

Residential Meal Plans (Fall 2020 – Spring 2021)

The below plans are available to all residential students. Students will have the first two weeks of the fall semester to change to either a higher or lower plan. Students who do not choose a meal plan will be automatically enrolled in the Scholar Plan.

	Fall 2020*	SPRING 2021**
POWER PLAN 300 meals + \$150 Panther Dollars + 10 Guest Swipes	\$1,915 35% discount	\$2,945
This plan is right for you if you live on campus 7 days a week and eat 3 full meals a day plus other small snacks.		
SCHOLAR PLAN 250 meals + \$150 Panther Dollars + 8 Guest Swipes	\$1,840 30% discount	\$2,630
This plan is right for you if you usually eat 3 meals a day during the week but eat off campus on the weekends.		
LIFESTYLE PLAN 200 meals + \$200 Panther Dollars + 8 Guest Swipes	\$1,715 25% discount	\$2,290
This plan is right for you if you like to cook in your residence hall or work and eat off campus.		
SOCIAL PLAN 140 meals + \$200 Panther Dollars + 5 Guest Swipes	\$1,560 20% discount	\$1,950
This plan is right for you if you leave campus on weekends and only prefer to eat once or twice a day on campus.		

*The Fall 2020 meal plan rates have been discounted due to guidelines set by New York state for restaurants and food service establishments. These guidelines prohibit buffet service and require reduced kitchen staff and seating to meet the social distancing guidelines. The discounted rate reflects the reduced number of residential days for the upcoming semester as well as allowing first-year students to pick from any residential dining plan. Last year an exception was made to the meal plans as a result of the inconvenience of the Panthers' Den not being available at the start of the semester. **Meal plans will be required if you are residing on campus.** Dining Services will continue to provide options, including gluten-free and vegan selections.

**Prices are based on all dining locations opening for Spring 2021. Adelphi University will continue to monitor New York state and local health department guidance as it relates to COVID-19.

Commuter Meal Plans (Fall 2020 – Spring 2021)

STARTER PLAN \$150 Panther Dollars + 4 free coffee/tea drinks at Paws Café	\$150
ON-THE-GO LIFESTYLE PLAN \$250 Panther Dollars + 5 free coffee/tea drinks at Paws Café	\$250
PERKS PLAN \$325 Panther Dollars toward coffee/tea drinks at Paws Café	\$325
SUSTAINABLE LIFESTYLE PLAN \$400 Panther Dollars + 10 free coffee/tea drinks at Paws Café + an Adelphi Sustainability Kit	\$400

Hours of Operation

Fall 2020

The Eatery at Post Hall – Retail

Monday–Friday

Breakfast:	8:00 a.m.–10:30 a.m.
Lunch/Dinner:	11:00 a.m.–8:30 p.m.
Late Night (online ordering only):	9:00 p.m.–12:00 a.m.

Saturday and Sunday

Breakfast:	9:00 a.m.–10:30 a.m.
Lunch/Dinner:	11:00 a.m.–8:30 p.m.
Late Night (online ordering only):	9:00 p.m.–12:00 a.m.

Panthers' Den

Monday–Friday	7:30 a.m.–5:30 p.m.
Saturday and Sunday	CLOSED

Sushi Do

Monday–Friday	11:00 a.m.–5:30 p.m.
Saturday and Sunday	CLOSED

C-Store (online ordering only)

Nexus Kiosk – Nexus Building

Monday–Friday	7:30 a.m.–2:30 p.m.
Saturday and Sunday	CLOSED

#Cheeseplease – CRS Building

Monday–Friday	10:30 a.m.–2:30 p.m.
Saturday and Sunday	CLOSED

Paws Café – Nexus Building (online ordering only)

Monday–Friday	7:30 a.m.–6:00 p.m.
Saturday and Sunday	8:00 a.m.–4:00 p.m.

Spring 2021

(Hours subject to change based on student input.)

Ruth S. Harley University Center (UC)

The Market

Monday–Friday:	7:30 a.m.–7:00 p.m.
Saturday and Sunday:	9:00 a.m.–8:00 p.m.

Burger516 (grill)

Monday–Friday:	11:00 a.m.–7:00 p.m.
Saturday and Sunday:	11:00 a.m.–6:00 p.m.

Carved and Crafted (deli)

Monday–Friday:	11:00 a.m.–7:00 p.m.
Saturday and Sunday:	11:00 a.m.–6:00 p.m.

Student Choice

Monday–Friday:	11:00 a.m.–7:00 p.m.
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500 Degrees (pizza)

Monday–Friday:	11:00 a.m.–7:00 p.m.
Saturday and Sunday:	11:00 a.m.–6:00 p.m.

Asian Fusion

Monday–Friday:	11:00 a.m.–7:00 p.m.
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Trade Craft Coffee Café – Nexus Building

Monday–Friday:	8:00 a.m.–2:00 p.m.
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The Eatery at Post Hall

Monday–Friday	
Lunch:	11:00 a.m.–3:00 p.m.
Dinner:	4:30 p.m.–8:30 p.m.
Late Night (online ordering only):	9:00 p.m.–12:00 a.m.
Saturday (late night only)	9:00 p.m.–12:00 a.m.
Sunday Dinner:	4:30 p.m.–8:30 p.m.
Late Night (online ordering only):	9:00 p.m.–12:00 a.m.

Outtakes Express – Science Building

Monday–Thursday:	7:30 a.m.–2:30 p.m.
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Legends Café – CRS Building

Monday–Friday:	8:00 a.m.–4:00 p.m.
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Starbucks – UC

Monday–Thursday:	7:30 a.m.–10:00 p.m.
Friday:	7:30 a.m.–6:00 p.m.
Saturday and Sunday:	8:00 a.m.–6:00 p.m.