Express Program that directly supports low-income communities where residents experience chronic hunger and food insecurity.

Since these products have a short shelf life, the Food Bank collaborates with partner agencies to distribute fresh produce and dairy products received annually from both local and national donors directly to our neighbors in need.



Yoga with Stephanie
Strength & Balance
Tuesdays 12:00–1:00
Chair Yoga
Fridays 12:00–1:00

ESTUDIO BÍBLICO EN ESPAÑOL

Lunes Alternados
@ 12:30 pm
Ver Calendario

on**th**emove

Group Exercise for Improved Mobility in Older Adults®
with Stephanie
Mondays & Thursdays @ 12:00



Yarn Crafters
Wednesdays
& Thursdays
9:00–2:00

Hunger Free York

York County Food Bank

SENIOR FOOD BOX PROGRAM

Every month, the Senior Food Box Program provides over 2,000 seniors with a free box of food to help stretch their incomes and improve their nutritional health. Boxes typically include milk, juice, canned meat, poultry, or fish, oats, ready-to-eat cereal, rice, pasta, dry beans, peanut butter, and canned fruits and vegetables.

Do You Qualify?

Must be 60 or older and living in York County
Monthly Income Requirements

- Household of 1: \$1,957
- Household of 2: \$2,644

**Must have valid ID*



Senior Holiday Bingo:

1:00-3:00 on Thursday 12/18 (Cost:
\$8.00/Resident, \$12.00/Non-resident)

West Manchester Township

10:30-12:00 @ Shiloh Firehall
(2190 Carlisle Road)

GIVING TUESDAY – DECEMBER 2, 2025

Deck^{the}Halls

Support White Rose Senior Center

This Giving Tuesday, make an impact that lasts all year long!
Your gift directly supports White Rose Senior Center
and our daily operations, helping us continue to serve
older adults (age 60+) throughout York County.

Every donation helps us offer engaging programs, wellness
activities, and a welcoming space where seniors can stay
active, independent, and connected.

Together, we can make a difference in the lives of our seniors!
Donate on December 2, 2025 — every dollar counts!

Kicking off the last week of November!

Join us as we “Deck the Halls” and transform our Center just in
time for Christmas!

Your participation and financial contributions support WRSC
initiatives and help us create a festive, joyful atmosphere for all
our members.

💎 Diamond Sponsor: \$500

☀️ Platinum Sponsor: \$250

🥇 Gold Sponsor: \$100

🥈 Silver Sponsor: \$50

🥉 Bronze Sponsor: \$25



CODE BLUE 2025

MARKET STREET CAMPUS ONLY

367 W. Market Street

ENTRY TIME: 5:30 pm- 6:30 pm

- Men and Women must register **BEFORE 5pm** for a bed. Call or stop by the shelter.
- A bed is held once registered until a night is missed.
- If you miss a night, you **MUST** re-register.
- Public Showers available every day from 1pm-3pm.

ONCE SHELTERS ARE FULL THE

OVERFLOW SHELTER IS ACTIVATED

- Overflow Code Blue Shelter entrance is 370 W. Clark Ave. (Rear Entrance of LifePath).
- **Overflow Shelter Entry Time:** 7 pm- 8 pm

SEE STAFF FOR DETAILS



(717) 472-8911



IN CASE OF INCLEMENT WEATHER, THE CENTER MAY BE CLOSED. IF WE ARE CLOSED, WE WILL HAVE IT AIRED ON WGAL8 TV (CHANNEL 3 FOR MOST PEOPLE) OR ABC27 SNOW WATCH (CHANNEL 6 FOR MOST PEOPLE) BY 7:00 AM. WE WILL ALSO POST IT TO OUR FACEBOOK PAGE. IF WE ARE OPEN, PLEASE USE YOUR OWN DISCRETION AS TO WHETHER YOU WANT TO COME TO THE CENTER OR NOT. WE APPRECIATE WHEN YOU ARE HERE; HOWEVER, YOUR SAFETY IS OUR NUMBER ONE CONCERN.



Holiday Meal & Dessert Bar

Join us for two special holiday celebrations, each featuring a delicious Nutrition Groups Holiday Meal followed by a festive Holiday Dessert Bar, proudly sponsored by AmeriHealth Caritas PA & Community Health Choices. Enjoy a warm meal, sweet treats, and joyful community connection!

December 18 – **Christmas Special:**

Chicken Cordon Bleu with Whipped Potatoes, Sweet Peas & Carrots, Dinner Roll, Apple Pie

Holiday Dessert Bar to follow lunch

Please RSVP to reserve your spot.



