JULY 2024 HIGHLIGHTS

Commodity Supplemental Food Box for Seniors, Puzzle Packets Please Note Change: (We are closed on July 4th which effects delivery of York County Food Boxes) Boxes will be available on Friday June 28th for July Distribution. Please Plan to pick up your box on Friday June 28th or Monday July 1st from 9:30-1:00 pm.

Wednesday July 10th 9:30 **Cake War Contest Entries Due, Judging @ 10:30.**

Thursday July 11th & July 25th **Fresh Express**

Saturday July 13th Cash & Gift Card Bingo:
$20 Tickets in Advance, $25 at the door.
Refreshments available for purchase. (No Outside food or drinks)
Doors open @11:00, Bingo Starts @12:00. Extra Strips $3.00, 50/50 Raffle, SMALL GAMES OF CHANGE

Every Thursday 10:00-12:00 **York Fresh Food Farms Mobile Produce Market:**

JULY 2024

THE ROSE

White Rose Senior Center



27 South Broad Street
York PA. 17403
717-843-9704

MONDAY THROUGH FRIDAY
OFFICE HOURS: 8:00 A. M.– 4:00 P. M.
IN PERSON: 9:00 AM 2:00 PM
www.whiteroseseniorcenter.org



Senior of the Month: Karen Doweary



Individuals who eat their lunch inside will be selected at random to be Senior of the Month. This grants the person selected FIRST for everything, starting at the beginning of the month and run through the end. You will also be highlighted in our newsletter for the following month. A new person will be selected monthly.

Welcome

Sherry Mathis
Edwin Rodriguez
Michael Gillespie
John W. Johnson
Rick Chesek
Tammy Chesek
Tim A. Copenhaver
Jon E. Zutell
Dianne Zutell
Corlyn Griggs
Joan Ketterman
Keith Waugh
Gary Ruhlman
Charlotte Carter

White Rose Senior Center Staff

Lisa Krout *Executive Director*
Jenna Wray *Program Coordinator*
Brendaliz Gonzalez *Bilingual Program Coordinator*
Raquel Rivera *Program Assistant*
Elba Zambrano *Food Service & Cleaning Specialist*
Chotz Grove *Customer Service*
Cheri Bowersox *Bookkeeper*

Street Sweeping

The First Tuesday and First Thursday of each month is Street Sweeping.



There is NO Parking on the far side of Broad Street (First Tuesday) from 7:15am-11:45am. and NO Parking the close side of Broad Street (First Thursday)from 12:45pm-3:15pm.

You will be ticketed!



FRIENDLY REMINDER: IF YOU ARE SICK, PLEASE REFRAIN FROM COMING TO THE CENTER UNTIL YOU ARE FEELING WELL. Reduce the spread of germs by WASHING YOUR HANDS OFTEN AND THOROUGHLY, and by STAYING HOME WHEN YOU ARE FEELING UNDER THE WEATHER.

Thank you for your cooperation 😊



Hunger Free York

York County Food Bank

The Senior Box Program is a federal initiative designed to improve the health and nutrition of income eligible seniors. Seniors receive a box of free food each month, which helps stretch their limited income.

Every month, the Senior Food Box Program provides over 2,000 seniors with a free box of food to help stretch their incomes and improve their nutritional health. Boxes typically include milk, juice, canned meat, poultry, or fish, oats, ready-to-eat cereal, rice, pasta, dry beans, peanut butter, and canned fruits and vegetables.

Do You Qualify?

Must be 60 or older and living in York County
Monthly Income Requirements
– Household of 1: $1,580
– Household of 2: $2,137
*Must have valid ID

If you do not receive your box for (3) months, York County Food Bank will remove you from the list!

Mark your calendars! **VOUCHERS**

9-11:30 & Wednesday August 7th

2024 Senior Farmers Market Nutrition Program



Eligible seniors can receive $50 worth of vouchers for purchase of fresh fruit and vegetables grown in PA. Vouchers are redeemable June 1 – Nov 30 at participating Farmers Markets throughout PA.

Distribution will be **IN-PERSON ONLY** from June 1 – September 30, or until supplies last. **No application needed. VOUCHERS WILL NOT BE MAILED.**

ELIGIBILITY: Seniors must show proof of age & York County residency at distribution site.
(PA driver's license or PA ID are recommended)

- Must be 60 years of age by December 31, 2024
- Must be a York County resident
- 2024 Gross Annual Income can be no more than:

$ 27,861/ year; or $ 2,322/ month for an individual

$ 37,814/ year; or $ 3,151/ month for a 2 person household

$ 47,767/ year; or $ 3,980/ month for a 3 person household

(Pending final notification from PA Dept. of Agriculture)

PROXY FORMS are required for an eligible senior authorizing another person to pick up the vouchers for them. ***This includes POA's, spouses, family members, etc.***

IDENTIFICATION FOR BOTH THE SENIOR AND PROXY IS REQUIRED!

2024 Proxy forms are available:

- On our website www.ycaaa.org
- York County Senior Centers
- York County Area Agency on Aging office:
  2401 Pleasant Valley Rd, York PA 17402
  (717) 771-9610 for directions or questions.

