



## RESOURCES FOR PHILADELPHIA FAMILIES DURING COVID-19

***Are you pregnant or a parent/caregiver of a young child?*** We know there is a lot of fear and change right now because of COVID-19 so we want to share important information about supplies resources to care for you and your child. Please see [phila.gov/COVID-19](http://phila.gov/COVID-19) for more information about COVID-19 and pregnancy and children.

*Note: Please call organizations first to find out current services available and updated hours.*

### **Baby Supplies (Diapers, Formula, and Food)**

#### **Philadelphia Interfaith Hospitality Network:**

- Resource: Food and diapers
- Phone & Address: 215-247-4663, 7047 Germantown Ave, Phila, PA 19119
- Note: Please press 8# to speak to staff member
- Hours: Tuesdays & Thursday from 10am–5pm, Saturday 10pm–2pm
- Website: <http://philashelter.org/>

#### **WIC :**

- Resource: WIC EBT card
- Note: Participants will now be seen outside of the office for safety reasons using a new card exchange system. Please call on arrival to the office.
- WIC has stopped requiring infants, children, and/or pregnant women to come in for their WIC benefits – participants can send someone to come in for them if they tell WIC staff over the phone who will be coming to pick up their benefits and that person needs to bring photo identification.
- Sites:
  - North Philadelphia WIC Office: **215-229-3786**, 1300 W Lehigh Ave #104, Phila, PA 19132
  - South Philadelphia WIC Office: **215-463-5571**, 1165 S Broad St, Phila, PA, 19146
  - Overbrook WIC Office: **215-477-3360**, 5610 Lancaster Ave #1400, Phila, PA, 19131
  - Aramingo WIC Office: **215-533-9597**, 2401 E Tioga Street, A4, Phila, PA, 19134
  - Germantown WIC Office: **215-284-1500**, 301 E Cheltenham Ave, Phila, PA, 19144
  - Northeast WIC Office: **215-745-7251**, 7959 Bustleton Ave, Phila, PA, 19152
  - Olney-Logan WIC Office: **215-927-1950**, 5751 N Broad Street, Phila, PA, 19141
  - Woodland WIC Office: **215-726-1142**, 1741 S 54th Street, Phila, PA, 19143
- Hours: Monday–Thursday, 7am–1pm starting March 23rd
- Website: <http://northwic.org/>

#### **Catholic Social Services :**

- Resource: Food, diapers, and formula
- Note: Formula availability will vary by site. Please leave a message if you are not able to connect to a staff member.
- Sites:

- Northeast Philadelphia: **215-624-5920**, 7340 Jackson Street, Phila, PA, 19136
  - Monday–Friday, 9-11:30am & 1-2pm
- Casa del Carmen: **267-331-2500**, 4400 North Reese St, Phila, PA, 19140
  - Monday–Thursday, 8:30am-1pm
- Southwest Philadelphia: **215-724-8550**, 6214 Grays St, Phila, PA, 19142
  - Food only: Monday 10-1pm; Diapers only: Tuesday 11-1pm; Wednesday & Friday 10-1pm
- Website: <https://cssphiladelphia.org/>

### **Breastfeeding Support**

**Pacify:** A FREE mobile app that provides on-demand access to lactation specialists right from your smartphone.

- Get the app “Pacify” in the Apple Store or Google Play
- Enter the enrollment code PHILLY at signup for FREE 24/7 access

**Breast pumps:** You can reach out to your insurance provider to request a breast pump delivered to your home.

### **Language & Literacy Promoting Activities**

**Ready4K:** Text “Readby4th” to 70138 for FREE text messages for parents/caregivers to help build children’s language and literacy skills.

### **Questions related to COVID-19 Coronavirus**

24/7 Helpline: 1-800-722-7112

Flyers in [English](#) and [Spanish](#) for families.

*We will be updating this list as more resources become available. Last Updated 3/19/20*