



# Benzodiazepines

## The Opium of the Masses

### LOCATION:

Edmond Town Hall Theater  
45 Main Street  
Newtown, CT 06470

### COST:

Free to healthcare professionals  
and other concerned community  
groups

### CEUs:

No charge  
CCB  
CT – NASW  
(LMSW, LCSW, LMFT)

### REGISTRATION:

Contact Shamari Sockwell at:  
(203) 578-4044 or  
[cnvrac2@famintervention.com](mailto:cnvrac2@famintervention.com)

**April 25, 2017**

**9:30 am - 12:30 pm**

**Are we ignoring an escalating benzodiazepine epidemic among adolescents and young adults? Deaths from benzodiazepine overdose have grown at a faster rate than deaths by opiate overdose for the past 13 years.**

### Guest Speakers:

**J. Craig Allen, MD, Medical Director, Rushford**

**John Hamilton, LMFT, LADC, CAC-E, CEO, Recovery Network of Programs**

The workshop will focus on ways to reduce illegitimate access to prescription medications by adolescents and young adults, while maintaining appropriate use. Learn:

- The signs and symptoms of overdose
- The potential adverse consequences of prescription drug use by persons for whom they are not prescribed
- Why benzodiazepines are so widely abused
- How to safeguard medications and safely dispose of medications
- Ways to help ensure that excess medications are not prescribed
- The difference between benzodiazepines and opioids
- Treatment and recovery options for those with an opioid disorder