Seniors living in nursing homes, personal care homes, or other residential facilities where meals are provided are not eligible.

Sponsored by the York County Area Agency on Aging, in conjunction with the PA Department of Agriculture.

SEE DISTRIBUTION SCHEDULE ON REVERSE SIDE

27 South Broad Street, York PA 17403

White Rose Senior Center's Cash & Gift Card

BINGO

Saturday

JULY 13

Doors open @ 11
Bingo starts @ 12

$20 Advanced Tickets,
$25 At The Door

Refreshments available for purchase. Extra Strips $3.00, 50/50 Raffle, Small Games of Chance.



Lisa Krout:
717-843-9704

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Yarn Crafters

EVERY WEDNESDAY
& THURSDAY
9:00-2:00

Strength & Balance Chair Yoga

w/ Stephanie

NEW! **Tuesdays**
w/ Stephanie
12:00-1:00



Chair Yoga

w/ Stephanie
Fridays
12:00-1:00





Book Club

2nd & 4th Tuesday
10:30 AM
Led by Marakay

Fresh EXPRESS

Fresh Express will continue to be distributed at approximately 10:00 am. You are expected to come inside with your cart/bags/boxes to go through the line and have your products handed off to you. You will not go through the line until your table is called up to retrieve your products.

Tables will be called in a **Random Order**.

We are serving approximately 180 individuals, while supplies last. **You will not go through the food line until your table is called, by the table you are seated at.** Please remember, we do not provide bags or boxes.

July 11th & July 25th

Wednesday July 10th 9:30

Cake War Contest Entries Due

Judging @ 10:30.



Compete in a Grueling Competition

Wow the Judges, Walk away the Winner

Do you have what it takes to Bake the Best Cake!?
Participants will be able to sign up.
Judging will take place by 5 Volunteers.
Judging will be by *Taste, Texture, Presentation, and Creativity!*
Please note: in order to participate, cake must be prepared in a clean and sanitary kitchen. Staff reserves the right to turn away

July

The Power of Trusting God

- Day 1: Proverbs 3:5-6
- Day 2: Psalm 20:7
- Day 3: Psalm 40:4
- Day 4: Psalm 118:8
- Day 5: Psalm 146:3
- Day 6: Proverbs 11:28
- Day 7: Proverbs 28:26
- Day 8: Isaiah 2:22
- Day 9: Jeremiah 17:5
- Day 10: Psalm 37:3-5
- Day 11: Psalm 143:8
- Day 12: Proverbs 16:3
- Day 13: Jeremiah 29:11
- Day 14: Joshua 1:9
- Day 15: Psalm 56:3-4
- Day 16: Psalm 112:7
- Day 17: Isaiah 41:10
- Day 18: John 14:1
- Day 19: Hebrews 13:6
- Day 20: Psalm 31:14-15
- Day 21: Psalm 91:1-6
- Day 22: Proverbs 29:25
- Day 23: Psalm 9:10
- Day 24: Isaiah 26:3-4
- Day 25: Mark 11:24
- Day 26: Romans 4:20-21
- Day 27: Isaiah 26:3
- Day 28: Jeremiah 17:7-8
- Day 29: Psalm 28:7
- Day 30: Proverbs 28:25
- Day 31: John 14:27

awomenaftergodsownheart.org

Bible Study with Ken Gilbert

1st & 3rd Wednesday

10:00-11:00

White Rose Senior Center is offering a **Cancer Support Group** to our Members who are 60+. The group is open to those who are fighting cancer and those who are cancer free. We meet monthly and the next session will be Monday, June 17, 2024 at 12:00 on our enclosed sunporch.



Two sessions have been conducted and great information has been shared. The group is informal and things discussed and shared, remain in this room.

We welcome new members and look forward to being a help to all in need.

"Together we're stronger than cancer".
Together We Can, I Can.

Senior Bingo Dates

Bingo with West Manchester Township



Hey Seniors! Do you want to meet some new friends? Socialize? Snack and play bingo for fun? Join Lori and Kristi at the Shiloh Fire Department located at 2190 Carlisle Road, York PA 17408, from 10:30 – Noon. If you want, bring a snake to share. There is no cost for this activity so mark your calendars and bring a friend.

Tuesday July 9

Tuesday August 13

Tuesday September 10





Remember, you must pre-register for your meal.

This is to ensure that we order enough meals. Lunch will be served inside by takeout containers. You are welcome to eat inside the building, or take your meal to go. Lunch will be served Monday through Friday, **at approximately 11:30** (please know that this is subject to change based on delivery times from Nutrition Group- our food provider). It is your responsibility to **Pre-Register** for your own meals (**We will train you on Co-Pilot and ask that you pre-register** *at least* **two business days in advance**). Lunches *cannot* be held for the following day due to limited refrigerator space. With **in person operating hours of 9am-2pm,** we are hopeful you will join us inside! Lunch will be served at 11:30 promptly following our Meal Time prayer. If you are pre-registered for your lunch, **please be here on time.** We will call you to retrieve your lunch by the table you are seated at (if you choose to eat inside).

