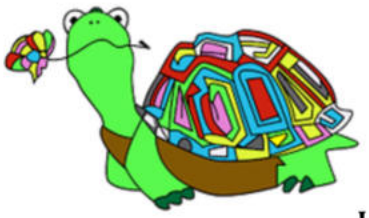
March Newsletter

English



WHITE ROSE SENIOR CENTER

27 South Broad Street,
York PA 17403
717.843.9704
Monday through Friday
Hours: 9:00 AM - 2:00 PM



Wishing you a joyful St. Patrick's Day
filled with luck, laughter, and many blessings!

Mark your Calendar!

Cash & Gift Card Bingo – Saturday, April 11
$20 advance | $25 at the door
We welcome donations of $25/$50 gift cards.

Reminder:
Selling items or soliciting money at the Center is not permitted. Thank you for helping us keep our space welcoming for everyone. Please take only the coffee and dining supplies you need (sugar, napkins, salt & pepper, utensils). These are for use at the Center only. The building is under video surveillance.

Street Cleaning – Broad Street
First Tuesday: No parking on the far side, 7:15–11:45 AM
First Thursday: No parking on the close side, 12:45–3:15 PM
Tickets issued by the City of York: **$50**



In this newsletter:

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Food Programs

Fresh Express
March 12th & 26th

- Begins at 10:00 a.m.
- Please bring your own cart, bags, or boxes. Store them on the sunporch until it's your turn.
- You will be called by table to go through the line. Please stay seated until your table is announced.
- If you missed your table's first call, don't worry—it will be called again.
- Tables are called in random order.
- We are serving approximately 180 individuals, while supplies last.



Lunch

Please pre-register for your meals at least two business days in advance so we can order enough food. Lunch is served Monday–Friday around 11:30 AM (time may vary based on deliveries). Meals are provided in takeout containers; you may eat inside or take them to go.
If you're pre-registered, please arrive on time. Lunch is served promptly after Mealtime prayer, and we will call you by table if you're eating inside.
Menu is subject to change based on Nutrition Group.
If you're taking your meal to go, you must arrive at 11:30 to ensure you receive it. After 11:45, remaining meals are given out on a first-come, first-served basis. Meals cannot be held for the next day due to limited refrigeration.

York Fresh Food Farms

Shop at a Mobile Produce Market stop near you and save!
We accept SNAP/EBT, cash, credit/debit, Food Bucks, FMNP checks (senior and WIC)
York Fresh Food Farms operates a nonprofit Mobile Produce Market to sell the produce harvested from York Fresh Food Farms' 4+ acre York City urban farm. The prices at the Mobile Produce Market are kept low so that everyone can afford to eat well.
The Mobile Produce Market runs year-round, with 14 stops from June to November and a reduced schedule during the Fall and Winter.
We are open year-round! Visit us at one of the locations below.

EVERY THURSDAY: White Rose Senior Center 27 S Broad St 10:30am-Noon

Senior Food Boxes
March 5th

Hunger Free York
York County Food Bank

SENIOR FOOD BOX PROGRAM

Every month, the Senior Food Box Program provides over 2,000 seniors with a free box of food to help stretch their incomes and improve their nutritional health. Boxes typically include milk, juice, canned meat, poultry, or fish, oats, ready-to-eat cereal, rice, pasta, dry beans, peanut butter, and canned fruits and vegetables.

Do You Qualify?

Must be 60 or older and living in York County
Monthly Income Requirements
- Household of 1: $1,957
- Household of 2: $2,644
**Must have valid ID*

Feed your soul with a daily Bible plan

March

Finding Your Identity In Christ

- Day 1: Ecc. 2:10-11
- Day 2: Heb. 4:14-16
- Day 3: Col. 2:9-10
- Day 4: Gen. 1:27
- Day 5: Jer. 1:5
- Day 6: 1 Pet. 2:4-5
- Day 7: 1 Pet. 2:6-8
- Day 8: 1 Pet. 2:9-10
- Day 9: Gal. 3:26-29
- Day 10: 1 Cor. 6:19-20
- Day 11: 1 John 3:1-2
- Day 12: Col. 3:1-13
- Day 13: John 1:9-11
- Day 14: John 1:12-14
- Day 15: Rom. 6:1-2
- Day 16: Rom. 6:3-4
- Day 17: Rom. 6:5-7
- Day 18: Rom. 6:8-10
- Day 19: Rom. 6:11-12
- Day 20: Rom 6:13-14
- Day 21: John 15:16
- Day 22: Jer. 1:5
- Day 23: Gal. 2:20
- Day 24: John 15:15
- Day 25: Eph. 2:1-2
- Day 26: Eph. 2:3-5
- Day 27: Eph. 2:6-7
- Day 28: Eph. 2:8-9
- Day 29: Eph. 2:10
- Day 30: Isaiah 64:8
- Day 31: 2 Cor. 5:17

S.T.A.R.S.Senior Time Activities for Residents of Springettsbury

S.T.A.R.S.
Senior Time Activities for Residents of Springettsbury
(For Active Adults 50 and over)

Class: **Spring Flower Collage Watercolor Painting**

Spring is here! Join Bonita Bollinger as she shows you how to make a collage of three early spring flowers. We will create the watercolor on canvas. This collage is perfect for creating beautiful greeting cards for someone special.
Supplies: All items supplied by the instructor.
Instructor: Bonita Bollinger



Date: March 10, 2026
Day: Tuesday
Time: 2:00-4:00 PM
Location: White Rose Senior Center
27 S. Broad St., York, PA 17403
Cost: R-$10 NR-$15 Payable to Springettsbury Township Prior To Class
Maximum for the Class: 10 Participants

