

ACSM-ACS Cancer Exercise Specialist Course

Are you a health or fitness professional looking to positively impact people living with or beyond a cancer diagnosis? The American Cancer Society (ACS) is proud to partner with the American College of Sports Medicine (ACSM) to offer a new ACSM-ACS Cancer Exercise Specialist course, delivered by CanRehab.

Help improve the lives of 18 million cancer survivors and counting.



There are approximately 18 million cancer survivors in the United States. According to the National Cancer Institute, that number is expected to increase to 20.3 million by 2026.

Cancer treatments may result in acute or chronic toxicities that can negatively impact quality of life.

Over the past two decades, evidence has shown that exercise and physical activity programs may improve the quality of life for people experiencing cancer, including:



providing significant physical and psychological benefits



reducing cancer treatment side effects



potentially reducing the risk of cancer recurrence

The new ACSM-ACS Cancer Exercise Specialist Course is designed to help professionals deliver these programs in a safe, effective, and individualized way based on current recommendations.

Enhance Your Career Opportunities.

ACSM's educational certificates empower exercise professionals to effectively address unique considerations in their practice. This course is for:

- Certified fitness professionals, especially those holding Exercise Physiologist (ACSM-EP) and Clinical Exercise Physiologist (ACSM-CEP) certifications
- Health professionals, especially those who specialize in working with clients with cancer, including physical therapists and rehabilitation therapists, nurses and nurse practitioners, physicians, and those who provide specialists with medical assistance



A bachelor's degree in exercise science or related field is highly recommended but **not** required.





Earn 21 ACSM Continuing
Education Credits and the
ACSM-ACS Cancer Exercise
Specialist Certificate



Learn from experts on cancer-specific topics.

- · Cancer biology, epidemiology, and screening
- Names of common procedures and treatments for prevalent cancers
- Symptoms and their impact on exercise prescription
- Fitness and risk assessment to design individual and safe programs
- Motivational techniques to help people stay active
- · And more

The ACSM-ACS Cancer Exercise Specialist certificate is awarded upon successful completion of a multiple-choice final exam. The course expires one year after purchase.

Pricing:

Regular price

ACSM Member price

\$749

\$549

ACS partners get 20% off during the month of July 2024. Use discount code **ACSPARTNER** at checkout.



Register today

Visit ACSM-ACS Cancer Exercise Specialist Course or scan the QR code to learn more.

