March

York County

Monday	Tuesday	Wednesday	Thursday	Friday
2 Cheeseburger 1/2c Seasoned Potatoes 1/2c Baked Pineapple 1/2c Pudding Hamburger Bun	**3** 3oz Meatloaf with 2oz Gravy Baked Potato 1/2c Carrots Whole Wheat Bread Fresh Fruit	**4** 3oz Chicken Paprikash w/ 2oz Creamy Tomato Sauce 1/2c White Rice 1/2c Green Beans Whole Wheat Bread Fresh Fruit	**5** Smokey BBQ Burger Cheddar Cheese 1c Cauliflower Soup w/ Crackers Sandwich Roll Fresh Fruit	**6** Fish Sandwich w/ Tartar Sauce 1/2c Coleslaw 1/2c Mixed Vegetable 1/2c Blushed Fruit Hamburger Bun
9 4oz Sloppy Joe 1/2c Country Greens 1/2c Sweet Potato Bites Hamburger Bun Oatmeal Cream Pie	**10** Roasted Garlic Pork Loin 1/2c Peas 1/2c White Rice Fresh Fruit Dinner Roll	**11** 3oz Kielbasa with 1oz Kraut 1/2c Seasoned Potatoes 1/2c Mixed Vegetables 1/2c Applesauce Hot Dog Bun	**12** **Picnic Lunch** Italian Sandwich Lettuce & Tomato Coleslaw Pasta Salad Fresh Fruit Milk	**13** Cheese Lasagna (1oz Mozzarella, 2oz Sauce) 1/2c Mixed Vegetables 1c Tossed Salad w/ Dressing 1 Breadstick Fresh Fruit
16 Sweet and Sour Chicken 1/2c White Rice 1/2c Oriental Blend Vegetables 1/2c Mandarin Oranges Cookie 	**17** **Happy St. Patrick's Day!** 3oz Corned Beef w/Cabbage 1/2c Green Beans 1/2c Whipped Potatoes w/Chives 1 Rye Bread 1/2c Lime Fluff	**18** Creamy Chicken Tortellini (3oz Chicken, 1/2c Tortellini) 1/2c Green Beans 1/2c Spiced Fruit Whole Wheat Bread	**19** Cheeseburger 1/2c Seasoned Potatoes 1/2c Baked Pineapple 1c Tossed Salad w/ Tomato Hamburger Bun	**20** Breaded Fish 1c Bean Soup 1/2c Coleslaw 2 White Bread Fresh Fruit
23 3oz Italian Meatloaf w/ Marinara 1/2c Ranch Cubed Potatoes 1/2c Green Beans White Bread 1/2c Pineapple Tidbits	**24** Chicken Philly Sandwich 1c Cream of Spinach Soup 1/2c Coleslaw Hoagie Roll Cookie	**25** 3oz Sliced Ham with 1oz Pineapple Sauce 1/2c Mashed Potatoes 1/2c Green Peas Dinner Roll Cookie	**26** **Picnic Lunch** Tuna Sald on a Wheat Roll Fresh Fruit Cucumber Salad Cookie Milk	**27** Vegetable Lasagna Topped w/ Cream Sauce 1c Tossed Salad w/ Dressing Dinner Roll 1/2c Fruit Cocktail
30 4oz Sweet & Sour Pork 1/2c White Rice 1/2c Peas & Carrots Wheat Bread Fresh Fruit	**31** 3oz Chicken Cutlet with 2oz Country White Gravy 1/2c Mashed Potatoes 1/2c Mixed Vegetables Wheat Bread Blushed Fruit			The Nutrition Group