

Cyber Safety

A Workshop for Parents

Date: Monday, November 14, 2016
Time: 7:00 PM – 8:00 PM
Location: Litchfield High School
In The Library
14 Plumb Hill Road
Litchfield, CT 06759
Presenter: Joel Behar, Ph.D., Greenwoods
Counseling Referrals
In collaboration with the
Litchfield Prevention Council &
Litchfield Public Schools



Information About The Workshop:

We live in a connected world where instant communication is available to everyone at any time. The flow of information that occurs constantly is staggering and as citizens of the 21st century each person needs to understand the benefits and dangers inherent in this technology. At this moment in history, our children have accepted the cyber world as the norm - mobile devices, cell phones, tablets, laptops, are just some of the ways people connect with each other through the cyber world.

The challenge, especially for parents, is to learn how to safely use the variety of tools at our disposal in responsible and safe ways and both guide and teach our children to do the same. This is no easy task, since the pace of technological change is so rapid, keeping up with it all and understanding how to use it, becomes an ongoing job.

The purpose of this workshop is to delve into the benefits and potential threats inherent in living in and utilizing the cyber world. Subjects that will be explored, among others will be: how the Internet works, the notion of privacy, information vs knowledge, the dangers of over reliance on internet based technology, the myth of on- line friendships, social media, etc. We will also discuss what tools are available to parents to help ensure their children's safety. These tools come in a variety of forms, ranging from software to common sense.

The format of the workshop will be to begin with an introductory look at various aspects of the cyber world, then a discussion by guest speakers (Stephanie Kubisek, Lisa Heuschkel and Greg Kenney), followed by a question and answer period. The goal of this workshop will be to enable participants to become more knowledgeable about the benefits and dangers inherent in using internet based technology and serve as a forum to explore practical strategies for safely navigating the cyber world.

For more information or to RSVP, please contact Kelly Garden,
Litchfield Prevention Council at kellyangarden@yahoo.com

