



LUTHERAN COUNSELING SERVICES  
P R E S E N T S

3rd ANNUAL 5K FUNDRAISING EVENT

# 5K RUN & WALK



**SATURDAY, OCTOBER 22nd – 8:30am**

ST. STEPHENS LUTHERAN CHURCH

COME & JOIN US TO WALK/RUN/ROLL FOR OUR OLDER ADULTS

EARLY REGISTRATION: \$25 + SIGNUP FEE

LATE REGISTRATION: \$40 + SIGNUP FEE

RACE STARTS: 8:30 AM

CHECK-IN STARTS: 8:00 AM

**{ SHIRTS AND CERTIFICATES  
FOR ENTRANTS }**

Scan the code for  
more information  
and to register



**INFORMATION AND REGISTRATION**

<https://runsignup.com/Race/FL/Longwood/LCSWeCare5k>