



documented
faith
365



Week 11 3/12-3/18

Choose Prayer

Verse : Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. Phil 4:6

Notes: In a world of endless "what ifs" and always changing "what now," it's easy to focus on our circumstances. We allow fear and worry in our lives. That's the danger of worry. It grows and takes up space in our hearts and minds. We can choose to take our eyes off of our circumstances, and instead focus on the one who never changes. This is what happens when we pray.

Notes:

PRAYER
SHOULD BE
YOUR FIRST
CHOICE
NOT YOUR
LAST RESORT