



## Riverbend Labradoodles Shopping List

We wanted to include this checklist for you to begin preparing yourselves and your home to make sure you haven't forgotten anything in the excitement!

Our Pet Food Provider is Life's Abundance, and we feel that it is a fantastic, safe and reliable company, offering quality nutrition, multiple safety checks, and healthy treats and chews for all of our dogs and puppies and their families! Here is a direct link you may order from 24 hours a day, or call in at 1-877-387-4564 and give them our Representative number, Riverbend Labradoodles, Chad Coopshaw, #20213806: <http://www.HelpingPetsandPeople.com> Shipping time for LA is about 2-3 days, as they ship direct from their owned warehouses that are strategically stationed across the country.

### Checklist:

**o Food: LA All Life Stages Regular (not the grain-free) 20lb bag (Green bag), a case of Venison and Pork canned food are also recommended**

We will go over your puppy's feeding instructions with you at the pick-up appointment, but we will have you free-feed dry food and give 3 structured meals of dry food, softened with water, and "yummiied" up with a spoonful of canned food. You will do this for about 2 weeks through your puppy's adjustment period, and periodically as your puppy goes through teething. Having a case of the LA canned food will be helpful! We are very excited about the Venison and Pork flavor, since our puppies have a Midwestern meaty palate, but if you like the other kinds or want a variety, feel free to order a couple cans of the crab or shrimp. :-)

If you would like to sample some of the various products, we also highly recommend the LA All Life Stages Healthy Start Pack Small or Large with the All Life Stages Food as a first time purchase, and then you can set up your autoship as a 20lb bag of food every 5 weeks, with the first one to arrive 3 weeks after your puppy's arrival, and adjust the timing as needed. This Start Pack will give you an opportunity to try out a variety of the products, and make a decision as to what you would like on your future orders. We recommend "Autoship" every 4-6 weeks, based on the storage availability that you have at home. In most cases, the shipping charge is \$8.85 per order (excluding any non-food products). You can adjust your "Autoship" anytime you need to and make it more or less frequent. Plus, you will save additional money per bag by buying at a wholesale price instead of a retail price. A 20lbs bag should last you approximately 5-6 weeks, and a 40lb bag should last approximately 10 weeks. This will change and adjust as your puppy goes through growth spurts and gets bigger, and eats more. But this is a good estimate for the beginning.

#### **All Life Stages Healthy Start Pack- Small - \$89.90**

Each Pack contains an 8 lb. bag of Life's Abundance All Life Stage Dog Food, a 30-tablet bottle of Life's Abundance Wellness Food Supplement, a 9-ounce bag of Antioxidant Health Bars, a 4-ounce bag of Tasty Rewards Training Treats, 6 6-inch Buffalo Bully Sticks, a 4-ounce bottle of Ear Care Formula, a 12-ounce bottle of Revitalizing Shampoo and an 8-ounce spray bottle of Bath Fresh Mist.

#### **All Life Stages Healthy Start Pack- Large - \$124.28**

Each Pack contains an 20 lb. bag of Life's Abundance All Life Stage Dog Food, a 60-tablet bottle of Life's Abundance Wellness Food Supplement, a 18-ounce bag of Antioxidant Health Bars, a 4-ounce bag of Tasty Rewards Training Treats, 4 9-inch Buffalo Bully Sticks, a 4-ounce bottle of Ear Care Formula, a 12-ounce bottle of Revitalizing Shampoo and an 8-ounce spray bottle of Bath Fresh Mist.

#### **o Toys and Healthy Treats: durable and non-edible toys and safe, healthy treats**

Provide plenty of toys to carry around, retrieve with, and chew on. You will be doing much re-direction as your puppy progresses through the teething and chewing stages. You want to look for toys that he cannot get any small pieces from, and no edible toys.

Scented nylabones, Kong toys, rope toys, and soft fleece toys are a great start!

LA has chewies and treats available that are healthy and safe and do not contain chemicals or preservatives! Our most favorite treats are the "Tasty Rewards" and most favorite chewies are the Bully Sticks! We highly recommend that you pick up a bag of each of these to get your puppy started on the right foot, I mean paw! ☺ You can follow the link provided to the website and look for the Buffalo Bully Sticks, Porky Puffs, Buffalo Meat Strips, Buffalo Lung Fillets, and a variety of healthy treat options! The doggies go crazy for them! <http://www.HelpingPetsandPeople.com>

\*\*\*We will send you home with a small sampling of each and we will also send home a nylabone!

