



These are some of the things that I have written or plan to write in my Documented Faith Binder:

The definition of TRUST:  
firm belief in the reliability,  
truth, ability, or strength of  
someone or something.

Trust is a verb. It is  
something we DO. It is faith  
in action. Trust says God IS.  
Faith is a noun. It is  
something we have. Faith  
says God CAN.

Because of my Faith &  
TRUST in God, I am rooted  
in the truth that NO  
MATTER WHAT happens, it  
will all be okay.

Print & Trim out the "NO MATTER  
WHAT" card and place it where  
you can use it as a reminder.



## Week 19 5/7-5/13

### Verse:

God is our refuge and strength, a very present help in trouble. Therefore we will not fear though the earth gives way, though the mountains be moved into the heart of the sea, though its waters roar and foam, though the mountains tremble at its swelling. Psalm 46:1-3

### Notes:

Even if the world were to crumble, we need not fear. In the face of destruction, our confidence is in God to save us. It seems almost impossible to consider the world ending with our being consumed with anxiety and fear but the Bible is super clear that God is our refuge no matter what and that He can provide strength in any circumstance. Whew, Thank you and Amen!

## Week 20 5/14-5/20

### Verse:

For the word of the LORD is right and true; he is faithful in all he does. Psalm 33:4 NIV

### Notes:

All of God's words are right and true and can be trusted. We can trust the Bible because it contains the words of a holy, trustworthy and unchangeable God.

## Week 21 5/21-5/27

### Verse:

Commit your way to the Lord; trust in him and he will do this: He will make your righteous reward shine like the dawn, your vindication like the noonday sun. Psalm 37:5-6 NIV

### Notes:

To commit ourselves to the Lord means entrusting everything to his control and guidance. It means to trust Him, believing that He can care better for us than we can ourselves.