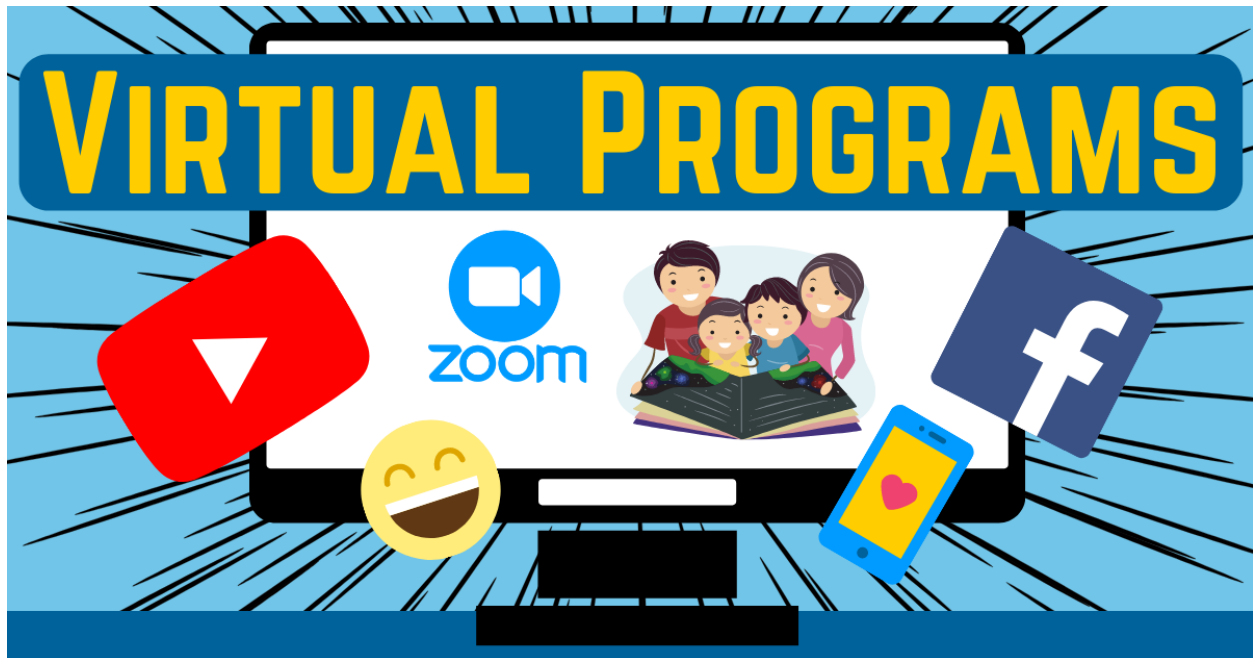




January 2021 York County Senior Center Virtual Programs – vol.1

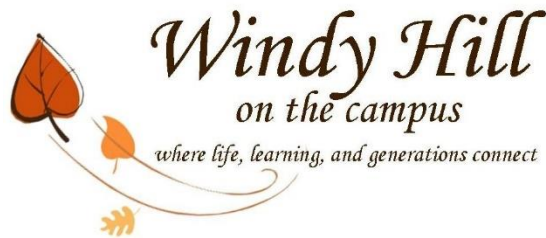


Some York County Senior Centers Have Decided to Share Virtual Programming So More People Can Stay Connected!!!

Lisa Krout, from White Rose Senior Center, is taking the lead of coordinating the links for this Pilot Idea from the Centers who would like to participate. Many Centers in York County are doing Zoom, Facebook Live, and other platforms but we are finding that perhaps a handful of our members are participating. Lancaster County started a Virtual Senior Center in October 2020 and this idea was something that a few Directors in York thought of when the Pandemic hit early on.

Each Center who wants to participate is to email Lisa with their programs for the upcoming month. She will compile a list and send it out to each Center to distribute to their members. We are asking each Center not to publicize the passcodes everywhere on social media due to the fact that whomever is hosting the zoom class may get Zoom Bombed. *What is this you ask?* They are people can get your zoom meeting and cause disruptive behavior that often results in the host having to stop the session.

If this is successful and grows over the next few months, the York County Senior Centers want to expand it and perhaps create a Virtual Senior Center in York County. We are actively looking for financial support of the project. Even when we reopen, we all see this as a way to stay connected to many homebound and isolated older adults!



