JUNE 2021

HIGHLIGHTS

Thursday June 3rd, **Commodity Supplemental Food Box for Seniors with the Cheese Distribution**.
R&K Sub Sale Monday June 1st through Tuesday June15th. Orders and Money Due by June 15th. Delivery on Wednesday June 23rd.

Thursday June 10th & 24th 10:00 **Fresh Express** (While supplies last. Must be a White Rose Senior Center Member &/or a Broad Park Manor Resident. Bring a Cart if a walker or Drive to the side door.)

Tuesday June 1st 10:00 **Donut Bingo Outdoors**
(Bring a chair, weather permitting)

Every **Monday** @10:00 am, **Outdoor Bingo**. June 7th (Hosted by Homeland at Home *with Barbara Goll*), June 14th (Hosted by Gateway), June 21st, June 28th *hosted by Open Systems Healthcare-* (Bring a chair! Weather permitting)

Wednesday June 23rd Ice Cream Social sponsored by Minnich's Pharmacy

Beginning June 9th through July 28th, Every Wednesday from **10:00-11:15** June 9th 16th, 23, 30, July 7th, 14th, 21st, 28th
Society, Dolls and the Civil War *by Danza Antiqua*
Presented by Nancy Walker and Jef Savage
Danza Antiqua Classes run for 8 Weeks
You must commit to all **8 Classes** **Please sign up!**

JUNE 2021

THE ROSE

White Rose Senior Center

27 South Broad Street
York PA. 17403
717-843-9704
MONDAY – FRIDAY 8:00 AM – 4:00 PM
www.whiteroseseniorcenter.org



Lunch Distribution

Picking Up Lunches

We are NO LONGER distributing lunches at the side door. We encourage you to walk up to the front door. However, if you experience problems walking, we will walk your meal out the front door as long as you pull to the curb on Broad Street.

Come to the front doors <u>between 10:30-11:30</u> on Mondays, Tuesdays, and Wednesdays for your Lunch.

*****If any White Rose Senior Center Member is in need of food, please let the Staff know. We have additional meals on hand.*****

If you are participating in any outdoor activities, we will hold your meals until you leave.

Fresh Express

The 2nd and 4th Thursdays of each month, starting at 10:00, while supplies last.

It has become a major issue with people lining up in their cars REALLY early. We begin distributing at approximately 10am. Please **<u>do not</u>** begin lining up until 9:30 or later, as it causes a HUGE traffic backup on Broad Street. If you are lined up PRIOR to 9:30, you will be asked to move your vehicle. Thank You for your Cooperation as it allows us to operate effectively and efficiently.



<u>The 3rd Thursday (June 17th) from 10:00-12:30</u>

YORK FRESH FOOD FARMS Mobile Produce Market (Credit Cards / Cash /Snap /EBT / Vouchers Accepted)

Society, Dolls and the Civil War

by Danza Antiqua

Presented by Nancy Walker and Jef Savage

This program provides an opportunity to learn about the social aspects of the Civil War and to produce a Civil War soft doll sewn by hand. The program, plus all fabric, materials and sewing tools for the dolls are being provided FREE by a Grant from Pennsylvania Partners in the Arts, with additional funding from White Rose.

Most Civil War programs are about leaders, logistics, battles and the men that fought them. This program focuses on the social activities of the War. What was everyday life like for the civilian population in the home, in public and on the battlefield. Explore their fashions, entertainments, toys, games and sports. Have fun participating in a guessing game to identify common everyday items of the Civil War and their uses. Explore the changing roles of women in support of the war effort. How much have they changed and what it still common today? Have fun joining in an interactive parlor game. Investigate the influence Queen Victoria and Prince Albert had on America and the War? Find out how Charles Dickens and other authors influenced the abolition of slavery.

From the oldest to the newest, dolls have been around forever. From earliest times, children around the world have had dolls as companions, confidants and collections. What is their history, their characters and their journeys? What did they see and what impact did they have on the Civil War?During the Civil War many children played with dolls that were lovingly handmade by their mothers from scraps of cloth. You can recreate the past by hand sewing a Civil War era cloth doll of your choice – Miss Victoria or Humpty Dumpty. You will have the opportunity to make Miss Victoria or Humpty as gift for a favorite person or for yourself!

