

**documented faith 2018**  
a way to creatively record life, dreams,  
prayers & everyday moments.

**God promises an everlasting Kingdom**

*“Your kingdom is an everlasting kingdom, and your dominion endures through all generations. The LORD is trustworthy in all he promises and faithful in all he does.” Psalm 145: 13*

NIV Notes:

Sometimes our burdens seem more than we can bear and we wonder what in the world is next or how we can possibly go on.  
God is trustworthy in all He promises and faithful in all he does.

This week I encourage to to read all of Psalm 145.  
God is able to lift us up because His greatness is unfathomable (immeasurable) He is righteous (blameless/honorable) He is gracious, compassionate, patient and loving. He is the source of all of our daily needs, remains close who call on Him, hears our cries and saves us and rules over an everlasting kingdom.

If you are broken or bending under a burden, turn to God and ask for His help. He is ready to lift you up and bear your burden.

Whew, thank you & Amen!

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