**o Crate: 26-30 in.high, width/length will be proportionate**

This is the puppy's own place that he can feel secure. You can choose from an airline kennel (plastic enclosed) or a wire kennel. It is extremely important that your puppy take naps in his/her crate and sleeps there at bedtime so that his brain can fully relax and reset. Without this, your puppy will exhaust himself, be naughty, not listen, and wear your patience thin! Their cute little mugs will only take them so far! Here are a couple of links to places we like to order from: <http://www.petedge.com>  
<http://www.drsfostersmith.com>

**o Food and water dishes: non-breakable, non-chewable, tip-proof, and easy to clean**

We will have you free-feeding dry food, as well as 3 structured meals a day that are softened with some water, and "yummed" up with a spoonful of canned dog food. We recommend stainless steel or heavy ceramic bowls heavy enough to not be picked up, pushed around, or tipped over, but that are easy to clean or dishwasher safe. Feel free to use the above links to PetEdge and Foster and Smith to find something you like.

**o Collar and Leash: adjustable, lightweight, inexpensive**

We will send you home with an "I'm a Riverbend Labradoodle" collar when you pick your puppy up, or if we fly them to you. Puppies grow quickly, so we recommend having a couple small, lightweight, adjustable collars that are easy to snap on and off. Your puppy will ONLY wear a collar when he/she is supervised!! NEVER leave a collar on your puppy when you are not watching them!

Having a lightweight four to six foot leash to start out with will give them great beginning exposure to leash training. You will work on his leash training for short periods indoors and out, he/she will drag it, step on it, get it caught on things around the house, and learn that a tug on the leash is OK, nothing to worry about. Same rules apply! Only place your leash on your puppy when they are under DIRECT supervision!! Feel free to use the above links to PetEdge and Foster and Smith to find something you like.

**o Grooming tools: a soft and a slicker brush, metal comb, nail trimmers,**

**shampoo/conditioner** We recommend that you buy a soft brush to get your puppy used to and comfortable with the brushing/grooming process. Then as your puppy is more comfortable with grooming, and his/her hair grows out, you will want to use a slicker brush (wire, rectangular), for regular brushing. A wire comb (Greyhound brand type comb) is awesome to check for any small mats that could be starting. It will go from the skin to the ends of the hair and grab onto any dead hair that needs to come out. A nail trimmer to keep the ends of his nails short is helpful, or you can ask your Vet to trim nails at

each visit as you go through your puppy vaccination series, and ultimately have your groomer trim them at each grooming visit.

Shampoo and conditioner that is gentle on your puppy's skin and coat will allow you to bathe your puppy as often as it is needed, without worrying about drying out their skin. You can look for these items by following the links above and as a special tip; Life's Abundance has a wonderful shampoo/conditioner combo that smells yummy!! The ALAA has a great grooming video and printable instructions that you should share with your groomer when they are older!

o **A New addition to the shopping list is a washable Pet Bed! :-)** We use and recommend Wash and Zip Pet Beds and here is the link: <https://washnzippetbed.com> Stan and Jennifer are wonderful to work with and they have provided our Riverbend Families with a special discount code to use for 15% off your order! The discount code is " **RIVERBEND** ". We highly recommend the puppy proofer sham to protect the corners and zipper from little shark-teeth :-) The bed goes into your washer and dryer just like a blanket and it won't unbalance your washer, or take two years to dry like other beds!

o **Positive Training books:** Below you will find a list of wonderful, helpful books to read.  
Puppy Socialization, An Insider's Guide to Dog Behavioral Fitness, by Caryl Wolff  
Train Your Dog Positively, by Victoria Stilwell  
The Puppy Whisperer, A Compassionate, Nonviolent Guide to Early Training and Care, by Paul Owens and Terence Cranendonk  
The Dog Whisperer, A Compassionate, Nonviolent Approach to Dog Training, by Paul Owens  
Don't Shoot The Dog! by Karen Pryor  
Inside of a Dog, What Dogs See, Smell, and Know, by Alexandra Horowitz

If you have any questions, don't hesitate to ask!

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