

**SAVE THE DATE!**

**Tuesday, May 21, 2024 at 7 pm  
at Temple Beth El, 350 Roxbury Rd., Stamford, CT**

## **TALES OF TRAUMA, RESILIENCE AND HEALING**

**You are invited to a special presentation of  
Hope and Healing with**

**Lisa Fliegel, Trauma Therapist**



**Lisa has helped communities in Israel and the US facing trauma post-October 7th. She has also worked with communities in inner city Boston, and Northern Ireland. Her clinical insights and personal narratives will provide us with tools for coping with traumatic events and give guidance to build a resilient and peaceful community.**

**OPEN TO THE COMMUNITY!  
Light Refreshments will be served.  
Questions: Contact us at [office@tbe.org](mailto:office@tbe.org).**

**This program is sponsored by the TBE Kulanu Work Group  
in association with the Anti-Defamation League.**

**Temple Beth El, 350 Roxbury Road Stamford, CT  
[www.tbe.org](http://www.tbe.org)      203-322-6901**

