June

York County

Monday	Tuesday	Wednesday	Thursday	Friday
The Nutrition Group				**menu subject to change*
3 1c Stuffed Pepper Casserole 1/2c Wax Beans 1/2c Peas & Carrots 1 White Bread 1/2c Pudding	**4** Sweet & Sour Pork 1/2c. Rice 1/2c Mixed Vegetables 1 Wheat Bread Seasonal Fresh Fruit	**5** Turkey Chef Salad (2oz Turkey, 1oz Cheddar, over 1c Mixed Greens w/ Tomato) 1c Vegetable Soup w/ Crackers 1 Dinner Roll 1/2c Gelatin	**6** 4oz Sloppy Joe Baked Potato 1/2c. Green Beans 1 Hamburger Bun 1/2c. Apple Crisp	**7** Parmesan Chicken Over 1/2c. Lemon Asparagus Pasta 1c. Tossed Salad W/Tomato 1 Breadstick Seasonal Fresh Fruit
10 Swiss Steak w/ 2oz Onion Gravy 1/2c Parsley Potatoes 1/2c Carrots 1 Wheat Bread 1/2c Blushed Pears	**11** Creamy Vegetable Lasagna .5oz Shredded Mozzarella 1c Tossed Salad 1 Garlic Breadstick 1/2c Peaches w/ 1/4c Cottage Cheese	**12** Creamy Garlic Chicken Breast 1/2c Buttered Noodles 1/2c Spinach 1 Wheat Bread 1/2c Mandarin Oranges NEW ITEM	**13** **Picnic Lunch** Sliced Turkey on Whole Wheat Bread Lettuce & Tomato Potato Salad Fresh Fruit Brownie Lemonade	**14** Baked Meatloaf w/ Gravy 1/2c Mashed Potatoes 1/2c Peas 1 White Bread 1/2c Gelatin
17 Creamy Parmesan Pork Chop 1/2c Diced Redskin Potatoes 1/2c Green Beans 1 Dinner Roll 1/2c Pineapple Tidbits Cookie	**18** Pasta & Meatballs (4) 1/2c Pasta w/ Marinara 1c Tossed Salad w/ Tomato 1 Garlic Breadstick 1/2c Mixed Fruit Salad	**19** Grilled Chicken Caesar Salad 1c Mixed Greens (3 oz Diced Chix 1t Parmesan, Tomato, Croutons) 1c Cream of Broccoli Soup Dinner Roll 1/2c Blushed Pears	**20** Cheese Omelet 1 Sausage Patty 1/2c Breakfast Potatoes 1 English Muffin w/ Jelly 4oz Apple Juice	**21** Mango BBQ Chicken Breast 1/2c. Brown Rice 1/2c. Carrots Wheat Bread Fresh Orange
24 Stadium Hot Dog 1/2c Cheesy Potatoes 1/2c Green Beans 1 Hot Dog Roll 1/2c Pineapple & Mandarin Oranges	**25** Breaded Cod w/ Tarter Sauce 1/2c White Rice 1/2c Island Blend Vegetables 1 Hamburger Bun 1/2c Cinnamon Applesauce	**26** Pot Roast w/ Gravy 1/2c Mashed Potatoes 1/2c Mixed Vegetables 1 White Bread 1/2c Peach Crisp	**27** **Picnic Lunch** Chicken Salad w/Lettuce & Tomato on Wheat Roll Macaroni Salad Pickled Beets Fresh Fruit Cucumber Salad / Cookie Iced Tea	**28** Pesto Chicken 1/2c. Buttered Pasta 1c. Tossed Salad w/ tomato & dressing Dinner Roll Seasonal Fresh Fruit NEW ITEM