Blue Christmas: A Somber Celebration

During the Christmas season, its beauty may remind us of the people and experiences we've lost. This service creates space to remember those losses and to look toward hope and peace.

**Friday December 19th
@ 10:00**



S.T.A.R.S.Senior Time Activities for Residents of Springettsbury (For Active Adults 50 and over)

Class: Ponce de Leon Inlet Lighthouse in Florida Watercolor Painting

Bonita Bollinger loves to alternate Florida or tropical scenes with snowy winter themes. They sometimes make us feel better! Bonita will show you how to paint this gorgeous sky and lighthouse. It is a watercolor class for beginners or intermediate folks. The watercolor painting will be done on an 8"x 10" canvas. Bonita has many tips and techniques to teach you how to be successful and happy with your project!

Supplies: All items supplied by the instructor.

Instructor: Bonita Bollinger

Date: January 6, 2026

Day: Tuesday

Time: 2:00-4:00 PM **Location:**

White Rose Senior Center, 27 S. Broad St., York, PA 17403

Cost: R-\$10 NR-\$15 Payable to Springettsbury Township Prior To Class

Maximum for the Class: 10 Participants



Class: Needlefelted Gnome Picture

Have fun making this cute needlefelted gnome picture with Mary Jane Miller. Using special barbed needles, we will "felt" our way to this sweet gnome amidst the sunflowers and mushrooms. You can then put it into a shadowbox frame or mount it onto a wooden plaque. No needlefelting experience needed.

Supplies: Bring a car wash sponge to work on. Mary Jane will have all other supplies needed.

Instructor: Mary Jane Miller

Date: January 13, 2026

Day: Tuesday

Time: 2:00-4:00 PM

Location: White Rose Senior Center. 27 S. Broad St., York, PA 17403

Cost: R-\$10 NR-\$15 Payable to Springettsbury Township Prior To Class

Maximum for Class: 8 Participants



Class: Homemade Journal Have you ever made a journal that reflects your style and personality? Join Becky Hickey to learn how to create your own personalized handmade journals using pieces of foam core, cardboard cereal box, computer paper, sketch book paper, fabric, wallpaper, buttons and other embellishments. These handmade journals are easy to make and turn out beautifully. All supplies will be provided. **Supplies:** Will be supplied by the instructor.

Instructor: Becky Hickey

Date: January 20, 2026

Day: Tuesday

Time: 2:00 PM to 4:00 PM

Location: White Rose Senior Center, 27 S. Broad St., York, PA 17403

Cost: R-\$10 NR-\$15 Payable to Springettsbury Township Prior To Class

Maximum for the Class: 10 Participants



S.T.A.R.S.Senior Time Activities for Residents of Springettsbury (For Active Adults 50 and over)

Class: Hot Cocoa Fun

It's cold out there but warm inside at this fun STARS Class with Janeen Hershey. This is a step-by-step instruction class. The painting is pre-drawn marshmallow figure in a cup of hot cocoa on a 16" round wooden. He is adorable and would love to be displayed at your house!

Supplies: All supplies provided by instructor.

Instructor: Janeen Hershey

Date: January 27, 2026

Day: Tuesday **Time:** 2:00-4:00 PM

Location: White Rose Senior Center, 27 S. Broad St., York, PA 17403

Cost: R-\$10 NR-\$15 Payable to Springettsbury Township Prior To Class

Maximum for Class: 10 participants



Class: Beautiful Bunnies

Joanne Kluk will show you how to adorn wooden bunny cutouts to make a perfect adornment for your home. Many techniques will be used including paint, designer papers, decoupage, and several choices for embellishments.

Supplies: All supplies will be provided by the instructor.

Instructor: Joanne Kluk

Date: February 10, 2026

Day: Tuesday

Time: 2:00-4:00 PM

Location: White Rose Senior Center, 27 S. Broad St., York, PA 17403

Cost: R-\$10 NR-\$15 Payable to Springettsbury Township Prior To Class

Maximum for Class: 10 Participants



Class: Bingo and Lunch at Hoss's Steak & Sea House

White Rose Senior Center and Springettsbury Township will offer "Bingo" at Hoss's Steak & Sea House. Prizes will be given to all the winners. Lunch will be served prior to Bingo. Come and join in the fun!

Date: February 24, 2026

Day: Tuesday

Time: 11:00 AM – 1:30 PM

Location: Hoss's Steak & Sea House – 3604 E. Market St, York, PA 17402

Cost: \$5.00 payable to Springettsbury Township prior to the class for bingo. (No Resident / Non-Resident Differentiation); Lunch is on your own. (Approximately \$11.00-\$13.00 for your meal and beverage) You must eat there to play bingo!

For additional questions, contact Lisa Krout (717-843-9704)

