



Week 34 8/20-8/26

So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand. Isaiah 41:10 NIV

Notes: Believing in this verse will provide peace of mind. We need not fear because:

1. God is with us (I am with you)
2. God has established a relationship with us (I am your God)
3. God gives us assurance of His strength, help and victory over sin and death.

I am going to start sharing more about the WHY and HOW I document my faith here and also online via my blog. My hope is that it will encourage and inspire you to start, re-start and/or start again. Remind yourself constantly that there is no right or wrong way to create, express, document, illustrate or journal your faith and beliefs. The important thing is that you do it.

I set aside time each morning for my prayers, "quiet time" and to work in whatever Bible study I am doing. During that time, something will jump out at me or "dawn on me" which will cause me to write it down or highlight it. THOSE things, my notes and highlighted thoughts, quotes and verses are what I document. Here is an example:

I am currently doing the I AM Bible Study by Lysa Turkerst. On a particular day, it talked about ASKING God to shed light on situations. I highlighted several excerpts from the lesson and noticed the "ASK" kept coming up. I knew that I wanted to remember those things because I continued to highlight the words.

Once I was finished with the reading and questions part of that daily lesson, I went to my NIV Study Bible and read the notes on the verses that were being referenced.

I have a page in my Documented Faith Binder with a tab marked ASK so that is when I took the highlighted quotes from the lesson, the thoughts from the NIV Bible and re-wrote them/doodled them on the page in my binder.

This is just one way of documenting my faith. It is pretty simple. If something dawns on you, speaks to you or jumps out at you, pay attention to it. For me, I need to write it down so that I can remember it (especially when I forget to remember it)

Cut out the card below, write things down that you want to remember and put it somewhere so that you can read it to remind yourself of things you want to remember...

