Virginia District

🧲 Program Schedule: October 2-8, 2016 💥

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Location	Program	Sun 2	Mon 3	Tues 4	Wed 5	Thurs 6	Fri 7	Sat 8
Toms Cove Visitor Center	Free as a Bird* (2 hours, ¾ mile)	8:00 am			N			
Toms Cove Visitor Center	Birding with a Ranger (1 hour window)		9:30 am	4:30 pm	0			3:30 pm
Toms Cove Visitor Center	Ocean Pharmacy (30 minutes)	3:00 pm						
Toms Cove Visitor Center	Aquarium Talk (30 minutes)	12:00 pm	2:00 pm	12:00 pm	Р			1:30 pm
Toms Cove Visitor Center	Plant Rant (15 minutes)	10:30 am	3:30 pm	3:00 pm	R	2:00 pm		
Toms Cove Visitor Center	Creature Feature (15 minutes)	11:30 am	12:00 pm		0	12:00 pm	1:00 pm	
Toms Cove Visitor Center	Tracks in the Sand (1 hour, ¼ mile)				G			12:30 pm
Toms Cove Visitor Center	Story by the Sea (30 minutes)	1:30 pm			R	1:00 pm		
Toms Cove Visitor Center	Marsh Madness (1 hour, ¼ mile)				Α		2:00 pm	
Naturalist Shack Lot #1	Secrets of the Sand (1hour, ¾ mile)				М			10:00 am
Naturalist Shack Lot #1	Hook, Line & Sinker (2 hours)				S		8:30 am	
Turn Circle at Park Entrance	Pinchers of Power (45 minutes)			10:30 am				

Special Note: Children under 12 must be accompanied by an adult on all programs.

* Advanced Reservations Required. Register at the Toms Cove Visitor Center.

These programs are especially popular with children.

& Wheelchair accessible programs.



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Program Descriptions ——

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Sun screen, drinking water & bug spray are recommended when outdoors.

Free as a Bird - (Advance registration required, limit of 25). Discover some of Assateague's most colorful fall residents on this walk designed for beginning birders. A limited number of binoculars and bird guides are provided.

Birding with a Ranger - See what birds the ranger is viewing off the Toms Cove Visitor Center deck. Come and go as you please anytime during the 1 hour window. Some binoculars and field guides will be available.

Ocean Pharmacy - Learn about the amazing potential that the oceans and its creatures may offer for human health.

Aquarium Talk - Horseshoe crabs, hermit crabs, fish and more! Get a peek at who is swimming around out there with you by joining a ranger who will let you in on the secret lives of these diverse creatures.

Plant Rant - "Lettuce" dig up the dirt on plants to unearth their roots and blossoming potential!

Creature Feature - Gather 'round the ranger and today's mystery "guest." Learn the life and lore of a special Assateague resident during this informal discussion.

Tracks in the Sand - Explore the hidden lives and movements of animals through their tracks and signs.

Story by the Sea - You're never too old for a story by the sea. Come learn about an animal that calls Assateague home. Make a craft to share with family and friends.

Marsh Madness - Use your senses to discover the many mysteries of the salt marsh. What sights, smells, sounds, tastes or feelings might you experience here that are found nowhere else? Wear shoes (no flip-flops) & clothing that you don't mind getting wet and muddy.

Secrets of the Sand - Ever wonder why the island looks different every time you visit? If so join us for a beach walk to see what life is like beneath your feet and consider the power of the ocean!

Hook, Line & Sinker - Program is limited to those 12 years and older. If sitting on the beach bores you, you might just get hooked on surf fishing. Designed for those with limited surf fishing experience, this program includes demonstrations of equipment, bait and casting techniques. Equipment is provided, however, actual practice time depends on group size.

Pinchers of Power - Come learn about the feisty and tasty blue crab by watching its powerful pinchers latch on to your bait! Equipment is provided. This program is catch and release. Sunscreen and bug spray are advised. **Parking is limited. Bicycling to program is encouraged.** Meets at the bridge before the Refuge entrance.



The National Park Service assists the U.S. Fish and Wildlife Service in interpretation and recreation management, but only in the Toms Cove area of the Virginia portion of the island. The Chincoteague National Wildlife Refuge provides many other activities throughout the rest of the refuge. Contact them at 757-336-6122 for program details.