



PROJECT RECOVERY IOWA IS HERE TO HELP

*Assisting individuals and communities
recover from the challenging effects of disaster*

Project Recovery Iowa (PRI) provides services to promote resilience, empowerment and recovery from natural disasters. The program delivers services and guides people to resources for ongoing support.

Project Recovery Iowa provides all services at no cost. Local providers in your community administer PRI and can assist you in the following ways:

- ▶ Reaching out to you or others in your community affected by the disaster through face-to-face meetings in a location that works best for you.
- ▶ Assessing your needs and making referrals to community-based and disaster relief services when necessary.
- ▶ Providing emotional support, education, and basic crisis counseling to you and your family and connecting you to community support systems.
- ▶ Providing education regarding the reactions to and phases of the disaster.

Project Recovery Iowa is partnering with the **Iowa Concern Hotline 800-447-1985** for callers to access Project Recovery Iowa services. The hotline is answered 24 hours a day, 7 days a week and can also be a place to call for free, confidential, and anonymous stress counseling.



**Iowa
Concern
Hotline**

1-800-447-1985

*Confidential counseling
is available 24/7.
Telephone crisis
counseling and
referral assistance
is free statewide.*

 **ProjectRecoveryIowa.org**

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