

# Acts of Kindness



*Every Mission is Possible with Faith, Excellence, & Service!*

## Catholic Schools Week 2021

Please tear off a tab and complete the Act of Kindness each day.  
If you like, you can send a picture of yourself carrying out a task to  
[aclewett@sfayl.org](mailto:aclewett@sfayl.org)

**Monday**  
*Nation*

Light a candle and pray for our country.  
.....  
Be a good citizen: Pick up trash  
at school or around your neighborhood.  
.....

**Tuesday**  
*Staff/Clergy*

Send a kind note or card to your favorite priest,  
teacher, or classroom aide.  
“My favorite thing about going to a Catholic  
school is...”  
.....  
Send a video message of love to your teacher.  
“My favorite thing about Mrs. \_\_\_\_\_ is...”  
.....

**Wednesday**  
*Community*

Paint a “happiness” rock and leave it  
on a trail for someone to find.  
.....  
Be kind to others. Hold the door open  
for someone else.  
.....

**Thursday**  
*Family*

Hug your parents and thank them for sending  
you to a Catholic school.  
.....  
Call or Facetime with your grandparents  
to tell them you love them.  
.....  
Make a special lunch for your brother or sister.  
.....  
Do a chore to help your mom or dad.  
.....

**Friday**  
*Students*

Play with someone new on the playground.  
.....  
Give a friend or classmate a compliment.  
.....