Class: **Dandelion with Glass Water Droplets** Painting
Janeen Hershey has a cool painting technique with this project. You will choose two colors to blend for your background then we will draw with markers the dandelion plants, changing back to the painting. Finally, we will glue glass pieces to the wood painting to give it some "pizazz"! The finished project will be painted on a 12"x18" canvas.
Supplies: All supplies provided by instructor
Instructor: Janeen Hershey



Date: March 31, 2026
Day: Tuesday
Time: 2:00-4:00 PM
Location: White Rose Senior Center
27 S. Broad St., York, PA 17403
Cost: R-$10 NR-$15 Payable to Springettsbury Township Prior To Class
Maximum for Class: 10 Participants

Class: **Miniature Woodland Fairy Wreath**

Using a 6" grapevine wreath, Mary Jane Miller will show you how to create your own woodland garden. Ferns, moss, berries, and many other greens will be glued in place making a home for three sweet fairies.
Supplies: Bring a glue gun, extra glue sticks and pliers to class. Everything else will be supplied.
Instructor: Mary Jane Miller



Date: April 14, 2026
Day: Tuesday
Time: 2:00 PM to 4:00 PM
Location: White Rose Senior Center
27 S. Broad St., York, PA 17403
Cost: R-$10 NR-$15 Payable to Springettsbury Township Prior To Class
Maximum for the Class: 8 Participants

How to Register For the STARS Programs?

1. Go online to www.springettsbury.com and find the STARS programs.
2. Go to the Springettsbury Township Building and pay in person with form.
3. Or, mail form into Springettsbury Township.

To register for the classes, complete and detach the Registration Form below. Make your check payable to "Springettsbury Township Recreation". There is a $10.00 registration fee for each class (except Bingo which is $5.00) and if you are not a resident of Springettsbury Township there is an additional $5.00 towards the class with the exception being for Bingo. The money is due prior to the class or program! Please mark the class or classes you are signing up for in the memo section of your check.

For additional questions, contact Lisa Krout at White Rose Senior Center (717-843-9704), Richard Diaz, Summer Breen, or Brandy Shope at Springettsbury Township (717-757-3521).

Exercise Classes

Chair Yoga w/ Stephanie
Tuesdays & Fridays @ 12:00



On The Move w/ Stephanie
Mondays & Thursdays @ 12:00







Spanish Bible Study
Spanish 101 Class
Alternating Mondays

Pokeno!

See Calendar!





Senior Spotlight: Senior of the Month

Iris Ferber



Birthday: 6/25
Quote: "He chooses the foolish things of the world to confound the wise."
Hobbies: Socializing, Singing, Painting, Zumba
Member since 2019.

Inclement Weather Policy

In case of inclement weather, the Center may be closed. If we are closed, we will have it aired on WGAL8 TV (Channel 3 for most people) or ABC27 snow Watch (Channel 6 for most people) by 7:00 am. We will also post it to our Facebook Page. If we are open, please use your own discretion as to whether you want to come to the center or not. we appreciate when you are here; however, your safety is our number one concern.

"May your troubles be less and your blessings be more, and nothing but happiness come through your door".

MISC. NEWS

Upcoming Trips

Wednesday March 11th
Hollywood Casino

14 people minimum at a $6.00 cost per person (Rabbit Transit, Must be 65+)

Bring Money for Lunch & Gambling!

Announcements

ON THE MOVE Exercise Class with Stephanie Cucina 12-Week class is BACK!

Calling all 2026 Secret Pal participants! Be sure to think of your Secret Pal and surprise them with a card sometime during the year. Just don't spill the secret!

Highlights

March 17th St. Patrick's Day Celebration

Cash & Gift Card Bingo: April 11th

Food Programs

Commodity Boxes

Thursday March 5th

Fresh Express

Thursday 3/12 & 3/26

Staff Directory

Executive Director- Lisa Krout
Director of Program Development- Jenna Wray
Brendaliz Gonzalez- Bilingual Program Coordinator
Raquel Rivera- Program Assistant
Elba Zambrano - Food Service & Cleaning Specialist
Cheri Bowersox- Bookkeeper

Thank you for reading!

New Members

Theresa Weyman
Pamela Eisenhour
Thomas Herrelko
Rhonda Collier
Dixieda Collier
Doug Boyer
Ricky Lowe
Alberto Felix
Edward Swank



Wish List

For those wishing to donate to our Spring Cash & Gift Card Bingo, we are looking for donations of gift cards $25/$50.
Plastic Disposable Tablecloths
Clorox Wipes
Ketchup/Mustard/Relish/ Paper Plates/Plastic Wrap/ Sauerkraut/ Aluminum Foil/Water Bottles/ 12 packs of Coke Products

Thank you to everyone who has donated Supplies for our Center!
Juanita Burns
Lisa Stough
Marjorie Swartz
Iris Santos
Anibal Burgos

West Manchester Bingo

Hey Seniors - this is a friendly and casual gathering where you can enjoy great conversation, light refreshments, and a few lively rounds of bingo—just for fun! It's a wonderful chance to meet new people, catch up with friends, and simply enjoy yourself in a relaxed, welcoming environment. Feel free to bring a snack to share. So, grab a friend, mark your calendar, and join us- no registration required! If you're feeling festive - dress up to the theme!
Dates/Themes: Tuesday March 10 (St. Patty's Day)
Time: 10:30 AM – 12:00 PM Location: Shiloh Fire Co – 2190 Carlisle Rd Cost: FREE