Classes run for 8 Weeks

You must commit to all **8 Classes**

Beginning June 9th

through July 28th,

Every Wednesday from

10:00-11:15

June 9th 16th, 23, 30

July 7th, 14th, 21st, 28th



Please sign up!

If you are interested we are looking for the following donations:

canned sodas for the soda machine:



COKE

COKE ZERO

NESTEA

DIET COKE

DR. PEPPER

SPRITE

SPRITE ZERO



Postage Stamps, Glass Jars, Yarn, Paper Plates, Acrylic Paint, Pipe Cleaners, Cups, Sandwich Ziploc Bags, Napkins, Paper Towels.

Please help us welcome our newest members!

Jonathan Wave
Edward Jackson
Elizabeth Kraft
Carmen Velazquez
Larry Weimer
Cheri Muir
Clarence Morris Jr.
Claire Muir

White Rose Senior Center Staff

Lisa Krout, Executive Director

Brendaliz Gonzalez, Bilingual Program Coordinator

Jenna Wray, Assistant Program Coordinator

Elba Zambrano, Food Service Worker & Cleaning Specialist

Chotz Grove, Customer Service

Cheri Bowersox, Bookkeeper

R&K Sub Sale

Orders to take place from June 1st through June 15th.

June 15th Money/Orders Due

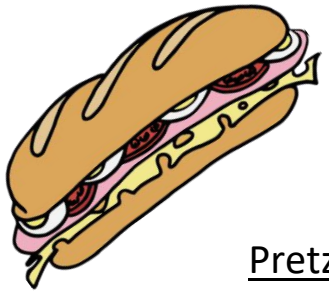
June 23rd Sub Delivery

Pretzel Sandwiches: **$5.50**

Subs:**$6.50**

*****Their prices have increased*****

Sub Order Options:



Italian
Ham
Turkey
Roast Beef
American

Pretzel Sandwiches:

Italian
Ham & Cheese
Ham & Swiss
Turkey & Cheese
Roast Beef & Cheese
Sweet Lebanon Bologna & Cheese
Chicken Salad
Egg Salad
Tuna Salad

White Rose Senior Center's Entertainment on the Broad Street Plaza

Please bring a lawn chair and be prepared to social distance. We will be bringing live entertainment every other week. Please reference your calendar for dates! This event is subject to change (as are all other activities) and is also weather permitting.

10:30am-11:15am

June 8th: **Relax & Refresh** (Bring a chair, weather permitting. Iced Tea and Birthday Treat will be served)

June 22nd: DJ Chris Wagman

White Rose Senior Center's Art on the Broad Street Plaza 11:30

June 1st: **Upcycled CD Donut Coasters**

June 15th: **Paint Pour Class**

(Must be registered- $10)

June 29th Glass Plate Flower Stakes (Must Provide Plates. Must sign up!) **Part 1.**

June 30th Plate Flower Stakes Part 2.

At this time, our Restrooms are closed. Please plan accordingly. In addition, please plan for the hot weather. This includes sunscreen, water, a hat, whatever you need to keep cool for outdoor activities.

Borrow an iPad, a Computer, Gadgets and More

TECH OWL
TECHNOLOGY FOR OUR WHOLE LIVES
Institute on Disabilities at Temple University

If you or someone you know:

- **Lives in Pennsylvania and**
- **is a senior citizen, or**
- **has a disability.**

TechOWL can help you try out new equipment for FREE! Your local TechOWL specialist will:

- **Work with you to select the right device.**
- **Load the software and apps that you need and want.**
- **Support and teach you through the process.**

All devices can be borrowed for 4 weeks with an option for longer.

For more information:
https://techowlpa.org/library/
Tel: 800-204-7428 (voice)
email: TechOWL@temple.edu

This project is funded by a grant from Pennsylvania Department of Aging.

2021 SENIOR FARMERS MARKET NUTRITION PROGRAM

Due to the ongoing limitations for public gatherings, the 2021 vouchers

WILL BE DISTRIBUTED BY MAIL



$24 WORTH OF FREE VOUCHERS

Each eligible person is allowed to receive ONE set of vouchers/ checks to purchase PENNSYLVANIA grown fruit and vegetables from participating PA Farmers' Markets.