1472 Roths Church Rd #103, Spring Grove, PA 17362
717-225-0733
www.windyhillonthecampus.org

Virtual Programs for January 2021

Questions - Contact Windy Hill on the Campus at 717-225-0733

Thursday, January 7, 10 a.m. - **Scott Mingus; "The Women of York County during the Civil War"** - **Zoom** ID: 885 2905 9706 passcode 1472

Thursday, January 14, 10 a.m. - **Pivot Physical Therapy on Understanding your Insurance** - Need to pre-register by calling or emailing Nancy at 717-225-0733 X-0 or info@windyhillonthecampus.org

Thursday, January 14, 11 a.m. - **Paul Berg, Former US Diplomat and World Traveler "Food and Travel"** - **Zoom** ID: 863 3419 2299
Passcode 1472

Thursday, January 21, 10 a.m. - **Painting with Pat Isch** - (Art Kits available for purchase for \$10) - **Zoom** ID: 843 3564 5505 passcode 1472

Fridays, January 15th & 22nd - **Virtual Bingo** - Will Need to Print Cards - **Zoom** Meeting ID: 835 2208 1494 Passcode 1472

Chair Exercise - Every Monday & Wednesday - 12:30 p.m. - Windy Hill on the Campus - **Facebook Live**: - <https://www.facebook.com/WindyHillOTC>

Every Tuesday at 10 a.m. - **Sowing Seeds with Nancy Prayer Group** - **Zoom** ID: 893 5301 5178 passcode 1472



White Rose Senior Center
27 S. Broad St., York, PA 17403
717-843-9704
www.whiteroseseniorcenter.org

Virtual Programs for January 2021

Questions - Contact White Rose Senior Center at 717-843-9704

Friday, January 8, 2021 @ 1:00 – **Facebook Live: Fairy Friday Drawing** (*This is WRSC Members Currently*) – <https://www.facebook.com/whiteroseseniorcenter>

Tuesday, January 12, 2021 @ 12:00 – **Facebook Live: Coloring Contest Judging**
<https://www.facebook.com/whiteroseseniorcenter>
(*We will email you the coloring page January 6th. Email- lisa@whiteroseseniorcenter.org. Coloring Page due back by January 11th.*)

Friday, January 15, 2021 @ 10:00 – **Facebook Live: Flashback Friday *1900's***
<https://www.facebook.com/whiteroseseniorcenter>

Friday, January 15, 2021 @ 2:00 – **Facebook Live: Winter Hangman**
<https://www.facebook.com/whiteroseseniorcenter>

Friday, January 22, 2021 @ 1:00 – **Facebook Live: Fairy Friday Drawing** (*This is WRSC Members Currently*) – <https://www.facebook.com/whiteroseseniorcenter>



736 Wyndamere Rd., Lewisberry, PA 17339 * 717-938-4649 * Jen Washburn, Director

Please be sure to call or email the center to register for any of this month's programs. Upon registration, Jen will send you the Zoom link(s), or simply use the meeting IDs and passcodes listed below. As always, iPads with Zoom installed are available to borrow from the center. If you need help learning how to use Zoom, please call and we will get you set up!

Virtual Tea Party - Did you know that January is National Hot Tea month? We typically have a tea party here, but in lieu of an in person gathering, join us virtually on Zoom! Come for the tea and stay for warm conversation on Wednesday, 1/6 at 1:30. Let us know if you would like to borrow one of our 'fancy' tea cups! Meeting ID 878 5479 3494, Passcode **346590**



WITF Mind Matters: Lottery Frauds and Sweepstakes Scams - That free, all-inclusive vacation —is it too good to be true? Did you really win a lottery you don't remember entering? Are free contests really free? Pennsylvanians report more than 50,000 cases of fraud to the Federal Trade Commission each year. Don't fall for these classic phone and mail scams. Get common sense advice and learn to spot "Red

Flags" that will help protect you from consumer fraud on Tuesday, 1/12 at 1:30.
Meeting ID 836 0435 6460, Passcode **128732**

Staying Fit at Home - Monica from Phoenix Physical Therapy will talk about ways to stay active at home and will demonstrate some exercises to keep you moving. This will be an interactive program via Zoom on Wednesday, 1/13 at 1:00. Meeting ID 885 9761 4174, Passcode **802174**



Pine Cone Gnome Craft - Our next craft will be on Monday, 1/25 at 1:00. See the picture (on left) to see an example. Please sign up by 1/20 so we may provide you with supplies. Meeting ID 879 1420 6980, Passcode **445382**