



GATEWAY
TRINITY LUTHERAN CHURCH

Is hosting:

ABC of Dementia

A **FREE** Alzheimer's awareness and
care-giving workshop

Presented by: Debbie Selsavage, President, Coping with Dementia LLC

Saturday May 13, 2023

Time: 10:00 am – Noon

Gateway Trinity Lutheran Church

Location: 11381 Gateway Blvd, Ft. Myers



What are "Alzheimer's" and "dementia?"

What can you expect of this progressive disease?

How can you become a better care-partner.

How do you reduce your own stress?

What are some resources available to you?

Understanding will provide you with a better quality of life.

Each participant will receive a handout packet.

R.S.V.P Debbie Selsavage 352-422-3663 or e-mail deb@copinq.today



Coping with Dementia LLC

www.copinq.today

"We All Deserve the Best"

It's more than just memory!