

GIVE YOURSELF THE GIFT OF A SILENT DIRECTED RETREAT



Step away from the noise and busyness of daily life and enter a space of quiet, prayer, and reflection.



A silent directed retreat offers the gift of unhurried time with God, supported by the gentle companionship of a trained spiritual director.



A silent retreat is for anyone longing to deepen their relationship with God, discern a decision, recover from a busy season, or simply rest in God's presence. **No previous retreat experience is necessary.**



Participants observe silence throughout the retreat (from Opening to Closing, including meals) creating room to notice God's presence more deeply. Each day includes a private meeting with a spiritual director who listens, asks gentle questions, and helps you attend to the movements of your spiritual life.

What retreatants have said about silent, directed retreats at The Franciscan Center:

"What was most meaningful was time with God to reflect and to be reminded to take Sabbath time regularly. Also, paying attention to my dreams."

"For me, just being at the Franciscan Center is both a gift and a blessing. I feel a peace there, at home, taken care of and have a great feeling of joy and wonder as I traverse the grounds. Having no schedule (other than meals) was wonderful. And the silence (getting away from daily routines and the noise of the world) is always powerful."

"Everyone on the staff was kind and respectful of the silence."

"Life changing experience. Spiritual turnaround, and encounter with yourself and Jesus."

DATES FOR 2026-27:



December 10-13, 2026



February 22-25, 2027



June 24-27, 2027

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MORE AND REGISTER



Or visit:
www.franciscancenter.tampa.org/retreats



Come away by yourselves to a quiet place and rest a while.

MARK 6:31