For those who are grabbing their meals and leaving, it is important that you are here AT **11:30** to ensure you receive your meal. After **11:45** we start distributing meals on a first come, first served basis.

*** Menu is always subject to change based on Nutrition Group***

Thank you for your cooperation!

Who's That Baby?



Kicks off on Monday July 1st. Bring in a Baby Photo. Please keep it a secret so other's can guess who is who! Game will ensue once all entries have been recieved!

DPO-87 11-23

myPATH | PENNSYLVANIA TAX HUB

Pennsylvanians can visit **mypath.pa.gov** to file Property Tax/Rent Rebate applications. Applicants will be asked to provide specific information on income received and property taxes or rent paid.

Benefits of filing electronically using myPATH include:

- Fast processing and direct deposit
- Error-reducing automatic calculators
- Security features to safeguard sensitive information
- User-friendly features not available when filing by paper
- The "Where's My Rebate?" system to track the status of a claim online



It's free to apply for a rebate and assistance is available at hundreds of locations across the state, including Department of Revenue district offices, local Area Agencies on Aging, senior centers, and state legislators' offices. Applicants are encouraged to call ahead to confirm whether an appointment is required.

Applicants who wish to file by paper may obtain Property Tax/Rent Rebate claim forms (PA-1000) and related information at revenue.pa.gov/ptrr or by calling 1-800-362-2050.

Applicants must apply every year because rebates are based on annual income and property taxes or rent paid during the prior year. Applicants need to include all of the required documentation for the claim year when filing. This information is needed whether filing online or by paper.

Visit mypath.pa.gov to access the Department of Revenue's online filing system.

ONLINE CUSTOMER SERVICE CENTER
revenue.pa.gov/help

PROPERTY TAX/RENT REBATE INFO
1-888-222-9190

STARS CHECK OUT THE S.T.A.R.S. PROGRAMS

"S.T.A.R.S." stands for "Senior Time Activities for Residents of Springettsbury", although any person, 50 and over, are welcome to attend. The Summer 2024 classes are as follows:

Class: **Clay Leaf Bowl**

Becky Hickey will teach you how to use air dry clay and create a bowl using a leaf. You will create a beautiful design. Later we will mold into a clay bowl. When the bowl is dry, you can embellish is with paint. This is a perfect and easy craft to add to your summer activities. Enjoy receiving compliments as you display your creative talents and abilities. NOTE: This activity runs from 1:00-4:00 PM. Supplies: All supplies will be provided by the instructor.



Instructor: Becky Hickey
Date: July 9, 2024
Day: Tuesday Time: 1:00 – 4:00 pm
Location: White Rose Senior Center. 27 S. Broad St., York, PA 17403. Cost: R-$10 NR-$15 Payable to Springettsbury. Township Prior to Class. Maximum for Class: 10 Participants

STARS Program

Class: Summer Door Wreath

Look at how stunning this wreath could be on your door! Audrey Glickson will show you how to make wreath on a 10-inch frame. When completed the diameter is approximately 12 ½ inches. You will pick several fabric pieces and create this cheery summer wreath!

Supplies: Fabric scissors and Aileen's Tacky Glue. Instructor will provide the other items.



Instructor: Audrey Glickson
Date: July 16, 2024
Day: Tuesday
Time: 2:00 – 4:00pm
Location: White Rose Senior Center
27 S. Broad St., York, PA 17403
Cost: R-$10 NR-$15 Payable to Springettsbury Township Prior to Class
Maximum for Class: 8 participants

Class: Paper Beads

Mary Jane will instruct you on how to make this fun and easy craft. Using scrapbook paper, magazine paper, or almost any type of paper, we will make several different shaped beads. We will then string them to make gorgeous necklaces, bracelets, etc.

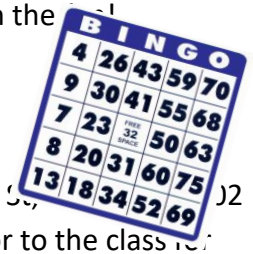
Supplies: Paper scissors, white glue (Elmer's or Tacky Glue), 12" ruler, pencil, , any special papers you would like to use, (Mary Jane will have an assortment.)



Instructor: Mary Jane Miller
Date: July 23, 2024
Day: Tuesday
Time: 2:00 – 4:00pm
Location: White Rose Senior Center
27 S. Broad St., York, PA 17403
Cost: R-$10 NR-$15 Payable to Springettsbury Township Prior To Class
Maximum for Class: 10 Participants

Class: Bingo and Lunch at Hoss's Steak & Seahouse

White Rose Senior Center and Springettsbury Township will offer "Bingo" at Hoss's Steak & Seahouse. Prizes will be given to all of the winners. Lunch will be served prior to Bingo. Come and join in the fun!



Date: August 6, 2024
Day: Tuesday
Time: 11:00 – 1:30pm
Location: Hoss's Steak & Seahouse – 3604 E. Market St, [illegible]02
Cost: $5.00 payable to Springettsbury Township prior to the class for bingo.
(No Resident / Non-Resident Differentiation); Lunch is on your own. (Approximately $11.00-$13.00 for your meal and beverage)
You must eat there in order to play bingo!