



2020 – 2021 Schedule

Sept. 8, 2020 – May 29, 2021

ALL CLASS TIMES SUBJECT TO CHANGE

UPDATED 1/18/21

QUESTIONS REGARDING CLASSES? PLEASE CONTACT US: (847) 838-4775

TheGymnasticsZone@hotmail.com ★ Facebook.com/TheGymnasticsZone ★ TheGymnasticsZone.com

| CLASS | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|-------------|---------|-------------|-------------|--------|----------|
| Play/Learn 18 months – 3 years | | | 4:55-5:35pm | 5:40-6:20pm | | |
| Teddybear 3 year olds | | | 4:05-4:45pm | 3:10-3:50pm | | |
| Tumblebear 4 year olds | | | 5:45-6:35pm | | | 9-9:50am |
| Kinderbear 5 year olds | 4:15-5:05pm | | 3-3:50pm | | | 9-9:50am |

****PARENT/ADULT GUARDIAN MUST BE PRESENT FOR PLAY & LEARN AND TEDDYBEARS****

| | | | | | | |
|------------------------------------|--|----------------------------|----------------------------|-------------|--|--|
| Level 1 6 & up | | 4:15-5:15pm 5:25-6:25pm | 4:10-5:10pm 5:20-6:20pm | 6:30-7:30pm | | |
| Level 2 6 & up | | 6:35-7:50pm | 6:30-7:45pm | | | |
| Level 3/Jr. High 10 & Up | | | | 4-5:30pm | | |

Classes with lines through them will not open until all other classes have been filled to capacity & we have enough students interested.

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|---|-------------|--|--|--|--|------------|
| Beg. Tumbling 6 & up | 5:15-6:15pm | | | | | 11am-12pm* |
| Int. Tumbling Back Walk Over | 6:25-7:25pm | | | | | |
| Adv. Tumbling Running, RO BHS | | | | | | 10-11am |

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|--|---|--|--|--|------------|
| Fitness Class 4-16 year olds | No gymnastics experience required! Cardio, strength & flexibility exercises only! | | | | 10-10:50am |
|--|---|--|--|--|------------|

PRE-TEAM & COMPETITIVE TEAM **INVITATION ONLY**

| | |
|-------------------------------|--|
| Hotshots | Tuesdays: 4-5:30pm |
| *Pre-Team | Tuesdays & Fridays: 4-6pm |
| *USAG Comp. & Xcel | Mondays & Thursdays: 4-7pm, Saturdays: 10am-1pm |
| *USAG Optionals | Mondays, Tuesdays & Thursdays: 6-9pm, Saturdays: 7-10am |

Beginning September 2020, the Level 2 Gymnastics class time will increase to 75 minutes, which will reflect in the slight increase in tuition.

All new students will have a non-refundable annual registration fee of \$35 due at the time of enrollment.

Tuition is due on the 1st day of each month, regardless of what day you attend class. Payments received after the 2nd class of each month will be issued a \$15 late fee. ****AUTO-PAY & PAYMENTS MADE OVER THE PHONE WILL HAVE A \$3 CONVENIENCE FEE ADDED ON TO THE TOTAL.**

| Pre-School (40-45 min.) | Pre-School (50-60 min.) | Level 1 Gymnastics | Level 2 Gymnastics | Level 3/ Jr. High |
|-----------------------------------|----------------------------|------------------------|----------------------------------|---------------------------|
| \$51 | \$55 | \$65 \$110 x 2 days | \$75 \$130 x 2 days | \$85 |
| Fitness & Tumbling | Hotshots | Pre-Team | USAG Comp. & Xcel | USAG Optionals |
| \$60 \$100 x 2 days | \$95 | \$155 | \$230 | \$275 |

2021 DATES TO REMEMBER & GYM CLOSINGS

Sunday – Sunday, March 21-28 Spring Break – **Gym will be CLOSED for classes.**

Saturday, May 29 Last day of the 2020-2021 class schedule!

If there are any last-minute class cancellations or weather-related closings, we will post on our Facebook page!
[Facebook.com/TheGymnasticsZone](https://www.facebook.com/TheGymnasticsZone)

POLICIES & PROCEDURES:

- Masks are to be worn at all times. Per USAG guidelines, athletes will be able to remove their masks when taking turns on equipment.
- If your athlete or family members are exhibiting symptoms, or if your athlete is feeling unwell, please stay home for the health and safety of others. Additionally, if your child tells us they are feeling unwell, they will be sent home immediately. If you have unwell family members, please keep your child at home to ensure wellness. This has been a longstanding policy at the gym and is especially important now.
- If your gymnast cannot attend the entire duration of a class, please do not bring them that day.
- Please have athletes bring their own bottle of unscented hand sanitizer as we will have them use it many times throughout class. We will have them use hand sanitizer as they enter the gym before they touch any equipment, in between station changes and as they go to exit the gym. Once in the gym, we are asking the athletes to keep only what is necessary with them at all times and carry with them to each event/station. Please remember to check your gymnast's level of hand sanitizer and replace as needed. If your gymnast wears grips with wristbands, please get in the habit of washing their wristbands weekly to help keep things clean (and smelling good).
- Our water fountains will remain closed. Please bring a big enough water bottle to sustain your child for the duration of class or bring multiple. Make sure they are able to open their water bottles and hand sanitizer on their own. We suggest sticking a few \$1 bills in their bag in case they need to purchase a water from the gym.
- Please arrive no more than TWO minutes before your class and be prompt with pickup to keep things running smoothly. **Children age six and older:** Drop offs only! Please walk them to/from the door and wait outside or in your car during the class. **Children age five or under:** Only ONE adult will be able to be in the building with their child for class. Play & Learn classes will also be limited to ONE parent/guardian attending the class with their child. One parent **MUST** attend the Teddybears (3 year-old) class this season to help their kids remain socially distant and on their station.
- Any additional children, family members, friends, etc. should remain at home! Please be aware of social distancing guidelines and allow space between other parents/guardians.
- Our office hours will be extremely limited this season since we are limiting the number of people in the building. We are encouraging all families to enroll in auto-pay. If you do not want to enroll in auto-pay, please send your child with your card, check or cash payment by the 1st of the month. We have tuition boxes in both waiting rooms for your convenience. Please make sure your child's first/last name is on the payment and any cash payments are secured in an envelope.
- We will not be offering Open Play/Gym times until further notice. Please continue to remind your children the importance of social distancing and keeping hands clean.