

# AARP & SALISBURY DISTRICT W.H.O.M. SOCIETY Mega Community Health, Wellness & Caregiving Conference



We invite you to attend this free Health, Wellness & Caregiving Conference that will feature issues, experts from AARP, and Community Health professionals to talk about key health & caregiving issues concerning residents of Salisbury/ Rowan County –Veterans, Clergy, Children, Teens and Seniors 50+.

## FREE Registration!

Register by April 17, 2018  
Call toll-free 1-(877)-926-8300

**Saturday**

**April 21, 2018  
9:00am – 2:00pm**

**Livingstone College  
Tubman Little Theater  
701 W. Monroe St.,  
Salisbury, NC 28144**

### Caregiving Symposia

**AARP Online Tool Kit for 50+  
Children –Teens Nutrition &  
Physical Activities  
Veterans -Managing Stress  
Clergy -Managing Burnout  
Health Care Screenings &  
Health Information for all ages**

### Lite & Healthy

**Breakfast Snack & Lunch Bag  
Door Prizes!  
“Farmer’s Market”  
Conference Information Bag**



**F.A.C.T.**



**The Public is Invited**