

NSO–MSO LTAD Leads Day

AGENDA

9 a.m. – 12:30 p.m.

1. Business Reports & Updates
2. What is happening within Sport for Life & Long-Term Athlete Development Division?
3. Where to next?
4. Promising Partnerships

12:30 p.m. – 1:30 p.m.

Afternoon Workshops 1:30 p.m. – 4:30 p.m. (NSOs and MSOs choose one to attend)

Workshop #1

Introducing Long-Term Development in Sport and Physical Activity 3.0 and ADM/GMP and Podium Pathway Work

This workshop will highlight two major initiatives: 1) Sport for Life's Long-Term Development in Sport and Physical Activity (LTD 3.0), and 2) system alignment between Sport for Life and OTP regarding Athlete Development Matrix and OTP Podium Pathway-Gold Medal Profile. NSO's considering an update of their Long-Term Athlete Development Framework or on alignment of their Sport for Life-Athlete Development Matrix and OTP Podium Pathway-Gold Medal Profile may be interested in participating. Led by **Colin Higgs** and **Andy Van Neutegem**, this session will highlight how OTP and Sport for Life have been working on system alignment through two pilot initiatives with Softball Canada and Water Polo Canada. Additionally, there will be information on effective processes to deal collaboratively with MSOs working in silos.

Target Participants: It would be advantageous if both sport development and NSO high performance staff represented each NSO.

Workshop #2

Multisport – The Actions We Can Take

Multisport participation in the early Long-Term Athlete Development stages is recognized as a key ingredient to promote ongoing sport participation, develop overall athleticism, and reduce injuries and burnout. However, multisport programs and participation continue to be limited in number across Canada. If we all agree that multisport should be the new normal, how can we work together to make it a reality? Led by **Richard Monette** and **Carolyn Trono**, this interactive, oriented session will target concrete actions to make multisport the new normal in the early stages of Long-Term Athlete Development. Interesting perspectives and ideas will be offered by delegates and special guests.

Target Participants: NSO & PTSO Development Staff, Sport Councils, Municipal & Club Leaders

Workshop #3**Advanced Use of LTAD Progress Tracker****Richard Way & Sarah Blézy**

1. Overview of the Progress Tracker
2. Advance Use Case Studies: MSO Canada Games Council
3. Current and Future Use: Sport Canada
4. Advance Use Case Studies: NSO
5. Current and Future Use: Sport for Life
6. Sport for Life Tracker Support to NSO LTAD Leads
7. Discussion – Where to next?

Target Participants: NSO LTAD Leads, NSO CEO/ED