ELIGIBILITY GUIDELINES:

- Must be 60 years of age or older by Dec. 31, 2021
- Must be a York County resident
- Gross Annual Household Income must be at or below:
  - $23,828 for an individual OR
  - $32,227 for a 2 person household *(Both may receive vouchers if eligible)*

TO OBTAIN AN APPLICATION:

- Download application at www.ycaaa.org, OR
- Email: aging@yorkcountypa.gov (give your name, address (including zip code, and phone number) to have application mailed or emailed to you, OR
- Call (717) 771-9610 to have application mailed or emailed to you
- Contact your local Senior Center

Seniors who are living in a nursing home, personal care home, or other residential facility where meals are provided are NOT eligible to receive vouchers.

Sponsored by the York County Area Agency on Aging, in conjunction with the Pennsylvania Department of Agriculture.

NEW BROADBAND PROGRAM

You or a family member might be eligible

PROGRAM STARTS APRIL 2021

If you qualify, you can get payment towards your monthly internet bill or towards purchase of a laptop or computer



Contact your local internet provider OR Contact the **FCC's** website,
www.fcc.gov/broadbandbenefit

York County
Elder Abuse Task Force

Fraud Alert Bulletin

May 2021

This is a Fraud Alert issued by the York County Elder Abuse Task Force.

Periodically, members of the Task Force, along with the York County District Attorney's office who prosecute these devastating financial crimes will offer warnings about the latest financial scams targeting seniors here in York County.

Educating seniors about financial fraud is a top priority of the York County Elder Abuse Task Force. With that in mind, we want every senior in York County to remember the 3 **Rs:**
Recognize a potential scam;
Refuse to make any hasty decisions; and
Report suspicious activity to police.
Stay safe and feel free to contact Area Agency on Again at 717 771 9610 or the District Attorney Dave Sunday at the District Attorney's Office (717-771-9600) with any questions.

York County Elder Abuse Task Force

FRAUD ALERT – INVESTMENT SCHEMES

As seniors find themselves planning for retirement and managing their savings once they finish working, a number of investment schemes have been targeted at seniors looking to safeguard their cash for their later years. Investment schemes have long been a successful way to take advantage of older people. Keep an eye out for the following type of scams:

High Pressure Sales and Free Meal Seminars

The fraudster often lures an elderly investor to attend a sales seminar. The lure is in the form of a free lunch or other token. Investors should remain skeptical of any high pressure tactics and should not be convinced to make an investment decision on the spot. Investors should always take time away from the sales seminar to make an objective investment decision.

Pump and Dump Scheme

This is a scheme that often features penny stock. In this scheme, a fraudster drives up the price of the stock using false and misleading statements and then sells the stock at the peak. Once the fraudster quits touting the stock, the price typically plummets, leaving investors with worthless securities. Elder investors should remain particularly wary of stocks or securities priced below $5.00 or that does not trade on a registered securities exchange.

Investment Advisor Services

An investment advisor is a person responsible for making investments on behalf of investors. The advisor has a duty to serve the best interests of the customer. Sometimes an investment advisor will take advantage of their position of trust to use unauthorized methods to generate greater commissions for the advisor. Sometimes these advisors might flat out steal the money. Always check credentials before getting involved.



White Rose Senior Center Virtual Programs

The Complete York County Senior Center Virtual List will be distributed (Ask for a Virtual Programming Packet!). Link will also be provided on the WRSC Facebook Page and Center Website

For every ZOOM you participate in, you will receive one entry towards a large prize drawing at the end of the month! Must not ONLY join, but also participate!

If you need help utilizing ZOOM please reach out to us! We are more than willing to help you!

Secret Pal

Don't forget your Secret Pal!! It is our hope that you will keep in touch with your Secret Pal. Please remember, it is **YOUR** job, at the very least, to send a letter or a card (homemade is just fine!) once a month. Gifts are OPTIONAL, with the exception of the $5.00 gift at the end of the year for the big reveal. It is never guaranteed that you will receive anything, but you should give with a grateful heart without expecting anything in return. This is supposed to be a fun program and we are hopeful that if you are a part of the Secret Pal program for this year 2021 that you are enjoying it! And, as always, please keep yourself anonymous until the reveal.





To everyone who contributed, thank you! You helped to raise $10,088 on May 7, 2021 for White Rose Senior Center during Give Local York! We have received additional funds since May 7th, and are at $10,513!



S.T.A.R.S.

Senior Time Activities for Residents of Springettsbury

For Active Adults 50 and Over

STARS Program

Class: Needlefelted Tudor Cottage

Students will have fun needlefelting this cute cottage with Mary Jane Miller. We will use sharp needlefelting needles with a special barb on it. Many colors of roving will be available to customize your cottage. No felting experience is necessary.

Supplies: Car Wash Sponge  , Scissors



Instructor: Mary Jane Miller

Date: June 22, 2021

Day: Tuesday

Time: 2:00 – 4:00pm

Location: White Rose Senior Center

27 S. Broad St., York, PA 17403

Cost: R-$10 NR-$15 Payable to Springettsbury Township Prior To Class

Maximum for Class: 8 Participants

STARS Program

Class: Nautical Inspired Mason Jar

Judy Enders will show us how to create this nautical-themed netted mason jar. You will learn how to knot the netting around the jar. This would be great for a beach-themed party by adding tea lights and sand in them!

Supplies: Scissors



Instructor: Judy Enders

Date: June 29, 2021

Day: Tuesday

Time: 2:00 – 4:00pm

Location: White Rose Senior Center

27 S. Broad St., York, PA 17403

Cost: R-$10 NR-$15 Payable to Springettsbury Township Prior To Class

Maximum for Class: 8 Participants

STARS Program

Class: String Art Mason Jar on a Plaque

Come and join us as Marti Leader shows us how to make this great little project! You will use white embroidery floss to create the outline of the jar and use silk or paper flowers to fill the jar for a cute country look!

Supplies: an assortment of either silk or paper flowers, a hammer, needle nose pliers, 2 skeins of white embroidery floss, and scissors



Instructor: Marti Leader

Date: July 13, 2021

Day: Tuesday

Time: 2:00 – 4:00pm

Location: White Rose Senior Center

27 S. Broad St., York, PA 17403

Cost: R-$10 NR-$15 Payable to Springettsbury Township Prior to Class

Maximum for Class: 8 participants

STARS Program

Class: Altoid Tin Box

This month, Mary Jane Miller will be teaching you how to cover Altoid tin boxes with wool felt. Flowers will also be crafted to decorate the top. Beads can then be applied. These make great packaging for gifts such as jewelry, gift cards, or other small gifts. They can also be used to hold pins or a small sewing kit, or numerous other ideas! There will be three colors to choose from: Purple, Aqua, or Rose. When registering, call or email Lisa Krout from White Rose Senior Center your color choice. (717-843-9704 or lisa@whiteroseseniorcenter.org)

Supplies: White Tacky Glue (Aleene's in the gold bottle), fabric scissors, small pointy scissors, sharpie fine point pen or pencil





Instructor: Mary Jane Miller

Date: July 27, 2021

Day: Tuesday

Time: 2:00 – 4:00pm

Location: White Rose Senior Center

27 S. Broad St., York, PA 17403

Cost: R-$10 NR-$15 Payable to Springettsbury Township Prior to Class

Maximum for Class: 8 Participants

STARS Program

Class: Summer Plant Pokes

Marti Leader will show us how to make these simple and adorable plant pokes using plastic canvas and yarn. We will start off making the daisy and the dragonfly in class and you will receive the charts to do the others on your own!

Supplies: Scissors



Instructor: Marti Leader

Date: August 17, 2021

Day: Tuesday

Time: 2:00 – 4:00pm

Location: White Rose Senior Center

27 S. Broad St., York, PA 17403

Cost: R-$10.00 NE-$15.00 Payable to Springettsbury Township Prior to Class

Maximum for class: 8 Participants

STARS Program

Class: Bingo and Lunch at Hoss's Steak & Seahouse

White Rose Senior Center and Springettsbury Township offer "Bingo" at Hoss's Steak & Seahouse. Prizes will be given to all of the winners. Lunch will be served prior to Bingo. Come and join in the fun!



Date: August 31, 2021

Day: Tuesday

Time: 11:00 – 1:30pm

Location: Hoss's Steak & Seahouse – 3604 E. Market St, York, PA 17402

Cost: $5.00 payable to Springettsbury Township prior to the class for bingo. (No Resident / Non-Resident Differentiation); Lunch is on your own. (Approximately $11.00-$13.00 for your meal and beverage) You must eat there in order to play bingo!